



VISIONIAS

INSPIRING INNOVATION

ABHYAAS MAINS

निबंध ESSAY

निर्धारित समय: तीन घंटे
Time Allowed: **Three Hours**

टेस्ट कोड/ Test Code : 2488

अधिकतम अंक: 250
Maximum Marks: 250

सामान्य अनुदेश

इस प्रश्न-सह-उत्तर (क्यू.सी.ए.) पुस्तिका में 32+2 पृष्ठ हैं। प्रश्न-पत्र, क्यू.सी.ए. पुस्तिका के अंत में संलग्न है, जो अलग (वियोज्य) किया जा सकता है और उम्मीदवार परीक्षा के उपरांत अपने साथ ले जा सकते हैं।

रफ कार्य के लिए तीन खाली पृष्ठ (पृष्ठ संख्या. 30-32) दिए गए हैं।

पुस्तिका प्राप्त होने पर, कृपया यह जांच कर लें कि इस क्यू.सी.ए. पुस्तिका में कोई कमी न हो, फटा हुआ पृष्ठ न हो अथवा कोई पृष्ठ गायब न हो इत्यादि। यदि ऐसा हो, तो इसके बदले नई क्यू.सी.ए. पुस्तिका प्राप्त कर लें।

General Instructions

This Question-cum-Answer (QCA) Booklet contains 33+2 pages. Question Paper in detachable form is available at the end of the QCA Booklet which can be taken away by the candidate after examination.

Three blank pages (Page Nos. 30-32) have been provided for rough work.

On receipt of the Booklet, please check that this QCA Booklet does not have any shortcomings, torn or missing pages etc. If so, get it replaced with a fresh QCA Booklet.

(उम्मीदवार द्वारा भरा जाएगा/To be filled by the Candidate)

