



VISIONIAS

INSPIRING INNOVATION

ABHYAAS MAINS

निबंध ESSAY

निर्धारित समय: तीन घंटे
Time Allowed: **Three Hours**

टेस्ट कोड/ Test Code : 2488

अधिकतम अंक: 250
Maximum Marks: 250

सामान्य अनुदेश

इस प्रश्न-सह-उत्तर (क्यू.सी.ए.) पुस्तिका में 32+2 पृष्ठ हैं। प्रश्न-पत्र, क्यू.सी.ए. पुस्तिका के अंत में संलग्न है, जो अलग (वियोज्य) किया जा सकता है और उम्मीदवार परीक्षा के उपरांत अपने साथ ले जा सकते हैं।

रफ कार्य के लिए तीन खाली पृष्ठ (पृष्ठ संख्या. 30-32) दिए गए हैं।

पुस्तिका प्राप्त होने पर, कृपया यह जांच कर लें कि इस क्यू.सी.ए. पुस्तिका में कोई कमी न हो, फटा हुआ पृष्ठ न हो अथवा कोई पृष्ठ गायब न हो इत्यादि। यदि ऐसा हो, तो इसके बदले नई क्यू.सी.ए. पुस्तिका प्राप्त कर लें।

General Instructions

This Question-cum-Answer (QCA) Booklet contains 33+2 pages. Question Paper in detachable form is available at the end of the QCA Booklet which can be taken away by the candidate after examination.

Three blank pages (Page Nos. 30-32) have been provided for rough work.

On receipt of the Booklet, please check that this QCA Booklet does not have any shortcomings, torn or missing pages etc. If so, get it replaced with a fresh QCA Booklet.

(उम्मीदवार द्वारा भरा जाएगा/To be filled by the Candidate)

पंजीकरण सं./Registration No. : 710846

अभ्यर्थी का नाम/Name of Student : Madhavi Agarwal

माध्यम: हिंदी/अंग्रेजी
Medium: Hindi/English

ENGLISH.

तारीख
Date

25th Aug '23 .

