



VISIONIAS
INSPIRING INNOVATION
ABHYAAS MAINS

निबंध
ESSAY

निर्धारित समय: तीन घंटे
Time Allowed: **Three Hours**

टेस्ट कोड/ Test Code : 4514

अधिकतम अंक: 250
Maximum Marks: 250

सामान्य अनुदेश

इस प्रश्न-सह-उत्तर (क्यू.सी.ए.) पुस्तिका में 32+2 पृष्ठ हैं। प्रश्न-पत्र, क्यू.सी.ए. पुस्तिका के अंत में संलग्न है, जो अलग (वियोज्य) किया जा सकता है और उम्मीदवार परीक्षा के उपरांत अपने साथ ले जा सकते हैं।

रफ कार्य के लिए तीन खाली पृष्ठ (पृष्ठ संख्या. 30-32) दिए गए हैं।

पुस्तिका प्राप्त होने पर, कृपया यह जांच कर लें कि इस क्यू.सी.ए. पुस्तिका में कोई कमी न हो, फटा हुआ पृष्ठ न हो अथवा कोई पृष्ठ गायब न हो इत्यादि। यदि ऐसा हो, तो इसके बदले नई क्यू.सी.ए. पुस्तिका प्राप्त कर लें।

General Instructions

This Question-cum-Answer (QCA) Booklet contains 32+2 pages. Question Paper in detachable form is available at the end of the QCA Booklet which can be taken away by the candidate after examination.

Three blank pages (Page Nos. 30-32) have been provided for rough work.

On receipt of the Booklet, please check that this QCA Booklet does not have any shortcomings, torn or missing pages etc. If so, get it replaced with a fresh QCA Booklet.

(उम्मीदवार द्वारा भरा जाएगा/To be filled by the Candidate)