पंजीकरण सं./Registration No. : 0896282

अभ्यर्थी का नाम/Name of Student : Shubhra Roy

माध्यम: हिंदी/अंग्रेजी
Medium: Hindi/English

तारीख
Date

25/8/23

निबंध ESSAY

केंद्र
Centre

Vision IAS
Delhi - 03

निरीक्षक के हस्ताक्षर
Invigilator's Signature

	<p style="text-align: center;">महत्वपूर्ण अनुदेश</p> <p>उम्मीदवार को नीचे उल्लिखित निर्देश सावधानी से पढ़ लेने चाहिए। किसी भी निर्देश का उल्लंघन करने पर उम्मीदवार को मिलने वाले अंकों में कटौती, उम्मीदवारी रद्द, आयोग के परवर्ती परीक्षाओं के लिए वर्जित करने इत्यादि के रूप में दण्डित किया जा सकता है।</p>	<p style="text-align: center;">Important Instructions</p> <p>Candidate should read the undermentioned instructions carefully. Violation of any of the following instructions may entail penalty in the form of deduction of marks, cancellation of candidature, debarment from further Examination of the Commission etc.</p>
1	<p>(क) अपना पंजीकरण सं. एवं अन्य विवरण केवल प्रश्न-सह-उत्तर पुस्तिका (क्यू.सी.ए.) में उम्मीदवार के लिए निर्धारित स्थान पर ही लिखें।</p> <p>(ख) इस पुस्तिका में अन्यत्र कहीं भी अपना नाम, पंजीकरण सं., मोबाइल नं., पता अथवा प्रश्न-सह-उत्तर पुस्तिका (क्यू.सी.ए.) संख्या न लिखें जिससे आपकी पहचान का खुलासा हो।</p>	<p>(a) Write your Registration Number and other details only in the space provided in the Question-Cum-Answer (QCA) Booklet for candidates.</p> <p>(b) Do not disclose your identity in any manner such as, by writing your Name, Registration number, Mobile number, Address, Question-Cum-Answer (QCA) Booklet No. etc. elsewhere in the Booklet</p>
2	<p>अपनी क्यू.सी.ए. पुस्तिका में कहीं भी प्रश्नों के वास्तविक उत्तर के अतिरिक्त कुछ न लिखें जैसे कि कोई कविता/दोहा, अभद्र या अपमानजनक अभिव्यक्ति इत्यादि और न ही कोई ऐसा चिन्ह/निशान बनाएं जिसका उत्तर से सम्बन्ध न हो।</p>	<p>Do not write in the QCA Booklet anything other than the actual answer such as couplet, obscene, abusive expression etc., nor put any sign/mark having no relevance to the answer.</p>
3	<p>परीक्षक को प्रत्यक्ष/अप्रत्यक्ष रूप से कोई भी प्रार्थना/धमकी भरी बातें न लिखें।</p>	<p>Do not make any direct/indirect appeal/threat to the examiner.</p>
4	<p>उत्तर अस्पष्ट अथवा गंदी लिखावट में न लिखें। इस प्रकार के उत्तर का मूल्यांकन नहीं भी किया जा सकता है।</p>	<p>Do not write answers in bad/illegible handwriting. Such answers may not be evaluated.</p>
5	<p>उत्तर स्याही में ही लिखें। उत्तर लिखने के लिए पेंसिल का उपयोग न करें, हालांकि आरेख, चित्र इत्यादि बनाने के लिए पेंसिल का उपयोग किया जा सकता है।</p>	<p>Write answers in ink only. Do not use pencil for writing the answers. However, pencil may be used for drawing diagrams, sketches, etc.</p>
6	<p>प्रवेश पत्र में उल्लेख किए गए माध्यम के अलावा अन्य किसी माध्यम में उत्तर न लिखें। अधिकृत और अनधिकृत की मिली जुली भाषा का भी उपयोग न करें।</p>	<p>Do not write answers in medium other than the authorized medium in the Admission Certificate. Do not use mixed language either i.e. authorize and unauthorized media together for writing answers.</p>
7	<p>प्रश्नों के उत्तर ठीक उसके नीचे दिए गए निर्धारित स्थान पर ही लिखें। निर्धारित स्थान के अलावा किसी अन्य स्थान पर लिखे गए उत्तर का मूल्यांकन नहीं किया जाएगा।</p>	<p>Write answer at the specific space (right below the question) only. Answers written elsewhere at unspecified places in the booklet shall not be evaluated.</p>
8	<p>यदि आप अपने किसी उत्तर को रद्द करना चाहते हैं तो उसे पेन से काट दें तथा उस पर "रद्द" लिख दें, अन्यथा उसका मूल्यांकन किया जा सकता है।</p>	<p>If you wish to cancel any work, draw your pen through it and write "Cancelled" across it, otherwise it may be valued.</p>



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निबंध

निर्धारित समय: तीन घंटे

टेस्ट कोड : 2488

अधिकतम अंक: 250

प्रश्न-पत्र संबंधी विशेष अनुदेश

(प्रश्नों के उत्तर देने से पूर्व निम्नलिखित प्रत्येक अनुदेश को ध्यानपूर्वक पढ़ें)

प्रवेश-पत्र में प्राधिकृत माध्यम में निबंध लिखना आवश्यक है तथा इस माध्यम का स्पष्ट उल्लेख प्रश्न-सह-उत्तर (क्यू.सी.ए.) पुस्तिका के मुखपृष्ठ पर निर्दिष्ट स्थान पर करना आवश्यक है। प्राधिकृत माध्यम के अलावा अन्य माध्यम में लिखे गए उत्तरों पर अंक नहीं दिए जाएंगे।

प्रश्नों के उत्तर निर्दिष्ट शब्द-संख्या के अनुसार होने चाहिए।

प्रश्न-सह-उत्तर पुस्तिका में खाली छोड़े गए किसी पृष्ठ व पृष्ठ के भाग को पूर्णतः काट दीजिए।

ESSAY

Time Allowed : Three Hours

Test Code : 2488

Maximum Marks : 250

QUESTION PAPER SPECIFIC INSTRUCTIONS

(Please read each of the following instructions carefully before attempting questions)

The ESSAY must be written in the medium authorized in the Admission Certificate which must be stated clearly on the cover of this Question-cum-Answer (QCA) Booklet in the space provided. No marks will be given for answers written in a medium other than the authorized one.

World limit, as specified, should be adhered to.

Any page or portion of the page left blank in the Question-cum-Answer Booklet must be clearly struck off.

