



VISIONIAS

INSPIRING INNOVATION

ABHYAAS MAINS

निबंध ESSAY

निर्धारित समय: तीन घंटे
Time Allowed: **Three Hours**

टेस्ट कोड / Test Code : 2488

अधिकतम अंक: 250
Maximum Marks: 250

सामान्य अनुदेश

इस प्रश्न-सह-उत्तर (क्यू.सी.ए.) पुस्तिका में 32+2 पृष्ठ हैं। प्रश्न-पत्र, क्यू.सी.ए. पुस्तिका के अंत में संलग्न है, जो अलग (वियोज्य) किया जा सकता है और उम्मीदवार परीक्षा के उपरांत अपने साथ ले जा सकते हैं।

रफ कार्य के लिए तीन खाली पृष्ठ (पृष्ठ संख्या. 30-32) दिए गए हैं।

पुस्तिका प्राप्त होने पर, कृपया यह जांच कर लें कि इस क्यू.सी.ए. पुस्तिका में कोई कमी न हो, फटा हुआ पृष्ठ न हो अथवा कोई पृष्ठ गायब न हो इत्यादि। यदि ऐसा हो, तो इसके बदले नई क्यू.सी.ए. पुस्तिका प्राप्त कर लें।

General Instructions

This Question-cum-Answer (QCA) Booklet contains 33+2 pages. Question Paper in detachable form is available at the end of the QCA Booklet which can be taken away by the candidate after examination.

Three blank pages (Page Nos. 30-32) have been provided for rough work.

On receipt of the Booklet, please check that this QCA Booklet does not have any shortcomings, torn or missing pages etc. If so, get it replaced with a fresh QCA Booklet.

(उम्मीदवार द्वारा भरा जाएगा/To be filled by the Candidate)