पंजीकरण सं./Registration No. : 01528536

अभ्यर्थी का नाम/Name of Student : Jayant Garg

माध्यम: हिंदी/अंग्रेजी
Medium: Hindi/English

English

तारीख
Date

2/08/25

निबंध
ESSAY

केंद्र
Centre 014
Gurgaon

निरीक्षक के हस्ताक्षर
Invigilator's Signature

	<p style="text-align: center;">महत्वपूर्ण अनुदेश</p> <p>उम्मीदवार को नीचे उल्लिखित निर्देश सावधानी से पढ़ लेने चाहिए। किसी भी निर्देश का उल्लंघन करने पर उम्मीदवार को मिलने वाले अंकों में कटौती, उम्मीदवारी रद्द, आयोग के परवर्ती परीक्षाओं के लिए वर्जित करने इत्यादि के रूप में दण्डित किया जा सकता है।</p>	<p style="text-align: center;">Important Instructions</p> <p>Candidate should read the undermentioned instructions carefully. Violation of any of the following instructions may entail penalty in the form of deduction of marks, cancellation of candidature, debarment from further Examination of the Commission etc.</p>
1	<p>(क) अपना पंजीकरण सं. एवं अन्य विवरण केवल प्रश्न-सह-उत्तर पुस्तिका (क्यू.सी.ए.) में उम्मीदवार के लिए निर्धारित स्थान पर ही लिखें।</p> <p>(ख) इस पुस्तिका में अन्यत्र कहीं भी अपना नाम, पंजीकरण सं., मोबाइल नं., पता अथवा प्रश्न-सह-उत्तर पुस्तिका (क्यू.सी.ए.) संख्या न लिखें जिससे आपकी पहचान का खुलासा हो।</p>	<p>(a) Write your Registration Number and other details only in the space provided in the Question-Cum-Answer (QCA) Booklet for candidates.</p> <p>(b) Do not disclose your identity in any manner such as, by writing your Name, Registration number, Mobile number, Address, Question-Cum-Answer (QCA) Booklet No. etc. elsewhere in the Booklet</p>
2	<p>अपनी क्यू.सी.ए. पुस्तिका में कहीं भी प्रश्नों के वास्तविक उत्तर के अतिरिक्त कुछ न लिखें जैसे कि कोई कविता/दोहा, अभद्र या अपमानजनक अभिव्यक्ति इत्यादि और न ही कोई ऐसा चिन्ह/निशान बनाएं जिसका उत्तर से सम्बन्ध न हो।</p>	<p>Do not write in the QCA Booklet anything other than the actual answer such as couplet, obscene, abusive expression etc., nor put any sign/mark having no relevance to the answer.</p>
3	<p>परीक्षक को प्रत्यक्ष/अप्रत्यक्ष रूप से कोई भी प्रार्थना/धमकी भरी बातें न लिखें।</p>	<p>Do not make any direct/indirect appeal/threat to the examiner.</p>
4	<p>उत्तर अस्पष्ट अथवा गंदी लिखावट में न लिखें। इस प्रकार के उत्तर का मूल्यांकन नहीं भी किया जा सकता है।</p>	<p>Do not write answers in bad/illegible handwriting. Such answers may not be evaluated.</p>
5	<p>उत्तर स्याही में ही लिखें। उत्तर लिखने के लिए पेंसिल का उपयोग न करें, हालांकि आरेख, चित्र इत्यादि बनाने के लिए पेंसिल का उपयोग किया जा सकता है।</p>	<p>Write answers in ink only. Do not use pencil for writing the answers. However, pencil may be used for drawing diagrams, sketches, etc.</p>
6	<p>प्रवेश पत्र में उल्लेख किए गए माध्यम के अलावा अन्य किसी माध्यम में उत्तर न लिखें। अधिकृत और अनधिकृत की मिली जुली भाषा का भी उपयोग न करें।</p>	<p>Do not write answers in medium other than the authorized medium in the Admission Certificate. Do not use mixed language either i.e. authorize and unauthorized media together for writing answers.</p>
7	<p>प्रश्नों के उत्तर ठीक उसके नीचे दिए गए निर्धारित स्थान पर ही लिखें। निर्धारित स्थान के अलावा किसी अन्य स्थान पर लिखे गए उत्तर का मूल्यांकन नहीं किया जाएगा।</p>	<p>Write answer at the specific space (right below the question) only. Answers written elsewhere at unspecified places in the booklet shall not be evaluated.</p>
8	<p>यदि आप अपने किसी उत्तर को रद्द करना चाहते हैं तो उसे पेन से काट दें तथा उस पर "रद्द" लिख दें, अन्यथा उसका मूल्यांकन किया जा सकता है।</p>	<p>If you wish to cancel any work, draw your pen through it and write "Cancelled" across it, otherwise it may be valued.</p>



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अधिकतम अंक: 250

प्रश्न-पत्र संबंधी विशेष अनुदेश

(प्रश्नों के उत्तर देने से पूर्व निम्नलिखित प्रत्येक अनुदेश को ध्यानपूर्वक पढ़ें)

प्रवेश-पत्र में प्राधिकृत माध्यम में निबंध लिखना आवश्यक है तथा इस माध्यम का स्पष्ट उल्लेख प्रश्न-सह-उत्तर (क्यू.सी.ए.) पुस्तिका के मुखपृष्ठ पर निर्दिष्ट स्थान पर करना आवश्यक है। प्राधिकृत माध्यम के अलावा अन्य माध्यम में लिखे गए उत्तरों पर अंक नहीं दिए जाएँगे।

प्रश्नों के उत्तर निर्दिष्ट शब्द-संख्या के अनुसार होने चाहिए।

प्रश्न-सह-उत्तर पुस्तिका में खाली छोड़े गए किसी पृष्ठ व पृष्ठ के भाग को पूर्णतः काट दीजिए।

ESSAY

Time Allowed : Three Hours

Test Code : 4514

Maximum Marks : 250

QUESTION PAPER SPECIFIC INSTRUCTIONS

(Please read each of the following instructions carefully before attempting questions)

The ESSAY must be written in the medium authorized in the Admission Certificate which must be stated clearly on the cover of this Question-cum-Answer (QCA) Booklet in the space provided. No marks will be given for answers written in a medium other than the authorized one.

