



**VISIONIAS**  
INSPIRING INNOVATION  
**ABHYAAS MAINS**

**निबंध**  
**ESSAY**

निर्धारित समय: तीन घंटे  
Time Allowed: **Three Hours**

टेस्ट कोड/ Test Code : 2488

अधिकतम अंक: 250  
Maximum Marks: 250

**सामान्य अनुदेश**

इस प्रश्न-सह-उत्तर (क्यू.सी.ए.) पुस्तिका में 32+2 पृष्ठ हैं। प्रश्न-पत्र, क्यू.सी.ए. पुस्तिका के अंत में संलग्न है, जो अलग (वियोज्य) किया जा सकता है और उम्मीदवार परीक्षा के उपरांत अपने साथ ले जा सकते हैं।

रफ कार्य के लिए तीन खाली पृष्ठ (पृष्ठ संख्या. 30-32) दिए गए हैं।

पुस्तिका प्राप्त होने पर, कृपया यह जांच कर लें कि इस क्यू.सी.ए. पुस्तिका में कोई कमी न हो, फटा हुआ पृष्ठ न हो अथवा कोई पृष्ठ गायब न हो इत्यादि। यदि ऐसा हो, तो इसके बदले नई क्यू.सी.ए. पुस्तिका प्राप्त कर लें।

**General Instructions**

This Question-cum-Answer (QCA) Booklet contains 33+2 pages. Question Paper in detachable form is available at the end of the QCA Booklet which can be taken away by the candidate after examination.

Three blank pages (Page Nos. 30-32) have been provided for rough work.

On receipt of the Booklet, please check that this QCA Booklet does not have any shortcomings, torn or missing pages etc. If so, get it replaced with a fresh QCA Booklet.

(उम्मीदवार द्वारा भरा जाएगा/To be filled by the Candidate)

पंजीकरण सं./Registration No. : 0579225

अभ्यर्थी का नाम/Name of Student : RUHANI

माध्यम: हिंदी/अंग्रेजी  
Medium: Hindi/English

ENGLISH

तारीख  
Date

25.08.2023

**निबंध**  
**ESSAY**

केंद्र  
Centre **SUSHANT UNIVERSITY,**  
**SECTOR-56, GURUGRAM**

निरीक्षक के हस्ताक्षर  
Invigilator's Signature

	<p style="text-align: center;"><b>महत्वपूर्ण अनुदेश</b></p> <p>उम्मीदवार को नीचे उल्लिखित निर्देश सावधानी से पढ़ लेने चाहिए। किसी भी निर्देश का उल्लंघन करने पर उम्मीदवार को मिलने वाले अंकों में कटौती, उम्मीदवारी रद्द, आयोग के परवर्ती परीक्षाओं के लिए वर्जित करने इत्यादि के रूप में दण्डित किया जा सकता है।</p>	<p style="text-align: center;"><b>Important Instructions</b></p> <p><b>Candidate should read the undermentioned instructions carefully. Violation of any of the following instructions may entail penalty in the form of deduction of marks, cancellation of candidature, debarment from further Examination of the Commission etc.</b></p>
1	<p>(क) अपना पंजीकरण सं. एवं अन्य विवरण केवल प्रश्न-सह-उत्तर पुस्तिका (क्यू.सी.ए.) में उम्मीदवार के लिए निर्धारित स्थान पर ही लिखें।</p> <p>(ख) इस पुस्तिका में अन्यत्र कहीं भी अपना नाम, पंजीकरण सं., मोबाइल नं., पता अथवा प्रश्न-सह-उत्तर पुस्तिका (क्यू.सी.ए.) संख्या न लिखें जिससे आपकी पहचान का खुलासा हो।</p>	<p>(a) Write your Registration Number and other details only in the space provided in the Question-Cum-Answer (QCA) Booklet for candidates.</p> <p>(b) Do not disclose your identity in any manner such as, by writing your Name, Registration number, Mobile number, Address, Question-Cum-Answer (QCA) Booklet No. etc. elsewhere in the Booklet</p>
2	<p>अपनी क्यू.सी.ए. पुस्तिका में कहीं भी प्रश्नों के वास्तविक उत्तर के अतिरिक्त कुछ न लिखें जैसे कि कोई कविता/दोहा, अभद्र या अपमानजनक अभिव्यक्ति इत्यादि और न ही कोई ऐसा चिन्ह/निशान बनाएं जिसका उत्तर से सम्बन्ध न हो।</p>	<p>Do not write in the QCA Booklet anything other than the actual answer such as couplet, obscene, abusive expression etc., nor put any sign/mark having no relevance to the answer.</p>
3	<p>परीक्षक को प्रत्यक्ष/अप्रत्यक्ष रूप से कोई भी प्रार्थना/धमकी भरी बातें न लिखें।</p>	<p>Do not make any direct/indirect appeal/threat to the examiner.</p>
4	<p>उत्तर अस्पष्ट अथवा गंदी लिखावट में न लिखें। इस प्रकार के उत्तर का मूल्यांकन नहीं भी किया जा सकता है।</p>	<p>Do not write answers in bad/illegible handwriting. Such answers may not be evaluated.</p>
5	<p>उत्तर स्याही में ही लिखें। उत्तर लिखने के लिए पेंसिल का उपयोग न करें, हालांकि आरेख, चित्र इत्यादि बनाने के लिए पेंसिल का उपयोग किया जा सकता है।</p>	<p>Write answers in ink only. Do not use pencil for writing the answers. However, pencil may be used for drawing diagrams, sketches, etc.</p>
6	<p>प्रवेश पत्र में उल्लेख किए गए माध्यम के अलावा अन्य किसी माध्यम में उत्तर न लिखें। अधिकृत और अनधिकृत की मिली जुली भाषा का भी उपयोग न करें।</p>	<p>Do not write answers in medium other than the authorized medium in the Admission Certificate. Do not use mixed language either i.e. authorize and unauthorized media together for writing answers.</p>
7	<p>प्रश्नों के उत्तर ठीक उसके नीचे दिए गए निर्धारित स्थान पर ही लिखें। निर्धारित स्थान के अलावा किसी अन्य स्थान पर लिखे गए उत्तर का मूल्यांकन नहीं किया जाएगा।</p>	<p>Write answer at the specific space (right below the question) only. Answers written elsewhere at unspecified places in the booklet shall not be evaluated.</p>
8	<p>यदि आप अपने किसी उत्तर को रद्द करना चाहते हैं तो उसे पेन से काट दें तथा उस पर "रद्द" लिख दें, अन्यथा उसका मूल्यांकन किया जा सकता है।</p>	<p>If you wish to cancel any work, draw your pen through it and write "Cancelled" across it, otherwise it may be valued.</p>