पंजीकरण सं./Registration No. : 0194679

अभ्यर्थी का नाम/Name of Student : Ditenra

माध्यम: हिंदी/अंग्रेजी
Medium: Hindi/English

English

तारीख
Date

25/08/23

निबंध ESSAY

केंद्र
Centre

Delhi

निरीक्षक के हस्ताक्षर
Invigilator's Signature

	महत्वपूर्ण अनुदेश उम्मीदवार को नीचे उल्लिखित निर्देश सावधानी से पढ़ लेने चाहिए। किसी भी निर्देश का उल्लंघन करने पर उम्मीदवार को मिलने वाले अंकों में कटौती, उम्मीदवारी रद्द, आयोग के परवर्ती परीक्षाओं के लिए वर्जित करने इत्यादि के रूप में दण्डित किया जा सकता है।	Important Instructions Candidate should read the undermentioned instructions carefully. Violation of any of the following instructions may entail penalty in the form of deduction of marks, cancellation of candidature, debarment from further Examination of the Commission etc.
1	(क) अपना पंजीकरण सं. एवं अन्य विवरण केवल प्रश्न-सह-उत्तर पुस्तिका (क्यू.सी.ए.) में उम्मीदवार के लिए निर्धारित स्थान पर ही लिखें। (ख) इस पुस्तिका में अन्यत्र कहीं भी अपना नाम, पंजीकरण सं., मोबाइल नं., पता अथवा प्रश्न-सह-उत्तर पुस्तिका (क्यू.सी.ए.) संख्या न लिखें जिससे आपकी पहचान का खुलासा हो।	(a) Write your Registration Number and other details only in the space provided in the Question-Cum-Answer (QCA) Booklet for candidates. (b) Do not disclose your identity in any manner such as, by writing your Name, Registration number, Mobile number, Address, Question-Cum-Answer (QCA) Booklet No. etc. elsewhere in the Booklet
2	अपनी क्यू.सी.ए. पुस्तिका में कहीं भी प्रश्नों के वास्तविक उत्तर के अतिरिक्त कुछ न लिखें जैसे कि कोई कविता/दोहा, अभद्र या अपमानजनक अभिव्यक्ति इत्यादि और न ही कोई ऐसा चिन्ह/निशान बनाएं जिसका उत्तर से सम्बन्ध न हो।	Do not write in the QCA Booklet anything other than the actual answer such as couplet, obscene, abusive expression etc., nor put any sign/mark having no relevance to the answer.
3	परीक्षक को प्रत्यक्ष/अप्रत्यक्ष रूप से कोई भी प्रार्थना/धमकी भरी बातें न लिखें।	Do not make any direct/indirect appeal/threat to the examiner.
4	उत्तर अस्पष्ट अथवा गंदी लिखावट में न लिखें। इस प्रकार के उत्तर का मूल्यांकन नहीं भी किया जा सकता है।	Do not write answers in bad/illegible handwriting. Such answers may not be evaluated.
5	उत्तर स्याही में ही लिखें। उत्तर लिखने के लिए पेंसिल का उपयोग न करें, हालांकि आरेख, चित्र इत्यादि बनाने के लिए पेंसिल का उपयोग किया जा सकता है।	Write answers in ink only. Do not use pencil for writing the answers. However, pencil may be used for drawing diagrams, sketches, etc.
6	प्रवेश पत्र में उल्लेख किए गए माध्यम के अलावा अन्य किसी माध्यम में उत्तर न लिखें। अधिकृत और अनधिकृत की मिली जुली भाषा का भी उपयोग न करें।	Do not write answers in medium other than the authorized medium in the Admission Certificate. Do not use mixed language either i.e. authorize and unauthorized media together for writing answers.
7	प्रश्नों के उत्तर ठीक उसके नीचे दिए गए निर्धारित स्थान पर ही लिखें। निर्धारित स्थान के अलावा किसी अन्य स्थान पर लिखे गए उत्तर का मूल्यांकन नहीं किया जाएगा।	Write answer at the specific space (right below the question) only. Answers written elsewhere at unspecified places in the booklet shall not be evaluated.
8	यदि आप अपने किसी उत्तर को रद्द करना चाहते हैं तो उसे पेन से काट दें तथा उस पर "रद्द" लिख दें, अन्यथा उसका मूल्यांकन किया जा सकता है।	If you wish to cancel any work, draw your pen through it and write "Cancelled" across it, otherwise it may be valued.



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निबंध

निर्धारित समय: तीन घंटे

टेस्ट कोड : 2488

अधिकतम अंक: 250

प्रश्न-पत्र संबंधी विशेष अनुदेश

(प्रश्नों के उत्तर देने से पूर्व निम्नलिखित प्रत्येक अनुदेश को ध्यानपूर्वक पढ़ें)

प्रवेश-पत्र में प्राधिकृत माध्यम में निबंध लिखना आवश्यक है तथा इस माध्यम का स्पष्ट उल्लेख प्रश्न-सह-उत्तर (क्यू.सी.ए.) पुस्तिका के मुखपृष्ठ पर निर्दिष्ट स्थान पर करना आवश्यक है। प्राधिकृत माध्यम के अलावा अन्य माध्यम में लिखे गए उत्तरों पर अंक नहीं दिए जाएंगे।

प्रश्नों के उत्तर निर्दिष्ट शब्द-संख्या के अनुसार होने चाहिए।

प्रश्न-सह-उत्तर पुस्तिका में खाली छोड़े गए किसी पृष्ठ व पृष्ठ के भाग को पूर्णतः काट दीजिए।

ESSAY

Time Allowed : Three Hours

Test Code : 2488

Maximum Marks : 250

QUESTION PAPER SPECIFIC INSTRUCTIONS

(Please read each of the following instructions carefully before attempting questions)

The ESSAY must be written in the medium authorized in the Admission Certificate which must be stated clearly on the cover of this Question-cum-Answer (QCA) Booklet in the space provided. No marks will be given for answers written in a medium other than the authorized one.

World limit, as specified, should be adhered to.

Any page or portion of the page left blank in the Question-cum-Answer Booklet must be clearly struck off.