World limit, as specified, should be adhered to.

Any page or portion of the page left blank in the Question-cum-Answer Booklet must be clearly struck off.

EVALUATION INDICATORS

1. Contextual Competence
2. Content Competence
3. Language Competence
4. Introduction Competence
5. Structure - Presentation Competence
6. Conclusion Competence

Overall Macro Comments / feedback / suggestions on Answer Booklet:

1.

2.

3.

4.

5.

6.

All the Best

खंड A और B प्रत्येक से एक-एक विषय चुनकर दो निबंध लिखिए, जो प्रत्येक लगभग 1000-1200 शब्दों में हो :

Write **two** essays, choosing **one** topic from each of the Sections A and B, in about 1000-1200 words each :

125 x 2 = 250

उम्मीदवारों को इस हाशिए में नहीं लिखना चाहिए
Candidates must not write on this margin

खण्ड – A / SECTION – A

1. किसी युद्ध को जीतने के लिए आपको एक से अधिक बार लड़ना पड़ सकता है।

You may have to fight a battle more than once to win it.

2. विवेक के मामलों में बहुमत के कानून का कोई स्थान नहीं होता है।

In matters of conscience, the law of the majority has no place.

3. जो विद्यालय के द्वार खोलता है, वह कारागार के द्वार बंद करता है।

He who opens a school door, closes a prison.

4. केवल शीत ऋतु की कठोरता में ही हम वसंत की गर्मी का वास्तविक महत्व समझ पाते हैं।

Only in the depths of winter can we truly appreciate the warmth of spring.

खण्ड – B / SECTION – B

5. हम सदैव अपने युवाओं के लिए भविष्य का निर्माण नहीं कर सकते, परंतु हम भविष्य के लिए अपने युवाओं को तैयार कर सकते हैं।

We cannot always build the future for our youth, but we can build our youth for the future.

6. नकल करना सुरक्षित होता है; नवाचार के लिए साहस की आवश्यकता होती है।

Copying is safe; innovation demands courage.

7. हम जितना अधिक स्वचालन को अपनाएंगे, हमें उतना ही अधिक मानवीय बनना होगा।

The more we automate, the more human we must become.

8. तत्काल मान्यता की चाह एक व्याकुल मानसिकता वाली पीढ़ी को जन्म दे रही है।

The pursuit of instant validation is creating a generation of restless minds.

खण्ड - A / SECTION - A

1. किसी युद्ध को जीतने के लिए आपको एक से अधिक बार लड़ना पड़ सकता है।
You may have to fight a battle more than once to win it.
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He who opens a school door, closes a prison.
4. केवल शीत ऋतु की कठोरता में ही हम वसंत की गर्मी का वास्तविक महत्व समझ पाते हैं।
Only in the depths of winter can we truly appreciate the warmth of spring.

You may have to fight a battle more than once to win it

It was 1954, Hill ^{now} ^{was} able to overcome ~~the~~ "4 Minute Mile" challenge. Doctors proclaimed it was impossible as it could stop the heart. Many Athletes tried but failed. However a young untrained medical student denied to accept this proclamation. He was Roger Bannister. With limited training

he was able to complete 9 mile within 3 minutes and 59 second. What was more special was that with in a week, another athlete was able to complete this challenge.

This story of Roger Bannister underscores a profound truth that for any win a person not only have to defeat external enemies or challenges but also has to overcome self doubt, fears of failure and social barriers and prejudices.

For holistic understanding of this topic first we have to decode the words used metaphorically in this topic. "Fight a battle" means to challenge and persevere against an enemy or it means to raise question which bring change in society.

Similarly "fighting more than once" means challenging inner fears and doubts along with overcoming external challenges

Putting it all together, this topic highlights the wisdom of self introspection, overcoming inner doubts, ~~fears~~ before ^{embarking} ~~embarking~~ on the journey to win this world. As once

Gandhiji said "Be the change you wish to see in this world". Before changing or winning this world, one need win ~~over~~ his fears and doubts.

