



VISIONIAS
INSPIRING INNOVATION
ABHYAAS MAINS

निबंध
ESSAY

निर्धारित समय: तीन घंटे
Time Allowed: **Three Hours**

टेस्ट कोड/ Test Code : 2488

अधिकतम अंक: 250
Maximum Marks: 250

सामान्य अनुदेश

इस प्रश्न-सह-उत्तर (क्यू.सी.ए.) पुस्तिका में 32+2 पृष्ठ हैं। प्रश्न-पत्र, क्यू.सी.ए. पुस्तिका के अंत में संलग्न है, जो अलग (वियोज्य) किया जा सकता है और उम्मीदवार परीक्षा के उपरांत अपने साथ ले जा सकते हैं।

रफ कार्य के लिए तीन खाली पृष्ठ (पृष्ठ संख्या. 30-32) दिए गए हैं।

पुस्तिका प्राप्त होने पर, कृपया यह जांच कर लें कि इस क्यू.सी.ए. पुस्तिका में कोई कमी न हो, फटा हुआ पृष्ठ न हो अथवा कोई पृष्ठ गायब न हो इत्यादि। यदि ऐसा हो, तो इसके बदले नई क्यू.सी.ए. पुस्तिका प्राप्त कर लें।

General Instructions

This Question-cum-Answer (QCA) Booklet contains 33+2 pages. Question Paper in detachable form is available at the end of the QCA Booklet which can be taken away by the candidate after examination.

Three blank pages (Page Nos. 30-32) have been provided for rough work.

On receipt of the Booklet, please check that this QCA Booklet does not have any shortcomings, torn or missing pages etc. If so, get it replaced with a fresh QCA Booklet.

(उम्मीदवार द्वारा भरा जाएगा/To be filled by the Candidate)

पंजीकरण सं./Registration No. : 0489815

अभ्यर्थी का नाम/Name of Student : Nagendra Babu Kumar

माध्यम: हिंदी/अंग्रेजी
Medium: Hindi/English

English

तारीख
Date

25 Aug 2023

निबंध
ESSAY

केंद्र
Centre

Vision IAS, 34 DUSA
ROAD.