EVALUATION INDICATORS

1. Contextual Competence
2. Content Competence
3. Language Competence
4. Introduction Competence
5. Structure - Presentation Competence
6. Conclusion Competence

Overall Macro Comments / feedback / suggestions on Answer Booklet:

1.

2.

3.

4.

5.

6.

All the Best

खंड A और B प्रत्येक से एक-एक विषय चुनकर दो निबंध लिखिए, जो प्रत्येक लगभग 1000-1200 शब्दों में हों :

Write **two** essays, choosing **one** topic from each of the Sections A and B, in about 1000-1200 words each : 125 x 2 = 250

उम्मीदवारों को
इस हिसाब में
नहीं लिखना
चाहिए
Candidates
must not
write on
this margin

खण्ड – A / SECTION – A

1. टूटे हुए वयस्क की मरम्मत करने की तुलना में मजबूत बच्चों का निर्माण करना आसान है।
It is easier to build strong children than to repair broken men.
2. कोरा तर्कपूर्ण मन उस चाकू के समान है जिसमें केवल फलक ही फलक है, वह प्रयोग करने वाले हाथों को ही लहलुहान कर देता है।
A mind all logic is like a knife all blade, it makes the hand bleed that uses it.
3. जब कैटरपिलर को लगता है कि दुनिया खत्म हो गई, वह तितली बन जाता है।
Just when the caterpillar thought the world was over, it became a butterfly.
4. इतिहास, मनुष्य की स्मृतियों पर समय द्वारा लिखी गई एक चक्रीय कविता है।
History is a cyclic poem written by time upon the memories of man.

खण्ड – B / SECTION – B

5. बुद्धिमान व्यक्ति तुरंत वही करता है जो मूर्ख अंततः करता है।
The wise man does at once what the fool does finally.
6. दुनिया उन लोगों के लिए एक त्रासदी है जो महसूस करते हैं, लेकिन उन लोगों के लिए एक कॉमेडी है जो विचार करते हैं।
The world is a tragedy to those who feel, but a comedy to those who think.
7. पूर्ण स्पष्टता से बुद्धि को तो लाभ होगा लेकिन इच्छाशक्ति को क्षति पहुंचेगी।
Perfect clarity would profit the intellect but damage the will.
8. अपना चेहरा रोशनी की ओर रखिए और आपको कोई छाया दिखाई नहीं देगी।
Keep your face to the sunshine and you cannot see a shadow.

खण्ड - A / SECTION - A

उम्मीदवारों को
इस भाग में
नहीं लिखना
चाहिए
Candidates
must not
write on
this margin

1. टूटे हुए वयस्क की मरम्मत करने की तुलना में मजबूत बच्चों का निर्माण करना आसान है।
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History is a cyclic poem written by time upon the memories of man.

2 A mind all logic is like a knife
all blade, it makes the hand bleed
that uses it :

"It is the logic mind, innovation
and problem-solving^{ability} which drives
Humanity to the brighter future."

—Marie Curie.

When Oppenheimer (father of atomic
bomb) realised the destruction potential
of Nuclear bomb realised the verse from
Mahabharata,

• "Now I have become the death,
the destroyer of this world".

— Cheeta verse 11, chapter 42

Both Marie Curie and Oppenheimer are the renowned personalities in the academics for their contribution to humanities and sciences. On one side, in the thoughts of Marie Curie, the value, relevance of logic mind is reflected for a brighter future.

Whereas, in the views of Oppenheimer, the darkside of same logic mind is reflected which turned to catastrophe, deaths of millions.

The theme of the essay, reflects the same dichotomy that logic mind without any checks and

balances may turn to disastrous
consequences.

Human beings through civilisations and even from Homosapiens (70,000 years ago), it is reflected that they have sharpened themselves in terms of thinking, problem-solving, planning through cognitive and innovative abilities.