In this essay we will examine the need for ~~fight~~ more than one battle in order to win and also engage with some counter arguments for holistic understanding.

An illustrating example of ^{his} wisdom of fighting two battle can be found in Indian scriptures, where during "Mahabharata" battle Arjun was bogged down by the idea

of killing his own kins. but Shri Krishna's words and philosophy of "Nishakama Karma" had soothing ~~impact~~ ^{effect.} and made Arjun realise his true purpose of establishing "Dharma".

Even in later years when India became independent the "wisdom of fighting two battle" came forefront. Election Commission had to first overcome the challenge of voter literacy and doubts about India's ability to conduct elections before actually ~~conduct~~ conducting the elections.

These examples highlights the situation where to win, multiple battles had to ^{be} fought. However still question remains why is this the case?

The first and foremost argument of need to fight battle more than once is that before ~~embarking~~ embarking on journey to win, an individual need to overcome his "self doubts" which hinder the success. 9

As witnessed by "Swami Vivekananda" before going to Chicago to participate in World Conference of Religions. He doubted if he is worthy of going and could truly represent his religion and country. Swami Vivekananda resolved his self doubts through meditation and self introspection which gave him confidence and ultimately he enlightened millions of people through his speeches.

Similarly, a person for winning has to overcome fears of failure. Fears of failure restrict one's boundaries and demand conformity to societal standards.

When Ratan Tata announced his plan to provide a car within ₹16 Lakh many raised doubt on his vision. For once he himself thought if it is possible. However

his resolve helped him overcome fears of failure as he always believed in taking decisions and then doing hardwork to make them right, finally he won both battles and world witnessed the emergence of "Tata Nano". This highlights need to overcome fear of failure to succeed-

Even in the realm of social change some prejudices are so much imbedded in our character that they are difficult to part with. One such social prejudice is the patriarchy.

The effect of patriarchy is such that even some women doubt their own self ability to come forward and to challenge social norms. The same was witnessed during #Me too movement. Before raising voice for justice, women who had suffered first had to fight battle with their fears and doubts to report sexual harassment.

Like wise, after being shot by terrorist ^{whether} Malala Yusufzai had two options ^{where} to stay silent and get killed or raise voice for girls education and then get killed. She chooses the second position and become the beacon of light for millions suffering under Taliban regime. Thus to overcome social issue the first battle need to fought with social prejudice and inner complexion ^{in families} before winning battle for against external barriers.

As it is quoted "A House divided can never withstand". Similarly a nation need to fight continuously against issues of divisions, communalism and regionalism for sustainable peace. Leaders cannot rest after winning a battle.

As India witnessed bloodshed during partition, millions lost their lives.

However even after partition, continuous battle for sustaining peace had been waged in terms of linguistic reorganisation of states, balanced regional development and increased cultural interaction in form of Kashi-Tamil sangam. Thus for sustaining peace and harmony multiple battles have to won continuously.

In similar vein, the need to fight battle more than once also ~~was~~^{arise} to prove that first win was not out of luck.

When India succeeded in reaching Mars in its first attempt. Many of newspapers in western countries posted picture of "Indian with cow" trying to enter the so called 'elite' space club. However ISRO fought back again and in ~~2025~~ 2023 India became first country to reach south pole of moon. Hence this proved the success of ISRO was result of technological progress and Hardwork instead of sheer luck.

As compelling as these arguments are there are some counter arguments which need to be engaged for holistic understanding.

The first argument is about futility of fighting more than once as changing oneself cannot change others or a one individual is too small to bring a meaningful change.

However this argument is flawed it failed to recognise the inherent power of an individual. Dashmath Manji "the Mountain Man with his resolve was able to cut a road through mountains by all alone. Further as Palai Loma once quoted

"If you feel yourself to be small to bring change. Try to sleep with an mosquito"

The further argument would be not every time we have to fight twice as once a individual win over his mind he is able to influence others thoughts easily and guide them without need of much efforts.