EVALUATION INDICATORS

1. Contextual Competence
2. Content Competence
3. Language Competence
4. Introduction Competence
5. Structure - Presentation Competence
6. Conclusion Competence

Overall Macro Comments / feedback / suggestions on Answer Booklet:

1.

2.

3.

4.

5.

6.

All the Best

खंड A और B प्रत्येक से एक-एक विषय चुनकर दो निबंध लिखिए, जो प्रत्येक लगभग 1000-1200 शब्दों में हो :

Write **two** essays, choosing **one** topic from each of the Sections A and B, in about 1000-1200 words each : 125 x 2 = 250

खण्ड – A / SECTION – A

1. टूटे हुए बयस्क की मरम्मत करने की तुलना में मजबूत बच्चों का निर्माण करना आसान है।
It is easier to build strong children than to repair broken men.
2. कोरा तर्कपूर्ण मन उस चाकू के समान है जिसमें केवल फलक ही फलक है, वह प्रयोग करने वाले हाथों को ही लहलुहान कर देता है।
A mind all logic is like a knife all blade, it makes the hand bleed that uses it.
3. जब कैटरपिलर को लगता है कि दुनिया खत्म हो गई, वह तितली बन जाता है।
(Just when the caterpillar thought the world was over, it became a butterfly.)
4. इतिहास, मनुष्य की स्मृतियों पर समय द्वारा लिखी गई एक चक्रीय कविता है।
History is a cyclic poem written by time upon the memories of man.

खण्ड – B / SECTION – B

5. बुद्धिमान व्यक्ति तुरंत वही करता है जो मूर्ख अंततः करता है।
The wise man does at once what the fool does finally.
6. दुनिया उन लोगों के लिए एक त्रासदी है जो महसूस करते हैं, लेकिन उन लोगों के लिए एक कॉमेडी है जो विचार करते हैं।
The world is a tragedy to those who feel, but a comedy to those who think.
7. पूर्ण स्पष्टता से बुद्धि को तो लाभ होगा लेकिन इच्छाशक्ति को क्षति पहुंचेगी।
Perfect clarity would profit the intellect but damage the will.
8. अपना चेहरा रोशनी की ओर रखिए और आपको कोई छाया दिखाई नहीं देगी।
Keep your face to the sunshine and you cannot see a shadow.

खण्ड - A / SECTION - A

1. टूटे हुए वयस्क की मरम्मत करने की तुलना में मजबूत बच्चों का निर्माण करना आसान है।
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Just when the caterpillar thought the world was over, it became a butterfly

It was the year 1893, a young lawyer was travelling in a first class compartment of a train in South Africa. The ride was going smooth until a white man objected to his presence in the compartment.

As per the White Man, privileges of first class travel are only for the superior ~~to~~ white race.

not for brown people like him
An argument broke out and
despite having a legitimate
ticket, he was thrown outside
the train. He was shattered
and felt humiliated. Surely
thoughts of quitting his work,
accepting the inferior status of
brown people must have crossed
his mind? But as they say
'It ain't over till it's over'
He spearheaded the anti-discrimination
movement in South Africa,
came back to his native
country to head the mass
freedom struggle. In this
way, the young lawyer that
may have felt his story
was over, ended up being
synonymous with India's
freedom movement.

As per Nelson Mandela, "It always seems impossible, until it's done". The closer one is to success, the harder it gets to continue. This idea is also captured in the common saying that the night is always the darkest before the dawn.

In this Essay we'll explore why the Caterpillar thinks the world is over, what does becoming a butterfly signify? How has this idea played out in various situations and what can be done to ensure a caterpillar becomes a butterfly.

A caterpillar on its journey to becoming a butterfly is locked in its cocoon just before the final stage. In the cocoon it is engulfed by darkness. The darkness often colours the

Judgement of the caterpillar.
That pitch black surrounding
makes it difficult for the
caterpillar to fathom that
there is light beyond this
stage.

The caterpillar slowly gets
accustomed to its state, it
becomes its comfort zone
which leads it to believe
that the world is over for it.

Greek Philosopher Protagoras
said "Man is the measure
of all things". It means
that personal experiences,
beliefs and values guide our
thoughts and actions. For a
caterpillar, becoming a butterfly
is therefore unfathomable. All
it knows is the life of being a
caterpillar and the darkness of its
shell. Won't it then be too

Inachorous to dream of being a butterfly?!