However, history have witnessed, the same sharpened mind led to devastations be it world wars or presently climate change. What is the common link between two sides of this logicing mind? The value of checks and balances.

Checks and balances is a

very broad term, it will be ~~injustice~~ a narrow approach if we limit it with only the spheres of ethics. Hence to balance a powerful and logicing mind there are various parameters including emotions, morality, customs and traditions, laws, self-discipline, character, etc.

Ashoka, the powerful and skilled King with unsubmountable army, and unfathomable Kingdom and wealth, does not become great by conquering the vast lands, but by controlling his desires, towards self-introspection (aftermath Kalinga war) and towards the path of Dhamma, he became Ashoka, "The Great".

Even the Hinduism philosophy gave 4 ways to the path of Moksha (enlightenment- wisdom) - among which Ureana yoga - realisation of self-knowledge through self-contemplation, introspection, inquiring and self-discovery, one "know thyself". "The true wisdom begins when one know thyself" (ancient Greek philosophy). The other 3 are Bhakti yoga, Dhyan yoga, Karma yoga in Hinduism.

The significance of "knowing thyself" will lead us to better controlling our actions, a superior check to the logicing mind, which can save us from the blade.

and the bleeding.

The first part of the essay, "A mind all logic is like a knife all blade," signifies the power of the logicing mind. The power to lead, power to solve problems, power to become great and power to navigate through the complexities of life.

Nietzsche (philosopher) in his works held that, knowledge is not without power, there is knowledge-power connection. The logic (knowledge) which human mind have attained, has the power (knife) to rule world.

The second part of the essay, "it makes the hand bleed that uses it," signifies, that the

Same power (logic, knowledge) if
not utilised properly will lead to
bleeding be it loss to society,
mankind or personal (guilt, depression,
anxiety, suicide). It is evident from
the works of Hitler, he became
the leader of Germany ~~but~~ (powerful)
but led to killings of millions of
Jews, which history cannot forget.

The desire for superior race (humans)
and pursuit for his altruism led to
World war (bleeding).

We can talk about the
advancement in health sector with
the intervention of technology, it
increased life expectancy, cured diseases,

gave life saving drugs and saved millions of life. But Amartya Sen in his work, "Missing women" has cited the same technology in health sector as one of the reason for the declining sex ratio globally. He cited the use of pre-conceptives and prenatal diagnosis as one of the reason for female infanticide. ~~It~~ This shows if advancement in technology if not utilised properly led to the society bleeding in the form of missing women, declining sex ratio, and skewed gender perspectives be it market or among families.

Even in context of Environment mindless consumption and resource

exploitation led to the increase in temperatures, declining ground water tables, suffocating cities, polluted skies, declining forests, increasing forest fires, increasing sea levels and many others (bleeding of Nature).

However, India's Mission Life which focus on mindful consumption emphasises on "less is more" and resourceful uses of the assets, which can be answer to the Nature's bleeding to check consumerism, commodification, commercialisation (Knife & sharp blades).

Does emotion can be a measure to guide Humanity's aspirations and logic pursuit (Knife)?

If we go by Weberian notion, he emphasised more on rationality and logic in decision making, but those were old times. Now Humanbeing has become a multidimensional entity, who can multitask with handling multiple challenges with the eruption of technology in all spheres of life. We are living in Post-Truth world, where knowledge as well as emotions both play equal role. Thus Emotions (feelings, likes, dislikes) can be a guide to check the achieved power of knowledge and rationality by humanbeing to deter it from actions which leads to bleeding.

The greater question arises, Humanity understands the potential of

logical, rational, knowledgeable mind, but how to keep check and how to control, how to guide that powerful mind or how to channelise that energy?

The answer lies in the works of a Greek scholar, Aristotle,
"An unexamined life is not worth living,"

thus with continuous examination of our thoughts, beliefs, values we can reach to real wisdom.

The notion of wisdom as understood by Buddhism, lies in the path of 8 fold - path of righteousness.

Even Hinduism philosophy with its ethical touch and character building can help to channelise that powerful mind's energy in rightful direction.