निबंध ESSAY

केंद्र
Centre **BHOPAL**

निरीक्षक के हस्ताक्षर
Invigilator's Signature

	<p style="text-align: center;">महत्वपूर्ण अनुदेश</p> <p>उम्मीदवार को नीचे उल्लिखित निर्देश सावधानी से पढ़ लेने चाहिए। किसी भी निर्देश का उल्लंघन करने पर उम्मीदवार को मिलने वाले अंकों में कटौती, उम्मीदवारी रद्द, आयोग के परवर्ती परीक्षाओं के लिए वर्जित करने इत्यादि के रूप में दण्डित किया जा सकता है।</p>	<p style="text-align: center;">Important Instructions</p> <p>Candidate should read the undermentioned instructions carefully. Violation of any of the following instructions may entail penalty in the form of deduction of marks, cancellation of candidature, debarment from further Examination of the Commission etc.</p>
1	<p>(क) अपना पंजीकरण सं. एवं अन्य विवरण केवल प्रश्न-सह-उत्तर पुस्तिका (क्यू.सी.ए.) में उम्मीदवार के लिए निर्धारित स्थान पर ही लिखें।</p> <p>(ख) इस पुस्तिका में अन्यत्र कहीं भी अपना नाम, पंजीकरण सं., मोबाइल नं., पता अथवा प्रश्न-सह-उत्तर पुस्तिका (क्यू.सी.ए.) संख्या न लिखें जिससे आपकी पहचान का खुलासा हो।</p>	<p>(a) Write your Registration Number and other details only in the space provided in the Question-Cum-Answer (QCA) Booklet for candidates.</p> <p>(b) Do not disclose your identity in any manner such as, by writing your Name, Registration number, Mobile number, Address, Question-Cum-Answer (QCA) Booklet No. etc. elsewhere in the Booklet</p>
2	<p>अपनी क्यू.सी.ए. पुस्तिका में कहीं भी प्रश्नों के वास्तविक उत्तर के अतिरिक्त कुछ न लिखें जैसे कि कोई कविता/दोहा, अभद्र या अपमानजनक अभिव्यक्ति इत्यादि और न ही कोई ऐसा चिन्ह/निशान बनाएं जिसका उत्तर से सम्बन्ध न हो।</p>	<p>Do not write in the QCA Booklet anything other than the actual answer such as couplet, obscene, abusive expression etc., nor put any sign/mark having no relevance to the answer.</p>
3	<p>परीक्षक को प्रत्यक्ष/अप्रत्यक्ष रूप से कोई भी प्रार्थना/धमकी भरी बातें न लिखें।</p>	<p>Do not make any direct/indirect appeal/threat to the examiner.</p>
4	<p>उत्तर अस्पष्ट अथवा गंदी लिखावट में न लिखें। इस प्रकार के उत्तर का मूल्यांकन नहीं भी किया जा सकता है।</p>	<p>Do not write answers in bad/illegible handwriting. Such answers may not be evaluated.</p>
5	<p>उत्तर स्याही में ही लिखें। उत्तर लिखने के लिए पेंसिल का उपयोग न करें, हालांकि आरेख, चित्र इत्यादि बनाने के लिए पेंसिल का उपयोग किया जा सकता है।</p>	<p>Write answers in ink only. Do not use pencil for writing the answers. However, pencil may be used for drawing diagrams, sketches, etc.</p>
6	<p>प्रवेश पत्र में उल्लेख किए गए माध्यम के अलावा अन्य किसी माध्यम में उत्तर न लिखें। अधिकृत और अनधिकृत की मिली जुली भाषा का भी उपयोग न करें।</p>	<p>Do not write answers in medium other than the authorized medium in the Admission Certificate. Do not use mixed language either i.e. authorize and unauthorized media together for writing answers.</p>
7	<p>प्रश्नों के उत्तर ठीक उसके नीचे दिए गए निर्धारित स्थान पर ही लिखें। निर्धारित स्थान के अलावा किसी अन्य स्थान पर लिखे गए उत्तर का मूल्यांकन नहीं किया जाएगा।</p>	<p>Write answer at the specific space (right below the question) only. Answers written elsewhere at unspecified places in the booklet shall not be evaluated.</p>
8	<p>यदि आप अपने किसी उत्तर को रद्द करना चाहते हैं तो उसे पेन से काट दें तथा उस पर "रद्द" लिख दें, अन्यथा उसका मूल्यांकन किया जा सकता है।</p>	<p>If you wish to cancel any work, draw your pen through it and write "Cancelled" across it, otherwise it may be valued.</p>



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निर्धारित समय: तीन घंटे

टेस्ट कोड : 2488

अधिकतम अंक: 250

प्रश्न-पत्र संबंधी विशेष अनुदेश

(प्रश्नों के उत्तर देने से पूर्व निम्नलिखित प्रत्येक अनुदेश को ध्यानपूर्वक पढ़ें)

प्रवेश-पत्र में प्राधिकृत माध्यम में निबंध लिखना आवश्यक है तथा इस माध्यम का स्पष्ट उल्लेख प्रश्न-सह-उत्तर (क्यू.सी.ए.) पुस्तिका के मुखपृष्ठ पर निर्दिष्ट स्थान पर करना आवश्यक है। प्राधिकृत माध्यम के अलावा अन्य माध्यम में लिखे गए उत्तरों पर अंक नहीं दिए जाएँगे।

प्रश्नों के उत्तर निर्दिष्ट शब्द-संख्या के अनुसार होने चाहिए।

प्रश्न-सह-उत्तर पुस्तिका में खाली छोड़े गए किसी पृष्ठ व पृष्ठ के भाग को पूर्णतः काट दीजिए।

ESSAY

Time Allowed : Three Hours

Test Code : 2488

Maximum Marks : 250

QUESTION PAPER SPECIFIC INSTRUCTIONS

(Please read each of the following instructions carefully before attempting questions)

The ESSAY must be written in the medium authorized in the Admission Certificate which must be stated clearly on the cover of this Question-cum-Answer (QCA) Booklet in the space provided. No marks will be given for answers written in a medium other than the authorized one.

World limit, as specified, should be adhered to.

Any page or portion of the page left blank in the Question-cum-Answer Booklet must be clearly struck off.

EVALUATION INDICATORS

1. Contextual Competence
2. Content Competence
3. Language Competence
4. Introduction Competence
5. Structure - Presentation Competence
6. Conclusion Competence

Overall Macro Comments / feedback / suggestions on Answer Booklet:

1.

2.

3.

4.

5.

6.