This argument is valid as witnessed during "American civil ~~was~~ rights movement" Rosa Park denial of getting up from her seat led to ~~that~~ many others raising their voice against discrimination and injustice. A simple battle against ~~set~~ fear by Rosa Park led to huge movement.

However despite understanding this wisdom of need to fight more than once to win there are some challenges which restrict people from imbibing this profound truth.

The first ^{challenges} ~~battle~~ is lack of self confidence. where many fail to pursue their dreams as they lack self confidence to challenge the mental barriers.

Similarly other challenges is social conformity. As it is said the opposite of courage is not cowardice but conformity. This the reason for still existing caste based and gender based discrimination.

Further, rote learning hinder the development of questioning personality which is able to challenge inner infirmities and fears.

Thus to overcome there is need of education reforms. Students need to be taught to question, try and challenge. A holistic personality which accept failures as part of life need to be developed.

Further, the leaders should promote people to self introspect and mindfulness exercises to realise their try true potential. As it is said "The foremost responsibility of citizens is to ask the questions". Thus there is need to build questioning ~~mental~~ mentality to wage a inner battle.

To sum up, to win in any battle, first one have to overcome his inner self doubts, fear of failure and feeling being too small to bring change. To overcome this challenges their is need of developing holistic personality and questioning mind along with courage to accept contrary views.

Looking ahead, in the ~~wor~~ worlds of Michael Jackson

"Heal the world, make it a better place for you and me for entire human race"

To heal the world from wounds of poverty, injustice and violence the fight must start from self. Introspecting our thoughts and actions and mending them before embarking on the journey to challenge the external problems and shortcomings as the Roger bannister did!

खण्ड - B / SECTION - B

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The pursuit of instant validation is creating a generation of restless minds.

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we must become

It was 2015, Amazon decided to implement Artificial Intelligence system for hiring of employees. AI system was developed and trained on data of existing employees.

However later it was observed that as existing employees were majorly men, the AI system started discriminating against ~~men~~ resume of female candidates.

The resumes having words such as 'women University', women rugby team were automatically rejected. Finally Amazon had to discard this system.

This story of "Amazon hiring system" underscores the need of human qualities and oversight over technology for proper use. Without humane qualities and oversight digitalisation and automation can lead to exaggeration of inequalities and discriminations.

Automate to begin with, in this topic means use of technology in processes hitherto performed by human beings. Further "More human" means need to reinforce human values in the age of digitalisation.

Thus this topic underscores the need of reinforcing the human values and ethics in the world becoming more and more

automatic with adoption of digital technologies. There is need of human oversight and value system to use technologies for betterment of human kind.

In this essay we will delve into the need of becoming more human as we automate and also engage with some counter arguments for holistic understanding.

To begin, as we automate and increase the use of technology the personal intimacy and connections are reducing. As witnessed in multiple countries such as South Korea and Japan where robots have been deployed to overcome loneliness of elderly people instead of comfort of family connections and warmth.

Further use of digital technology is creating a "dry culture" where personal

उम्मीदवारों को इस दृष्टि में नहीं लिखना चाहिए
Candidates must not write on this margin

interaction through social media fulfils the requirement of communication but people fails to develop personal bonds and friendship.

In such a situation there is need of human to reinvogue the values of love and compassion to overcome dry culture and rebuild the connections and ensure personal bonds.

Further, as industries are automating the labour class is losing its importance. Microsoft decided to cut 2% of workforce as it deployed Artificial intelligence. Further TCS ~~also~~ ^{is} ~~bringing out~~ ^{bringing out} 12000 employees to make it self future ready.

The question is Does such automated future has any place for manual workers? Who would care for their needs? The answer lies in human value of protecting dignity of every individual. As Immanuel Kant said "Human are end in themselves not the means"

There is need of humane values which balance the productivity with labour welfare. During COVID 19 as well as 2008 financial crisis despite severe cut in production, Ratan Tata ensured no one lose ~~his~~ job in his companies. Thus there is need of becoming more like Ratan Tata as we automate so that instead of replacing workforce they can be reskilled and redeployed.