निरीक्षक के हस्ताक्षर
Invigilator's Signature

	<p style="text-align: center;">महत्वपूर्ण अनुदेश</p> <p>उम्मीदवार को नीचे उल्लिखित निर्देश सावधानी से पढ़ लेने चाहिए। किसी भी निर्देश का उल्लंघन करने पर उम्मीदवार को मिलने वाले अंकों में कटौती, उम्मीदवारी रद्द, आयोग के परवर्ती परीक्षाओं के लिए वर्जित करने इत्यादि के रूप में दण्डित किया जा सकता है।</p>	<p style="text-align: center;">Important Instructions</p> <p>Candidate should read the undermentioned instructions carefully. Violation of any of the following instructions may entail penalty in the form of deduction of marks, cancellation of candidature, debarment from further Examination of the Commission etc.</p>
1	<p>(क) अपना पंजीकरण सं. एवं अन्य विवरण केवल प्रश्न-सह-उत्तर पुस्तिका (क्यू.सी.ए.) में उम्मीदवार के लिए निर्धारित स्थान पर ही लिखें।</p> <p>(ख) इस पुस्तिका में अन्यत्र कहीं भी अपना नाम, पंजीकरण सं., मोबाइल नं., पता अथवा प्रश्न-सह-उत्तर पुस्तिका (क्यू.सी.ए.) संख्या न लिखें जिससे आपकी पहचान का खुलासा हो।</p>	<p>(a) Write your Registration Number and other details only in the space provided in the Question-Cum-Answer (QCA) Booklet for candidates.</p> <p>(b) Do not disclose your identity in any manner such as, by writing your Name, Registration number, Mobile number, Address, Question-Cum-Answer (QCA) Booklet No. etc. elsewhere in the Booklet</p>
2	<p>अपनी क्यू.सी.ए. पुस्तिका में कहीं भी प्रश्नों के वास्तविक उत्तर के अतिरिक्त कुछ न लिखें जैसे कि कोई कविता/दोहा, अभद्र या अपमानजनक अभिव्यक्ति इत्यादि और न ही कोई ऐसा चिन्ह/निशान बनाएं जिसका उत्तर से सम्बन्ध न हो।</p>	<p>Do not write in the QCA Booklet anything other than the actual answer such as couplet, obscene, abusive expression etc., nor put any sign/mark having no relevance to the answer.</p>
3	<p>परीक्षक को प्रत्यक्ष/अप्रत्यक्ष रूप से कोई भी प्रार्थना/धमकी भरी बातें न लिखें।</p>	<p>Do not make any direct/indirect appeal/threat to the examiner.</p>
4	<p>उत्तर अस्पष्ट अथवा गंदी लिखावट में न लिखें। इस प्रकार के उत्तर का मूल्यांकन नहीं भी किया जा सकता है।</p>	<p>Do not write answers in bad/illegible handwriting. Such answers may not be evaluated.</p>
5	<p>उत्तर स्याही में ही लिखें। उत्तर लिखने के लिए पेंसिल का उपयोग न करें, हालांकि आरेख, चित्र इत्यादि बनाने के लिए पेंसिल का उपयोग किया जा सकता है।</p>	<p>Write answers in ink only. Do not use pencil for writing the answers. However, pencil may be used for drawing diagrams, sketches, etc.</p>
6	<p>प्रवेश पत्र में उल्लेख किए गए माध्यम के अलावा अन्य किसी माध्यम में उत्तर न लिखें। अधिकृत और अनधिकृत की मिली जुली भाषा का भी उपयोग न करें।</p>	<p>Do not write answers in medium other than the authorized medium in the Admission Certificate. Do not use mixed language either i.e. authorize and unauthorized media together for writing answers.</p>
7	<p>प्रश्नों के उत्तर ठीक उसके नीचे दिए गए निर्धारित स्थान पर ही लिखें। निर्धारित स्थान के अलावा किसी अन्य स्थान पर लिखे गए उत्तर का मूल्यांकन नहीं किया जाएगा।</p>	<p>Write answer at the specific space (right below the question) only. Answers written elsewhere at unspecified places in the booklet shall not be evaluated.</p>
8	<p>यदि आप अपने किसी उत्तर को रद्द करना चाहते हैं तो उसे पेन से काट दें तथा उस पर "रद्द" लिख दें, अन्यथा उसका मूल्यांकन किया जा सकता है।</p>	<p>If you wish to cancel any work, draw your pen through it and write "Cancelled" across it, otherwise it may be valued.</p>



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प्रश्न-पत्र संबंधी विशेष अनुदेश

(प्रश्नों के उत्तर देने से पूर्व निम्नलिखित प्रत्येक अनुदेश को ध्यानपूर्वक पढ़ें)

प्रवेश-पत्र में प्राधिकृत माध्यम में निबंध लिखना आवश्यक है तथा इस माध्यम का स्पष्ट उल्लेख प्रश्न-सह-उत्तर (क्यू.सी.ए.) पुस्तिका के मुखपृष्ठ पर निर्दिष्ट स्थान पर करना आवश्यक है। प्राधिकृत माध्यम के अलावा अन्य माध्यम में लिखे गए उत्तरों पर अंक नहीं दिए जाएंगे।

प्रश्नों के उत्तर निर्दिष्ट शब्द-संख्या के अनुसार होने चाहिए।

प्रश्न-सह-उत्तर पुस्तिका में खाली छोड़े गए किसी पृष्ठ व पृष्ठ के भाग को पूर्णतः काट दीजिए।

ESSAY

Time Allowed : Three Hours

Test Code : 2488

Maximum Marks : 250

QUESTION PAPER SPECIFIC INSTRUCTIONS

(Please read each of the following instructions carefully before attempting questions)

The ESSAY must be written in the medium authorized in the Admission Certificate which must be stated clearly on the cover of this Question-cum-Answer (QCA) Booklet in the space provided. No marks will be given for answers written in a medium other than the authorized one.