All the Best

खंड A और B प्रत्येक से एक-एक विषय चुनकर दो निबंध लिखिए, जो प्रत्येक लगभग 1000-1200 शब्दों में हो :

Write **two** essays, choosing **one** topic from each of the Sections A and B, in about 1000-1200 words each :

125 x 2 = 250

खण्ड – A / SECTION – A

1. टूटे हुए वयस्क की मरम्मत करने की तुलना में मजबूत बच्चों का निर्माण करना आसान है।
It is easier to build strong children than to repair broken men.
2. कोरा तर्कपूर्ण मन उस चाकू के समान है जिसमें केवल फलक ही फलक है, वह प्रयोग करने वाले हाथों को ही लहलुहान कर देता है।
A mind all logic is like a knife all blade, it makes the hand bleed that uses it.
3. जब कैटरपिलर को लगता है कि दुनिया खत्म हो गई, वह तितली बन जाता है।
Just when the caterpillar thought the world was over, it became a butterfly.
4. इतिहास, मनुष्य की स्मृतियों पर समय द्वारा लिखी गई एक चक्रीय कविता है।
History is a cyclic poem written by time upon the memories of man.

खण्ड – B / SECTION – B

5. बुद्धिमान व्यक्ति तुरंत वही करता है जो मूर्ख अंततः करता है।
The wise man does at once what the fool does finally.
6. दुनिया उन लोगों के लिए एक त्रासदी है जो महसूस करते हैं, लेकिन उन लोगों के लिए एक कॉमेडी है जो विचार करते हैं।
The world is a tragedy to those who feel, but a comedy to those who think.
7. पूर्ण स्पष्टता से बुद्धि को तो लाभ होगा लेकिन इच्छाशक्ति को क्षति पहुंचेगी।
Perfect clarity would profit the intellect but damage the will.
8. अपना चेहरा रोशनी की ओर रखिए और आपको कोई छाया दिखाई नहीं देगी।
Keep your face to the sunshine and you cannot see a shadow.

खण्ड - A / SECTION - A

उम्मीदवारों को
इस हार्शिए में
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JUST WHEN THE CATERPILLAR
THOUGHT THE WORLD WAS OVER, IT
BECAME A BUTTERFLY.

She was lying on the hospital bed after a rail accident. The accident where she was physically abused and thrown out of a running train. She lost one of her leg in the accident and felt like her life has no meaning left. However, she never knew that it was a turning

point of his life rather than an end.
At the moment, she gathered courage to dream and climb Mount Everest as an amputee, which she eventually did.

The above is a real life anecdote of ARUNIMHA SINHA the first female amputee to climb Mount Everest. Her story clearly exemplifies the topic of the essay. She was a caterpillar post the accident and thought all was over. Instead at that moment she turned into a butterfly to fly out with shiny colours.

To begin with, it becomes essential to deconstruct the key phrases of the essay. The analogy of a caterpillar to butterfly shows a ~~story~~ story.

उम्मीदवारों को इस कक्ष में नहीं लिखना चाहिए
Candidates must not write on this margin

of growth and success. One goes ~~to~~ through different life stages which form the lows and highs of ^{their} journey.

At the end of one stage one may feel that all is lost and there is no hope ahead. ~~but these~~ Rather, these are life's turning moments, which follow a better world ahead.

The essay's topic inspires us to have patience and hope at the darkest moments. At such moments, only a little perseverance can turn a naïve caterpillar to a colourful flying butterfly. Let us now dive deep into the essay through multiple dimensions.

Philosophical texts have taught humans

about hope and patience. Take the case of ARJUNA in Mahabharata. Standing in Kurukshetra with Krishna as his charioteer he wanted to give up arms. For him the war was ^{an} end to the world. Never did he sense that moment was a chance to transform into a butterfly through the advice of Krishna. Hence, philosophy has shown the turning of Angia a caterpillar into a Kama Yogi butterfly.

Post-philosophy, even science has been replete with stories of endurance. A scientific experiment to make a bulb took ten thousand attempts for Edison. At each attempt he thought this is the end of his experiment. Rather with each repeated experiment he was transforming

to better self just like a butterfly
is transformed from a small caterpillar.

Not just science even movies
have shown the essence of topic via
fictional / real characters. The movie "Life
of a Pi" is a case in point. The
lead is stuck in a life boat with a
tiger in the middle of an ocean. For
him the world seemed to end. Yet,
at that moment he wrote in his diary
"ABOVE ALL IS HOPE". It was this spirit
that allowed the lead to fight the
crisis and came out flying like a
butterfly.