Further as it quoted "Technology is neither good nor bad" it depends on how it is used. In today's environment technology is used for "surveillance" and trample the privacy of citizens.

The social credit system of china is one such example where communist government controls the behaviour of its citizens using technology. There is need to become more human which respect the personal space of others and ~~respect~~ their privacy.

In the similar vein, there is need of humanistic consideration in implementation of technology for governance. This ensure fulfillment of constitutional values of equality and Justice

A striking example of death of 11 year old girl Santoshi Kumari in Jharkhand as ration card was not linked with Aadhaar highlight the impact of mechanical function and over reliance on technology without humanistic consideration.

Similarly, denial of wages to MGNREGS workers and use of technology for manipulating election reflect the need for integrity and social justice while developing technology and rolling out automatic systems for societal use.

Likewise, it is quoted "Algorithms are opinions imbedded in codes". Algorithms exhibit the opinions of its maker. As it is observed in multiple countries, AI systems deployed for policing are biased towards minority community and women.

There is a need to debug this business from automatic systems through feeding with data of diverse of communities.

Technology should be taught to treat every individual as equal. For that to happen first creators of such technology should imbibe the wisdom of "vasudhaiva kutumbakam" so that they can build system which benefit entire human race.

Further, as we automate the inequality of income also exaggerate. As per Oxfam report Top 5 richest individuals who control major technology companies in USA own more than entire African continent.

Thus human values should promote philanthropy and believe in sharing, need to be rekindled. For instance Bill Gates, founder of Microsoft runs Bill and Melinda gate foundation which is at forefront to

tackle diseases in Africa, developing vaccines and ensuring healthy future for this world.

Continuing further, Technology is a double edged sword how to use it require humane qualities so that it empowers instead of threatening the human existences.

The nuclear technology which if utilised for electricity generation can power millions of homes without much emission. However nuclear bombs dropped in Hiroshima and Nagasaki killed more than 2 lakh innocent individuals. This reflects the need to become human to use technology for progress instead of ^{10%} fueling arms race.

Furthermore, since ancient times environment is considered sacred. Rivers are considered more than just water and trees more than just wood. Excessive automation and ~~more~~ mechanistic lifestyle has broken this

bond with environment. Data centres running on electricity generated from fossil fuel are causing endless pollution. Mining to extract critical minerals for new age technologies leading to clearance of forests.

Thus there is need to imbibe India's endless ethos of 'Prakriti Rakshita Rakshita' Environment protect if she is protected. There is need to rebuild connection with ecology to overcome 'Techno stress' and endless pollution.

As compelling as these arguments are there are some counter views. First, technology also ensure ethics and help overcome human biases and ensure objective decision making. For instance use of Direct benefit transfer saved ₹ 3.5 Lakh crore from leakages

Further, technology adoption as we automate cannot held responsible for misuse, it is the very human being

who use technology for their personal interest and threaten and erode rights of others

For instance use of social media apps for spreading fake news and revenge porn. Further "Bully bai" app where minority community girls pictures were auctioned reflect poor human values and calls for introspection.

Having considered the need for becoming more human as we automate now question arise is the challenges which prevent us from become more humane.

Firstly, inequalities in the world hinder humane qualities. Western nations are dominating in new technologies such as AI, machine learning and deep learning. In order to perpetuate their dominance they are not willing to share technology with global south. And ensure equality and growth for all.

Further lack of Digital intelligence hinders realisation of harmful effect of excessive use of technology and misuse of technology. For instance, spread of fake news during COVID 19 using social media led to vaccine hesitancy and also attacks on minority community.

To overcome, as it is quoted "Biggest problem of today is we think too early that we understood the AI" There is need of deep introspection and use of technology for social good for that digital intelligence and literacy is must.

Further the values of "Madhyamarg" where there is need to balance human touch and human oversight while automating the process is the need of an hour.