World limit, as specified, should be adhered to.

Any page or portion of the page left blank in the Question-cum-Answer Booklet must be clearly struck off.

EVALUATION INDICATORS

1. Contextual Competence
2. Content Competence
3. Language Competence
4. Introduction Competence
5. Structure - Presentation Competence
6. Conclusion Competence

Overall Macro Comments / feedback / suggestions on Answer Booklet:

1.

2.

3.

4.

5.

6.

All the Best

खंड A और B प्रत्येक से एक-एक विषय चुनकर दो निबंध लिखिए, जो प्रत्येक लगभग 1000-1200 शब्दों में हो :

Write **two** essays, choosing **one** topic from each of the Sections A and B, in about 1000-1200 words each :

125 x 2 = 250

खण्ड – A / SECTION – A

1. टूटे हुए बयस्क की मरम्मत करने की तुलना में मजबूत बच्चों का निर्माण करना आसान है।
It is easier to build strong children than to repair broken men. ✓
2. कोरा तर्कपूर्ण मन उस चाकू के समान है जिसमें केवल फलक ही फलक है, वह प्रयोग करने वाले हाथों को ही लहलुहान कर देता है।
A mind all logic is like a knife all blade, it makes the hand bleed that uses it.
3. जब कैटरपिलर को लगता है कि दुनिया खत्म हो गई, वह तितली बन जाता है।
Just when the caterpillar thought the world was over, it became a butterfly.
4. इतिहास, मनुष्य की स्मृतियों पर समय द्वारा लिखी गई एक चक्रीय कविता है।
History is a cyclic poem written by time upon the memories of man.

खण्ड – B / SECTION – B

5. बुद्धिमान व्यक्ति तुरंत वही करता है जो मूर्ख अंततः करता है।
The wise man does at once what the fool does finally.
6. दुनिया उन लोगों के लिए एक त्रासदी है जो महसूस करते हैं, लेकिन उन लोगों के लिए एक कॉमेडी है जो विचार करते हैं।
The world is a tragedy to those who feel, but a comedy to those who think.
7. पूर्ण स्पष्टता से बुद्धि को तो लाभ होगा लेकिन इच्छाशक्ति को क्षति पहुंचेगी।
Perfect clarity would profit the intellect but damage the will.
8. अपना चेहरा रोशनी की ओर रखिए और आपको कोई छाया दिखाई नहीं देगी।
Keep your face to the sunshine and you cannot see a shadow. ✓

खण्ड - A / SECTION - A

1. टूटे हुए बयस्क की मरम्मत करने की तुलना में मजबूत बच्चों का निर्माण करना आसान है।
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It is easier to build strong children than to repair broken men.

x

John Locke, an English philosopher, said that the mind of a child is like a 'Tabula rasa' i.e., a clean slate. The society as a whole can scribble any type of marks on that i.e., society including parents, teachers, peers and government can shape the social tendencies of a child easily. The mind of a child will accept anything and everything that it experiences.

However, an adult individual habituated to certain behaviours will find it difficult to digress any difference of opinions or behaviours. Say, a soldier suffering from Post traumatic stress disorder will find it difficult to even start conversation with any stranger after his/her end of career. This is because soldiers have experience of countering their adversaries who are almost all the time strangers to them.

Thus, we can say that it is easy to build a strong children than to repair broken men. It is seen in the case of all the spiritual gurus starting from Buddha to today's Sadhguru. Buddha took almost two decades and was about to die before getting enlightened. However, Sadhguru tells that he was into spiritualism at very tender age

and nears able to easily mould into that fold. This is because jesuits believe that in the first 7 years of a child phase the child learns through hypnosis and it is easy to make them learn by leading them through an Example. Say, Parents showing warmth and care to children and respecting others will lead to children inculcating those values of compassion and respect.

And when it comes to adults, they are said to employ repetition to learn things. This is why to change a habit it takes more effort and time to ensure that a person learns something.