From the real world of movies
to the real world of corporates, we
see turning points of lot of successful

Startups and entrepreneurs. Many face an
end in the pursuit to build a great
company. For example, Elon Musk failed
repeatedly to launch a re-usable space launch
vehicle named Falcon. Rather than giving
up after three failed tests, he took
this as a growth phase. ~~and~~ eventually
succeeded in creating SpaceX. SpaceX and
Elon Musk are truly a great example of
the caterpillar to butterfly transformation.

Like corporates, even nations have
transformed like a phoenix rises from ashes.
The story of Japan that suffered nuclear
hits in 1945 denoted their end as a global

power. Even at that darkest moment,
Japan showed resilience and patience.
Today, the Japanese transformation from

a weak caterpillar to a rising butterfly beautifully conveys the essence of the topic.

With multiple examples, it was seen how a moment which may seem like a dead-end can be an opportunity to reconfigure oneself. However, often different entities face different roadblocks in this journey of transformation. Let us discuss these challenges.

Today endurance and patience have become a rare trait. People and communities have developed a trait to give up early in the game. Very few have the spirit to burn and persevere.

This can be further attributed to the "one click generation" that technology has created. People today hence look for instant gratification. This mental psychology acts as a hurdle in one's turning from a caterpillar to birth.

Lastly, our world has become much more competitive and challenging unlike before. The times of uncertainty are often at their highest making the whole environment complex to endure like a butterfly.

After having delved upon few problems, let us ~~to~~ now discuss some feasible solutions. These solutions can help the feeble caterpillar to sustain

longer.

A key role has to be played by the parenting and socialisation. The need is to enable our children to delay gratification and learn to endure. The same was proven in Marshmallow Test, where children who could resist became successful ~~of~~ and more productive in life.

Next, is the role of educational institutions. Education adds wings to the catpillar through role modelling and success stories. The idea has been put forward by Confucius as well "as Education breeds confidence and confidence breeds hope and peace".

Lastly, it is the duty of

the nation states to handhold and support the caterpillars. A welfare state

has to provide enough opportunities to grow to its citizens. It may have to

handhold a few caterpillars, for example

done by India through Stand Up India

and Startup India schemes. These avenues

make the life story of a butterfly little simpler.

To conclude, we saw through examples of Amihna Saha, Edison, Japan,

Arjuna as well as life of Pi that ~~the~~

what may seem as an end, may

rather be a new beginning. The entity

needs to hold on a bit longer to

see a fundamental change in their
lifestyle. As one never knows,
what comes in the way, becomes
the way.

finally, we need to look
for caterpillars within ourselves and
around us. One must actively strive
to push this caterpillars through the
times of despair. As a community,
we need to create enabling environment
for them. With that we will see
lay foundation to a "world of flights
rather than crashes."

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खण्ड - B / SECTION - B

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5. बुद्धिमान व्यक्ति तुरंत वही करता है जो मूर्ख अंततः करता है।
The wise man does at once what the fool does finally.
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Perfect clarity would profit the intellect but damage the will.
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Keep your face to the sunshine and you cannot see a shadow.

KEEP YOUR FACE TO THE SUNSHINE
AND YOU CANNOT SEE A SHADOW.

Ever heard of a single
handed ~~shot~~ shooter to win two
consecutive ^{Olympic} golds for his nation?
He is none other than the Hungarian
prodigy KAROLY TAKACS. He won medals
even after losing his main shooting hand.
His story is an inspiration to

many people around the world.

The above anecdote conveys how a person kept facing the sunshine and positivity by working on

his other hand. He did not pay

heed to doubts of others as these

were the shadows that were behind

him rather than ⁱⁿ his eye sight. Thus, a

wise epitome to face ahead towards a

light source rather than ^{the} dark shadows.

The brief description of the

key phrases facing the sun and not

seeing shadow becomes paramount.

Facing the sun means being forward

looking and having a positive mindset.

Moreover, the shadow denotes the darkness, criticism and self doubt that one may have. A human being naturally gets disheartened due to such shadows. Instead the need is to look ahead in a carefree manner.

But why does one need to face sunshine? Let's discuss the same in detail.

History has shown that a path of a "change agent" is difficult.

Raja Ram Mohan Roy an Indian social reformer faced strong criticism from society while tackling sati practice in 19th century. Yet he was all focused

On his purpose rather than the shadows of the orthodox society. Ultimately bringing a regulation to ban sati. This shows, new change agents must focus on sunshine rather than the shadows.