Given Mahatma Gandhi, held that, "When wealth is lost nothing is lost, when health is lost something is lost, but when character is lost, everything is lost ;". Thus character ~~can be~~ building using education, right form of socialisation can check that knife is used for saving mankind.

Through these checks and balances, only, ~~the~~ even the Nuclear technology and various other achievements of mankind can be used in a better way, which makes our lives better and lead us to better future.

5. बुद्धिमान व्यक्ति तुरंत वही करता है जो मूर्ख अंततः करता है।
The wise man does at once what the fool does finally.
6. दुनिया उन लोगों के लिए एक त्रासदी है जो महसूस करते हैं, लेकिन उन लोगों के लिए एक कॉमेडी है जो विचार करते हैं।
The world is a tragedy to those who feel, but a comedy to those who think.
7. पूर्ण स्पष्टता से बुद्धि को तो लाभ होगा लेकिन इच्छाशक्ति को क्षति पहुंचेगी।
Perfect clarity would profit the intellect but damage the will.
8. अपना चेहरा रोशनी की ओर रखिए और आपको कोई छाया दिखाई नहीं देगी।
Keep your face to the sunshine and you cannot see a shadow.

8 Keep your face to the sunshine
and you cannot see a shadow

Who imagined, a country
newly formed in desert, surrounded by
enemies, conflictual borders will survive.

But Israel (75 years old) became one
of the highly developed, technologized
country establishing itself on strong
identity. It was the time, when
Israel took the brighter side of its
country i.e. its human resource potential

and worked on it, capacity building and high human capital (education, health) which led to its rise. Israel look ~~back~~ the other side (shadow) and turned away from the sunlight, which led to its development.

The essay can be interpreted in a multiple ways, one of the way ~~is~~ can be understood through the Hinder philosophy,

"Yatha Dristi Tatha Drishti",

The way you look towards the world, it becomes as it. If you ~~see~~ focus more on problems, you will be surrounded by problems, but if you look the other side, the brighter one, you will enter into the world of solutions and opportunities.

The story of Apollo 13 of NASA in 1970s is worth mentioning. After the launch of mission to moon, there was sudden explosion of one of the oxygen tank inside the spaceship carriage module, which threatened the lives of crew onboard. However the issue seemed very difficult and there was no hope of saving crew's life. But, somehow ground team and the crew-onboard in collaboration managed the resources, saved electricity, water and energy consumption with ingenious ^{sudden} technical interventions, the space module successfully landed on Earth after 4-5 days, saving lives of all 3 crew members onboard. This story highlights the importance of

seeing the positive side of problem,
as there is "always a ray of hope".

If we see the positive
side, look beyond problems we can
open up our minds to better solutions
thus solving the crisis period to
an opportunity.

"Crisis period in history are the
fertile grounds for creative
thinking and high yielding thoughts"

Crisis in France, led to
the French revolution, which gave
the principles of liberty, equality and
fraternity, these principles became the
guiding light for many Nations
to come out of darkness and
thus move towards the path of
equality among citizens and other

Civil liberties which gave countries peace and survivability (coexistence of different groups of people). Thus when France ~~never~~ looked beyond the problem and worked towards its own freedom led to realisation of transcendental and universal principles.

If ~~they~~ people of France would have coexisted with the problems and had not taken any action, it would not have resulted in the revolution.

Thus if France had kept its face towards sunshine, if it would have missed the shadow.

Similarly if India during Covid crisis, had not seen the other side, it would have ~~missed~~

the prospects of digitalisation,
self-realisation, health infrastructure.

"In every problem (chaos) there
lies an opportunity"

When covid crisis hit countries,
they went deep into slowdown,
some survived at the cost of huge
loss, while some utilised the
problem as opportunity (Ex. India).

India shifted to digitalisation,
example includes work from home,
education at home, telemedicine etc.