If we take a child and study in front of them, they mimic us and this will make them curious about studies in the future building strong careers at times. But, if we do

the same with the adult who is addicted to gaming, it is almost a uphill task to make them study a novel or a book.

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This is why Sigmund Freud in his book 'The Interpretation of Dreams' has said that the adult will be driven by 'pleasure principle' if during child he/she has been doing the same. So, it will be difficult to change their preferences at that age. And thus suggest the need for 'good enough parenting' to build strong adults in the future. Better relationship during childhood will lead to secure attachments at higher age. If a child is mistreated, they will build an 'avoidant or anxious relationships' in the future which will be difficult to overcome the behaviour.

Similarly, to build a company the foundations of the business should be strong. That is the entrepreneur should be able to tap into the needs of the society and come up with innovative ideas so as to increase the scale of future operations. If done with proper research of needs and thoughtful innovation they can succeed. The startups like Zerodha in India is one such example. It came up with stock investment by individuals and tapped into the demand to become a unicorn company.

And the companies which were once big and built a brand image have crumbled under pressure due to lack of innovation or will to modify their business models. The example of Kingfisher airlines can be stated. Due to its extravagance and high cost the company went bankrupt and its owners is now a declared fugitive economic offender. And the issue of

bankruptcy will lead to haircuts for the lenders which will be loss to all the stakeholders involved.

The Company building process will be affected by the administrative policies also. The attitude of administrators is as important as the policy directions. Here too shaping the attitudes of administrators through training and Orientation programs can be easy as the recruits will be readily accepting the thoughts of their mentors or senior officers. However, the attitude of laxity in the Experienced administrators is a difficult one due to strong attitudes after years of Experience. Even though in-service training is provided, most of them skip that or participate in that just as a formality without learning or trying to improve.

These service modules will be decided by the political class forming governments at various levels. Even the formation of that government is seen easy after elections. Most of the times, one or the other party gets majority and forms government without making noise. But, forming government after 2-3 years through defections or mergers create so much noise that it will echo for another 2-3 years until new elections are held. The Karnataka elections in 2018 and defections in 2019 are one such Example

Similarly, the institution building is easy when there is no institution. The UN system though built on largely dysfunctional League of Nations, during 1945 it was easy to build with some concessions. But, as a grown up adult with nearly 80 years of experience and losing its credibility and relevance, it is not able to reform itself even though the

world has transformed significantly. This is because the veto powers given to permanent members. One or the other member will veto a proposal and stall the UNSC working as the members with veto does not want to share those powers with other members (new). This is what Friedrich Nietzsche called as 'will to power' or what Hans Morgenthau called as 'Animum dominandi'.

This kind of issues are seen in Technological sphere too. Back then when Alan Turing came up with enigma machine, it was easy for scientists to control technology for their benefit. However, the Artificial Intelligence and the fear of it becoming 'Super human' has made us (people) subservient to the technology. The reforms in technological or technocratic world is all the more important due to increasing cyber attacks. Though it is

easy for a developer to come up with an application or technology, the difficulty lies in not being able to recognize the 'Zero day Vulnerabilities' which are known only after there are any Cyberattacks like ransomware. Then it becomes difficult to secure the systems from the attackers although Continuous bug fixing can happen to make technology safer.

However, If we don't try to repair the Existing attitudes in adults or Companies under bankruptcy or system which is outdated they face Crisis and can gamble under their Own weight. say, if we don't repair a TV that is facing problem, then we replace it by the new TV. But, the old TV will create the waste and cause environmental problems. This will hamper the initiatives for Circular economy. Similarly repairing the broken people

is as important as raising strong children. Though a personⁱⁿ suffering from PTSD or depression, we can reform or overcome the issues through spiritual awakening. This need perseverance shown from the one who wants to change and the others in society who want that broken person to change. Say a person addicted to drug can be rehabilitated if that person undertakes constant efforts and the medical personnel and the family and friends support the person or addict continuously.