Now that we have explored the reasons for why caterpillar thinks the world is over, let's explore what becoming a butterfly signifies.

From caterpillar to butterfly signifies the process of transformation. Every life form on earth goes through this with caterpillar signifying the stage of infancy and Butterfly the stage of maturity.

Further, Butterfly also signifies success and caterpillar the stage of struggle. As the caterpillar navigates the phase of struggle, its natural for it to think the world is limited, all there is in this

would is suffering. But as
said by Lord Buddha, All
is suffering and all is
impermanent. Therefore, even

the stage of caterpillar is in is
only temporary and its ultimate
destiny is to be a butterfly.

The theme of success being just
around the corner can be
seen through multiple cases.

Europe in the Medieval times
was engulfed in the 'dark age'
of prejudice, religious wars,
however just when the continent
was about to be lost in
oblivion, Renaissance happened
and transformed the continent
into the modern force we
see today.

Similar is the case with former

USSR. First World War ravaged the country, there was little hope for a turnaround, until the Russian Revolution took place which led to its industrialization and secured its place as one of the superpowers during the Cold War Era.

Even for our country, the story seemed over post securing Independence as illiteracy was high, polity was fragmented and communal fervour was high. However India's rise as the World's largest democracy is testament to the power of resilience.

In the same way, even in the Economic sphere we see that just when the countries were

at their lowest, their resolve to undertake reforms has led to their transformation.

Indian economy in 1991 was at the brink of collapse, however the fast-paced reforms led to its quick-turnaround. As per IMF, India is set to become the 3rd largest economy by 2027.

Similar is the case with Asian economies of Japan, South Korea, Vietnam or Singapore, just when the world was about to dismiss them, their reforms bore fruit and they became Asian powerhouses.

Even at the level of individuals we can see that as they were closer to defeat, their resilience helped them transform.

Breakthrough scientific discoveries are not easy. Surely one has to face many failures before one can achieve his aim. But what if one has to face thousands of failures? Won't then one feel like giving up? Well this was the case with the inventor of light bulb, Edison. He had to go through multiple failures to become the inventor we know today.

When Nelson Mandela was released out of jail after 27 years, the system of Apartheid had already sown deep divisions in the diverse society of South Africa.

Surely, the thought of accepting the failure of his anti-apartheid struggle may have seemed a possibility. However he kept his resolve of ending exploitation of one of race by another and became the 'Father of the nation of South Africa'.

उम्मीदवारों को इस हिसाब में नहीं लिखना चाहिए
Candidates must not write on this margin

Now that we have explored the theme through different examples, we need to discuss steps to ensure caterpillar turns into a butterfly.

Well at the individual level, caterpillar needs strong self-belief to power through the dark times. This can be achieved through value-based education. As per John Locke,

"Mind is a tabula rasa at birth" Therefore children need to be taught values of perseverance, faith to make them resilient adults.

Further, correct support system needs to be ensured to strengthen the resolve of the Caterpillar in the face of adversity. Here, the role of family, peers, society is crucial.

Further, Governments can play a role through improving Mental Healthcare system in a country.

Therefore at the end, just as the young dejected lawyer was a 'Mahatma' in the making similarly every ~~de~~ lost Caterpillar is nothing but a butterfly in waiting?

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VisionIAS

5. बुद्धिमान व्यक्ति तुरंत वही करता है जो मूर्ख अंततः करता है।
The wise man does at once what the fool does finally.
6. दुनिया उन लोगों के लिए एक त्रासदी है जो महसूस करते हैं, लेकिन उन लोगों के लिए एक कॉमेडी है जो विचार करते हैं।
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Keep your face to the sunshine and you cannot see a shadow.

Keep your face to the sunshine & you
can't see a shadow

Four years ago, Indian scientists set out to attain a difficult feat. India was eyeing to become the first country to touchdown at the south pole of the moon. Stage was set. Millions tuned in to watch as Vikram lander navigated its way to the Moon's surface. But as fate shall have it, the lander crashed on the moon's surface and with it the aspirations of millions. However dreams like

This don't shatter, they gather strength. Our scientific community refused to accept this defeat and improved keeping every possible glitch in mind. They kept their face to the moon and as a result, in 2023 India became the first country to land on the south pole of the moon

Chandrayaan's story is from failure to celestial glory is a true testament to the fact that keeping one's face to the sunshine amidst looming shadow ultimately leads to success.