Post the modern history, the case of newly developed India post independence is worth a discussion. India broke the colonial shackles and took up the idea of adult suffrage. This was radical and faced doubts of the western nations. Despite India took this Fouist with Destiny by being future oriented. Hence, it focused on sun and left the shadow behind.

Not just nations, but individuals too have looked at positivity in the darkest of moments. The story of Victor

E. Frankel, a survivor of Nazi concentration camp is a case in point. Every day he took as a blessing even during the worst exploitation of Jews by Germans. His idea was to look ahead at the end of tight tunnel and have hope. Thus, it was Victor who found his life's meaning by focusing on sun rather than the shadows.

Similarly, focusing on sun allows us to solve novel problems. The crisis of environment and climate is real.

The young girl from Sweden Greta Thunberg decided to leave her mark through "Friday's for future" movement. She wasn't bogged down to challenge

the shadows of mighty capitalistic nations of the west. Her pursuit, clearly inspires us to focus on the path ahead instead of focusing on the roadblocks which are shadows.

Like individuals, even institutions need to display ^{an} ahead looking mindset.

The story of Indian Space Research Organisation (ISRO) is one such example.

It was its spirit to focus on the growth path that allowed it to turn setback of Chandrayaan 2

into a comeback of Chandrayaan 3 soft landing. The leaders at ISRO

did not see the doubts (shadows) such as

ISRO has no money and experience but focused on the way ahead.

Akin to institutions, even administration

call for a positive approach rather than focusing on criticisms. The repro of political leaders and pliable officers is an open secret. Yet we have examples of unwavering integrity shown by people like IAS Ashok Kherka, IPS D Rooka, who have been transferred multiple times in their career. They are an epitome of focusing on sunshine instead of the shadows that come along their way.

Overall the need to look forward cannot be more emphasised.

But does it mean one can ignore the shadows criticism altogether?

The answer is in the negative.

While we focus on what lies ahead we need to have a "learning approach". We need to take the ~~dark~~ dark aspects in the mould of shadows as a feedback. Otherwise, one ends repeating the same mistake again and again even while facing the sunshine.

The need of the hour is to have an "acceptance" of the shadows at individual, community and national levels. Next one needs a "goal oriented approach" so that one can evaluate the journey while facing the sun. It can help evaluate

progress. Lastly, our primary
socialisation has to be such that
it teaches us to look for
positivity even in the times of
despair like Victor E Frankl.

Towards the conclusion, we
could be either like an OSTRICH
bird by hiding our face beneath
the ground during crisis or like
a resilient person facing the sunshine
with brave heart. The 21st century
problems call for a learning
mindset by looking ahead &
learning from the shadows too.

We as humanity have to solve several problems like climate change, lawlessness in cyberspace, disturbed peace around the world or growing inequality in the world (Oxfam Report) to name a few. All these call for looking at the sunshine like Khandu Taleas, Raja Ram Mohan Roy, ISKO or D Rooka to name a few.

All in all with this spirit, we would achieve a world our soldiers die for ~~our~~ and our childrens deeply deserve. ~~!!~~

उम्मीदवारों को इस हाशिए में नहीं लिखना चाहिए
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VisionIAS

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VisionIAS

SPACE FOR ROUGH WORK

VisionIAS

SPACE FOR ROUGH WORK

Agreement / Committee Advisors

APC ① change agent.

Subpoints ④
 Leadership + we try to do best times.

criticism by ppl. pull in you back

Beijing Olympics. lost 2008 NISA frail.

Face to Audience.

RAR = adjustment.

UICOR. E. Frank. Public Space. Medium Evidence. Kate Forstner.

adult exchange? come and flying columns.

Learning. Andra = you own promise by team promise.

TN Nelson single independent reforms.

Chandrayaan 3.

Democrat.

Geeta Timbering.

50%

Subpt ①

Kenly Talas (Haryana Allocated)

Description: Funny outline? Shodors' donate?

Answers:

Anti-thesis: cannot completely ignore the problem
 repeat mistakes. Need continue practice.

Very ahead: Automation. Scm, Ignited mode

Accept the part. @ india level parallel leads
 goal oriented approach
 Primary socialisation to focus on the ahead.

Could it? Optimize based — some
push hands with a leaning approach = .

We practice Agm = we build a future
 confirm in product data prediction.