This is why Japanese Philosophy of 'Kin-Tsugi' says that the broken pot can be refixed using golden lacquer, which increases the shine and worth of that fixed broken pot. Similarly, once a broken individual is repaired the person can shine like the fixed pot and become an useful member. For example, 'Pothole

dada' in Maharashtra lost his son in an accident caused by a pothole. But Dadarao came strong after the loss and is now repairing the potholes in Mumbai to avoid any future deaths. Hence we need to understand that there is nothing permanent as such and change is inevitable. This is why Buddhist philosophy considers that world is impermanent (Anicca) and thus, the broken people can be repaired too. It just needs strong will to change and get better.

Thus, we can summarize by saying that it is easier to raise the child and make him/her strong. And, difficult to repair something or someone which is old enough and facing issues, but not an impossible task. For this to be realized by people Lord Krishna in Gita suggest us to be 'Stithaprag-nya' i.e., contentedness in the face of uncertainty

to conquer the issues at our doorsteps.

उन्मीववारे को
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To conclude, we can say that the strong nation is made up of strong minds, whether younger or older. Everyone faces issues. If older people face the inertia to change, a child can be facing autism or other such issues. But the nation should always strive to overcome the issues and make those facing issues stronger through various interventions like Generation for backward and rehabilitation for an addict. And individuals too can transform themselves for better. This needs strong will and dedication. Hence, we need to heed to Buddha's last words before death - 'Be a light unto yourself' (Appo deepo bhava). If we start lighting our lives even by being broken we light up others lives too. That is when we heal, we heal by ourselves and we heal along with others.

खण्ड - B / SECTION - B

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5. बुद्धिमान व्यक्ति तुरंत वही करता है जो मूर्ख अंततः करता है।
The wise man does at once what the fool does finally.
6. दुनिया उन लोगों के लिए एक त्रासदी है जो महसूस करते हैं, लेकिन उन लोगों के लिए एक कॉमेडी है जो विचार करते हैं।
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Keep your face to the sunshine and you cannot see a shadow.

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see a shadow.

Nelson Mandela was jailed for
27 years as he opposed the apartheid regime.
But, when he was released after the end of
apartheid, he formed a government where all
sections were part of it. For the purpose of
overcoming past animosities and build an
inclusive society, he set up a Truth and
Reconciliation Commission to come up with the
suggestions for reconciliation between various sections.

At present, South Africa is one of the peaceful Country in African Continent with diverse society and a resilient economy.

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The above aspects emphasize on the forward looking positive attitude and hope rather than retaliatory measures due to the animosities of the past. That is why the future is more important than our past. Because we cannot erase the past but build a better future. Thus, we see a sunshine attitude i.e., of hope and forward looking attitude in Nelson Mandela who let go of his shadows of discrimination and oppression.

This highlights the need for a strong character to build a resilient future. Character is a combination of our preferences, values and actions that show us direction by lighting up our paths and create something new for the generations to come. Say, the Constitution

makers of India with an Exemplary character
Created an inclusive Constitution for India
which itself is an ~~of~~ Exemplary Constitution.
This is why Upanishadic verse 'Sheelam Param
Bhushanam' i.e., character is the ultimate
Virtue. It helps us to choose wisely between
the right and the wrong. A right character
always tends to choose right action and when
right action is chosen, the wrong action gets
automatic burial.

This is what psychoanalyst Carl
Jung calls as the work of Conscious mind.
He considered that the conscious mind can
always triumph over the Unconscious mind
which he called it as 'shadow'. However, he
also tells that we need to go to that depths
of shadow to reach such heights of Consciousness.
For this he says, "No tree has ever reached
heaven without its roots reaching hell." This

is to mean that our Consciousness will come to reality when we are aware of the unconsciousness. Thus, conscious mind shines when it is out of the control of the shadow.

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Similar conclusion can be drawn from the Yama-Nachiketa dialogue from Katha Upanishad. Yama says the consciousness is the highest of all the human things and to reach the consciousness or Purusha is the purpose of all life. This will happen only when we overcome our sensual experiences and wants and realize the ultimate being 'Brahman'. The modern philosophers like Abraham Maslow says it in a similar way in his concept of hierarchy of needs. The self realization happens at the end of all other needs such as physiological, safety, social and self esteem needs. But, when it happens all other needs will become less important.