In the sphere of self-realisation it
started Aatmanirbhar Bharat initiative
(make in India) which ~~made~~ opened
wide opportunities for employment
as well as for economic development.

Even covid led lockdown

made people realise themselves
through self-actualisation, meditation,
yoga, strengthened family bonds.

However there were some reports
of increasing domestic violence and
mental health issues cases. But

the broader picture was, it made
every Indian aware about the
importance of mental health and
overall physical health.

Thus if India would
not have seen the inner opportunity
the pandemic was giving it would
not have realised its potential.

Even IMF in its reports cited that,
When ~~global~~^{whole} world is moving through
slowdown, India thrives as a

growing economy which can drive
whole world's growth.

What is Common in the
case studies of India (Covid),
France (revolution) or Apollo 13 mission?

The common thing among all these
different historical examples is the
capacity to look beyond the
problem, the ability to look the
flipside, the positive attitude, the
right mindset and approach towards life,
which helped them to enter the
shadow (comfort, satisfaction, development,
happiness).

The thoughts of Gandhiji
are marks on history, which never
go out of relevance, Among which

one of his view includes, "Be the
change you want to see" or

more precisely, "you become what
you think."

If you think positively and
towards solutions you will reach
to doors which are leading to
the emancipation of mankind (real problems)
and if you gaze into abyss, the abyss
will gaze you back, that shows if
you see darkness (evil, negative attitude)
it will be reflected in your behaviour.

For instance, person watching
more radicalised content on internet
(youtube or twitter), he will be more
extreme in his thoughts, behaviour and
his actions. Thus perception correction becomes
important.

Does looking towards sunshine, i.e., problems, discomforts, darkside is always disadvantageous? The answer lies in the approach again, with what lens you are observing the darkside (problem). The lens should be based on positive attitude, rationality rather than prejudices and biases, hope and the drive to solve the problem.

Thus curiosity, problem-solving attitude, and the drive for betterment should lead our thought process. Observing problems and crisis with a mindset to seek underlying opportunity will help us to see the shadow.

It will even help us to solve the contemporary challenges mankind is facing be it environmental

exploitation or social media misuse,
or lack of order in global politics or
violation against certain sections' rights
or decline of morality among
youths.

A mind with a right perspective
equipped with rationality to look
multidimensionally towards all the sides
will see the shadow easily.

Positive attitude towards life
can be built through education
based on values, observation learning,
sensitive trainings and emotional intelligence
complemented by intelligence quotient.

These will help mankind to keep
its face towards shadow (brighter side)
and keep in mind sunshine (darker side)
for better vision and broaden perspective

to solve complexities of life."

The focus of Israel on its potential (human resources) rather than problems (enemies, border conflicts, domestic conflict) helped it to achieve greater heights of development, which can be guiding light as, "How to view the problems and challenges"?

SPACE FOR ROUGH WORK

The world is a tragedy to those who feel,
but a comedy to those who think.

Keep your face to the sunshine, and
you cannot see a shadow

"Yatha chikhti" tatha srishthi."