In this Essay, we will break down what keeping your face to sunshine means, why it is necessary, manifestations of this idea in different scenarios and end with prescriptions to ensure we do the same.

We have often heard of the advice to keep our face to the sunshine, but what does it mean? Well, keeping one's face to the sunshine entails keeping a positive attitude in the face of difficulty.

Attitudes guide our behaviour therefore Right attitude is key to Right Actions. This has also been reiterated by Buddha in his 8 fold path where Right Mindfulness is given as a step to attain Nirvana.

Further, Sunshine also signifies Hope. Hope is a positive emotion that helps a person stay resilient in tough times. This can be seen in the context of various freedom movements where the hope of sovereignty, helped

people to persevere amidst the shadows of colonial exploitation

उम्मीदवारों को इस हाशिए में नहीं लिखना चाहिए
Candidates must not write on this margin

Keeping one's face to the sunshine also signifies focusing on one's strength rather than shortcomings. When defeat feels closer than success, it of ~~less~~ happens that one starts focusing on all the negatives, this ultimately drags a person further away from success. Therefore, it is crucial to count one's blessings and strengths it times of uncertainty.

Further, facing sunshine also signifies Fortitude. Plato in his concept of Unity of Virtues has listed it as one of the four cardinal virtues which forms the base

of all other virtues. Fortitude allows one to continue on their chosen path despite the darkness.

Now that we have seen the importance of facing the sunshine, why is it necessary to block the shadow?

Through the process of Evolution, Human mind has acquired a negativity bias. Thoughts of giving up therefore are more likely in face of challenges than treading the chosen path. Therefore it is important to keep focusing on the positives, on the sunshine to avoid being consumed by the negative thoughts.

Negative beliefs, emotions and thoughts often lead to a self-

fulfilling prophecy where our emotions limit our potential rather than fueling them. Our thoughts become our actions thus we need to avoid the shadow of Negativity for taking right steps.

Now that we have established the essence of the statement, let's see how it holds up in different cases.

In 1947, as India attained freedom, it was engulfed in the shadow of poverty, illiteracy, communal clashes and a shattered Economy. In spite of this India kept focusing on the sunshine of planning, Robust Constitution, reforms with the result that 77 years later it has emerged as the economic bright spot

amidst global uncertainty.

Similarly, the story of our neighbour Bangladesh also justifies the importance of facing sunshine. When Bangladesh separated from erstwhile Pakistan, the hopes from this nation couldn't have been lower.

Henry Kissinger dismissed it as an "International Basket Case". However by focusing on its strengths and integrating it in the global value chain, its per capita income has now become higher than even India!

Even in the social realm, we see that focussing on the sunshine leads to attainment of one's goals.

B.R. Ambedkar had to experience the caste discrimination openly.

practised before constitution came into being. However, he kept his resolve and fought for the rights of Dalits and ensured their dignity through Constitutional protection.

For another marginalized group the strategy of facing the sunshine amidst shadow of prejudice, discrimination has borne fruits. Women around the world protested for equal right to vote which ultimately led to universal suffrage being accepted.

Even today, women are continuing their fight against unequal political representation, gender pay gap, social discrimination and in this fight focusing on the 'sunshine' of Gender Equality is their guiding light.

From forest fires in Hawaii to heat waves in Europe, the world is witnessing the wrath of climate change. The shadow of breaching 2°C limit set under Paris agreement looms large. However despite the darkness, we need to focus on the 'sunshine' of collective action, climate justice to ensure a sustainable future for the coming generations.

Even in the Technological field we see the shadow of uncertainty as the world stands on the cusp of an AI revolution. Will the future be gloomy as portrayed in the hollywood movie 'Matrix', with machines

undertaking Humans? Well, that depends on the course of action we choose today. Scientists and Policy makers need to ensure proper regulations so that technology keeps humanity at its core as suggested by Einstein

However is it wise to always avoid the shadow?