The importance of sunshine tells us to live in the present and carve out the future rather than sulking in the past. This is how we overcome the struggles of our past. Scholars like Victor Frankl suggest 'will to meaning' i.e., to have a purpose in life to overcome the challenges we are facing at present. This will alleviate our pain and strengthen our resolve. With a right resolve we can attain freedom and freedom is the purpose of life.

This is why the Prime Minister of India in his Independence day speech in 2022 talked about overcoming the cultural slavery or mentality which British rule has caused and take pride in our own cultural heritage. Hence, if we want to shine in 2047 as a developed country we need to bury the shadows of the past, especially that of British rule. Thus, the mission at our

doorsteps acts like a sunshine showing us the direction for our actions and we can neglect the hesitations of our history, which dims our shine if we ^{get} stuck to that.

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Similarly, the diversity of India and its 'unity in diversity' is the strength in which we have take pride. If we can see such unity we can overcome petty conflicts of interstate river water, territorial disputes between states which are alive due to much of politicization. The Ethnic Conflict in Manipur can also be buried if both the sections i.e., Meiteis and Kuki's realize the unity of Indian identity and the Indian values of tolerance and 'vasudhaiva kutumbakam' where world is one family. If we can treat world as one family, why can't we treat our fellow Indians as one family. It is just the need for that sunshine to make us realize 'we are one' and 'we will be one'!

When we all are ~~men~~ one, women too are one of us and are of equal dignity and value. The sunshine women require is that of confidence, positive attitude and hope. This will make them empowered and it does not actually require someone to empower them, they can empower on their own and others should not obstruct it. The case of V.R. Dathambika heading Gaganyaan mission, Ritu Kaulhal Srivastava, rocket women of India and have given significant contributions to Chandrayaan-3 mission along with Finance Minister & Nirmala Sitharaman. These examples show the women shining in the face of Patriarchal shadow. For them the shadow does not exist. Hence, we can say that if other women can shine through their strong characters they too can overcome the patriarchal barriers and build an egalitarian society. It is the need of positive attitude and vision in women about their future.

The vision we hold, many times, acts as sunshine and keep our spirits high in achieving the targets under such vision.

The target of 5 Trillion USD set for 2027 is one such vision to propel India into a strong and resilient economy in the world. These visionary targets motivate us to work irrespective of challenges and ~~of~~ more often than not we may fail to reach targets due to some issues, but still we keep working for them. The same target of \$5 Trn was initially envisaged for 2025 and due to COVID disruptions it get postponed. But still we aim for the target in 2 years i.e., 2027 baring all the shadow of challenges that we faced.

Similarly, the targets that countries have collectively agreed under Paris agreement, 2015 to limit the global temperatures to 2°C by the turn of this century and work for

possibly keeping it to 1.5°C compared to pre-industrial level. This keeps us to keep track of our progress and take further steps to overcome the consequences of such climate catastrophes. Even though India is not a historical contributor it has agreed to become climate neutral country by 2070. Here India upholds the leadership qualities and shine in the face of hypocritical attitude of USA and Europe. Even though they are responsible for 50% of historical contributions, they hesitate to commit to proper goals and also provide finance and technology to the developing countries. India taking lead makes them realize their attitudes and can bring change in their behaviours. This will help us overcome the shadow of global warming.

Even though sunshine is necessary and shadows are of no value in the face of sunshine, shadows too are of important

value to humans. Our shadows i.e., our past experiences will never leave us or we can never erase them even though we can forget them. Also, we can learn from that experiences as to where we went wrong and realize the mistakes so that we can 'right the wrong' in future. This is because shadows are inevitable when sun shines, every individual cast a shadow similarly, in life every individual will have a negative experience which cause pain, depression and such others. If we can learn from them, we can get more clarity about those things and we can improve them. The Indian national movement was one such shadow. However, leaders like Gandhiji kept on improving their techniques of Swaraj from Non cooperation movement to civil disobedience to Quit India. Along with that the contributions of S.C. Bose and Vallabh Bhai Patel, J.D. Nehru led to Independence in

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1947.