McGandhi - be the change you want ^{to see}

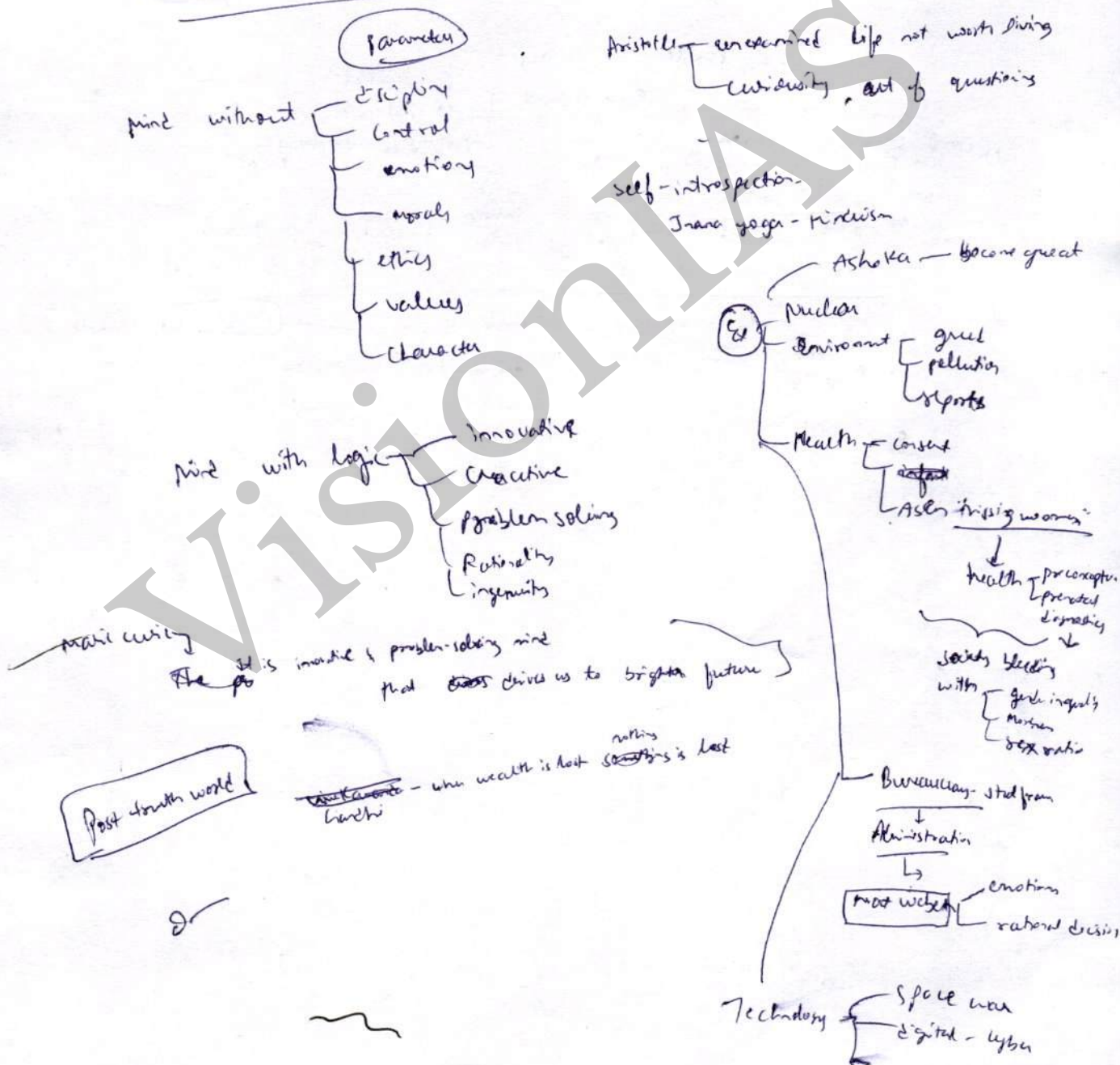
A.P.J. Kalam - Dreams, cosmic rays - wings of fire

Keep your face to the sunshine - {
 - positive attitude - behaviour
 - advantages of actions
 - outcome

You cannot see shadow {
 - darkside
 - ignoring good? { not good
 - look beyond

SPACE FOR ROUGH WORK

A mind all logic is like a knife all blade, it makes the hand bleed that uses it.



SPACE FOR ROUGH WORK

Keep your face to the sunshine and you cannot see a shadow

Look darkside
problems
disadvantages

not see brighter future
yatha chaiti taru tish
Gandhi
Kalan

every Problems, has opportunities

Ex: covid

{ digitalisation
self evaluation
keep discipline health
mental

Crisis period in
history leads
ground for
high yielding
strength, point

Nature { environment changes
position, problem

} but the perspective
is more solution

always Ray of hope

shadow - look beyond

Apollo 13 example

every cloud has silver line

Ex: Israel

Conclusion