Avoiding the shadow or accepting it draws parallel to the debate between Rationality and Romanticism. Romanticism helps us to set lofty goals, and dream big, however Rationality helps us be realistic in terms of our goals and actions. For example, Sri Lanka's complete ban on chemical fertilizer was driven by the romantic idea

of becoming a fully organic state
however they refused to factor
in the 'shadow' of food system
collapse, which further aggravated
the poor economic situation of
the country

Further, seeing the shadow
helps us to see the full
picture. Holistic assessment
of the scenario helps in taking
the right actions.

Factoring in the shadow also
helps to know when to
quit. Q.4 Noble laureate CV Raman
failed to qualify the Medical
exam required to be a civil
servant. However instead of
trying again, he chose to pursue
his interest in Physics and
became one of the greatest
scientific minds of this land.

• Therefore, to be able to be hopeful at the same time be realistic one needs to develop the quality of Emotional Intelligence

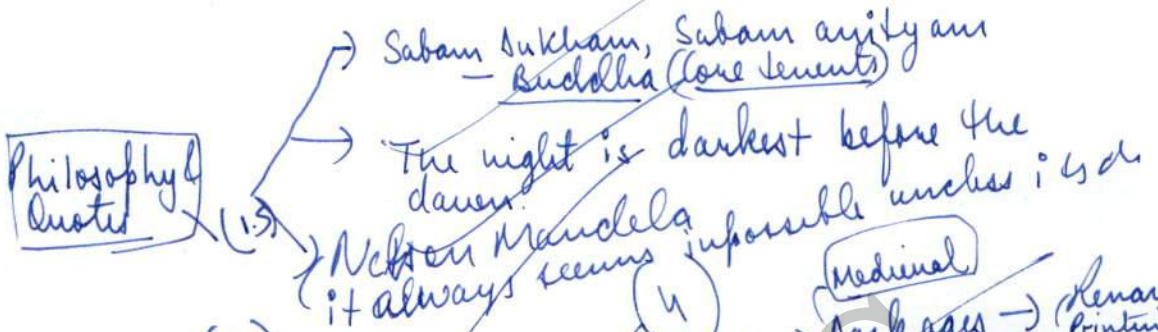
At the level of society, we need to normalize failure to enable people to pursue their ambitions without living in fear of the shadow of failed expectations or mockery.

Further, we need to ensure visionary leaders in the government to serve as role models for others

At last, the future is not set in stone, it is our resolve to keep going despite the shadows that determine our chances of success. As the story of Chandrayan 3 has proved, if we stay hopeful, even sky is not the limit!

SPACE FOR ROUGH WORK

1) Just when the caterpillar thought the world was over, it became a butterfly. → Inno → It was 1893, a young lawyer



Soc & Philos
Aristotle
Individual

(3) Why Caterpillar thought the world was over?

- 1) Man is the measure of all things (Protagoras (Greek Philosopher))
- lived experiences
- At times past failures drag us down

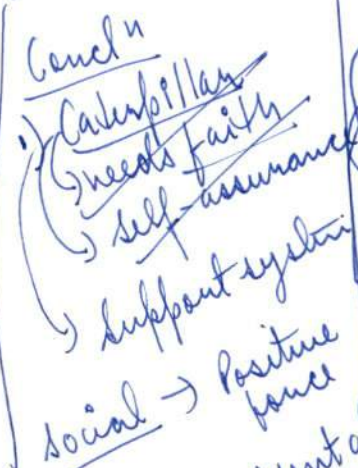
2) Darkness → 1st + difficult to see there's light at the end of the tunnel.

acceptance, commitment, make it sure name.

3) Comfort zone

4) What does becoming a butterfly signify? (1)

- 1) 'Success'
- 2) 'Transformation'



Individual

- Thomas Alva Edison
- failed 1000 times
- Gandhi thrown out of the

Even in the mud & slum of

SPACE FOR ROUGH WORK

Goalⁿ

1) EI →

2) Resilience → Society
(in kids)
(normalizing failure)

3) Gov → Visionary leaders

" future is not set in stone,
~~not~~ even sky is not the
Sun limit -

AL