To sum, as we increase the use of technology in daily life it important to guard our values of empathy, compassion, and respect of other privacy to overcome

challenges of unemployment, inequality and surveillance. There is need to rekindle human virtues which respect environment not as a resource but as a sacred entity

Looking ahead, as the world is witnessing spread of fake news, digital harassment and strengthening of Echo chambers there is need to become more humane which can wipe the tears of others and provide shoulder to the needy.

As Victor Hugo once said "No one can stop the idea whose time has come" Today is the era of automation however the need is while teaching machines how to think we must not forget how to feel!

Amazon → AI system exacerbated biasness, inequalities

SPACE FOR ROUGH WORK

The more we automate, the more human we must

As we make machine ^{become} to think we should not stop to feel.

Wddite.

Santoshi Kumar,

Padman

TCS → AI

Ecochamber

bully bai App.

Habea

WF → Digital literacy

Democratization Technology

Regulation

Ang → 6) = Envi. destruction

CA = Technology is value neutral

FA = ~~only~~ Tech best ethic

equality

over reliance on tech

lack of digital intelligence

More Automak → digitalise
Need More Human

Therps - Technology is good servant but bad master
→ Need of humane qualities implemented

Ang-1 → Technology eroding person
① Contact/Connection/Intim
Japan/south Korea Robot
Human dignity for all

Ang-2 = ~~Value of labour/lay off~~
② Empathy → TCS → Need
Ang = How to use tech → Habea.

Ang-3 = ~~Concern for follow, emo~~

Human dignity → Santoshi Kumar
Ang-4. → ~~Surveillance culture~~
China social credit syst
→ Respect privacy as part

Ang-5 = ~~Flatter bubble~~ → Inequality
Vaccine hoarding

SPACE FOR ROUGH WORK

life

Marthin Luther King

CA → ~~No need of battle~~
 'instead of muddling'
 No need of battle
 ← only self change

CA = Not only battle
 → understanding other
 view / listening
others

Challenges = Fear of failure
 = Lack of self confidence
 ← kill dreams.

= Confident
 Op^oposite of courage
 is not cowardice

= Difficulty ^{by} in introspection

WF = Accept the short
 coming

ISRO → sateshwar n

= open to change →

Courage to change
 and own conclusion → would freely violate
 self doubt to bring in change we want in our
 en. Peas Need is Introspect

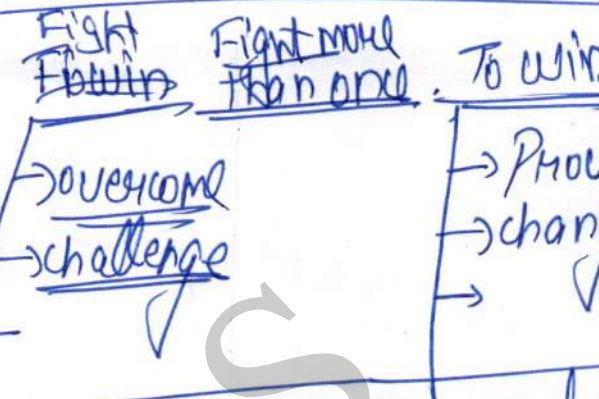
Roger Bannister 1954 →

SPACE FOR ROUGH WORK

You may have to fight a battle more than once to win it

Amjion → self doubt
Malala Yousafzai

Self doubt
fear.
social conformity



Thesis → Not only external but
mind/will / what each you
you become

AL

Courage
→ All our own
No one small
Nara

Election Commission
↓
Democracy
Literacy

Savitri Bai Phule
E. Prasad
Gandhi

- ① ~~Ang-1~~ → self doubt → survival
- ② ~~Ang-2~~ → Fear of failure → Being very small
- ③ ~~Ang-3~~ → social hindrance
- ④ ~~Ang-4~~ → Internal weakness
(Defecation → before of
illness → Internal
division → Internal
Prow.)
- ⑤ ~~Ang-5~~ → National

~~Ang-6~~ → Not a luck / Prove me

Ang-7 → Be the change you want

Ang-8 → Confucius

② Ang-9 → Eco chemistry