Hence, we should understand that the shadows are necessary for the light to shine. That is to say that light cannot shine without some darkness. This is why we need to integrate our past experiences with the future vision to take decision in the present moment. In the process we need to expect that things can go wrong. The innovation may get rejected, the pandemic may strike again or conflicts between communities can erupt. But our resolve should shine over all these challenges. Our resolve is to get better, resilient and strong and bring peace and prosperity to others. This is how we should have positive attitude, hope and be motivated for making our lives and that of others better.

Plato in his 'Allegory of Caves' gives the meaning to the sunshine. He calls it the reason which will guide us to the truth. The light will help us to know what is real and what is just an imagination. Hence, the rational faculties in humans will help them avoid the superstitious beliefs and focus on human progress keeping human well being at the center of their thoughts and actions. To conclude, we can take lesson from Upanishadic verse, *Axatoma Sadgama-ya* (From Unto to truth), *Tamasoma Jyotigamaya* (From darkness to light), *Moutyoma Anmuthange-maya* (From death to life). That is to say that the reason will help us navigate the darkness in life leading to light and prosperity. Then we all can become Nelson Mandela in our lives.

SPACE FOR ROUGH WORK

It is easier to build strong children than to repair
Broken Men.

~~Intro - Tabula Rasa - 7 years - hypnosis.~~

~~Grown up adult - habituated - repetition. Example (Will to pleasure) (Apari)~~

~~Socialization - Shaping social tendencies
Value inculcation. Found.~~

~~Entrepreneurship - Easier to build.~~

~~↳ Bankruptcy - Haircuts~~

~~Administration - Training after recruitment and in-service~~

~~Polity - After election & through defections.~~

~~UN system - Global governance - Reforms - veto. perpetuate inequity~~

~~Technology - Ransomware - Zero click vulnerabilities.~~

~~Repairing broken Men - Inertia to change. Depression.~~

(Kintangi)

~~Anicca & Anatta.~~

~~RTSD - Spiritual awakening.~~

~~If we don't
Cripple and
its own need
Circular Econo~~

Appo Deepo Bhava - Buddha - Strong Nation = strong people

Lightning makes no sound until it strikes.

SPACE FOR ROUGH WORK

Keep your face to the sunshine and you cannot see a shadow.

Intro - ~~Nelson Mandela's story.~~

Character - ~~Shyam Prasad Bhushanam.~~

Cast/jung - ~~Shadow - Unconscious (Tree Roots)~~

~~Future - not past.~~

~~Conscious.~~

~~(Yama Nachiketa)~~

~~Unity in diversity - strength (Conflicts)~~

~~Marlow's Hierarchy.~~

~~Positive attitude of hope.~~

~~Clarity (know) Shadow is necessary (time)~~

~~(Mission) British rule - INM - Cultural bondage - India.~~

~~Constitution - Awe~~

~~Positive attitude. Women-led dev't, patriarchy will lead to egalitarianism.~~

~~Vision. Economic Targets - Motivate us to work. (Nishkama Karma)~~

~~Lead - Climate change - Targets - India not historical contributor~~

~~Shadow is necessary - to get clarity, to understand our mistakes. Past is inevitable.~~

~~The Moment - Past, present & future. (Shadow's Stoicism).~~

~~China~~

~~Sunshine - Allegory of care - Plato - Sunshine is like a philosophy or reason - Truth or Reality. (Exam Sat)~~

SPACE FOR ROUGH WORK

Kin-Tsugi
we use

Ikigai

Kaizen

Ubuntu

~~Stitha Pragnya~~

Ekam sat

← Nishkama Karma

← Stoicism

Existentialism

Transcendentalism.

Sheela p B.

Jainism

Buddhism

Abraham Maslow

AL