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टेस्ट कोड : 2488

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**प्रश्न-पत्र संबंधी विशेष अनुदेश**

(प्रश्नों के उत्तर देने से पूर्व निम्नलिखित प्रत्येक अनुदेश को ध्यानपूर्वक पढ़ें)

प्रवेश-पत्र में प्राधिकृत माध्यम में निबंध लिखना आवश्यक है तथा इस माध्यम का स्पष्ट उल्लेख प्रश्न-सह-उत्तर (क्यू.सी.ए.) पुस्तिका के मुखपृष्ठ पर निर्दिष्ट स्थान पर करना आवश्यक है। प्राधिकृत माध्यम के अलावा अन्य माध्यम में लिखे गए उत्तरों पर अंक नहीं दिए जाएँगे।

प्रश्नों के उत्तर निर्दिष्ट शब्द-संख्या के अनुसार होने चाहिए।

प्रश्न-सह-उत्तर पुस्तिका में खाली छोड़े गए किसी पृष्ठ व पृष्ठ के भाग को पूर्णतः काट दीजिए।

**ESSAY**

Time Allowed : Three Hours

Test Code : 2488

Maximum Marks : 250

**QUESTION PAPER SPECIFIC INSTRUCTIONS**

(Please read each of the following instructions carefully before attempting questions)

The ESSAY must be written in the medium authorized in the Admission Certificate which must be stated clearly on the cover of this Question-cum-Answer (QCA) Booklet in the space provided. No marks will be given for answers written in a medium other than the authorized one.

World limit, as specified, should be adhered to.

Any page or portion of the page left blank in the Question-cum-Answer Booklet must be clearly struck off.

## EVALUATION INDICATORS

1. Contextual Competence
2. Content Competence
3. Language Competence
4. Introduction Competence
5. Structure - Presentation Competence
6. Conclusion Competence

Overall Macro Comments / feedback / suggestions on Answer Booklet:

1.

2.

3.

4.

5.

6.

**All the Best**

खंड A और B प्रत्येक से एक-एक विषय चुनकर दो निबंध लिखिए, जो प्रत्येक लगभग 1000-1200 शब्दों में हो :

Write **two** essays, choosing **one** topic from each of the Sections A and B, in about 1000-1200 words each :

125 x 2 = 250

उम्मीदवारों को इस हदिए में नहीं लिखना चाहिए  
Candidates must not write on this margin

### खण्ड – A / SECTION – A

1. टूटे हुए बयस्क की मरम्मत करने की तुलना में मजबूत बच्चों का निर्माण करना आसान है।  
It is easier to build strong children than to repair broken men.
2. कोरा तर्कपूर्ण मन उस चाकू के समान है जिसमें केवल फलक ही फलक है, वह प्रयोग करने वाले हाथों को ही लहलुहान कर देता है।  
A mind all logic is like a knife all blade, it makes the hand bleed that uses it.
3. जब कैटरपिलर को लगता है कि दुनिया खत्म हो गई, वह तितली बन जाता है।  
Just when the caterpillar thought the world was over, it became a butterfly.
4. इतिहास, मनुष्य की स्मृतियों पर समय द्वारा लिखी गई एक चक्रीय कविता है।  
History is a cyclic poem written by time upon the memories of man.

### खण्ड – B / SECTION – B

5. बुद्धिमान व्यक्ति तुरंत वही करता है जो मूर्ख अंततः करता है।  
The wise man does at once what the fool does finally.
6. दुनिया उन लोगों के लिए एक त्रासदी है जो महसूस करते हैं, लेकिन उन लोगों के लिए एक कॉमेडी है जो विचार करते हैं।  
The world is a tragedy to those who feel, but a comedy to those who think.
7. पूर्ण स्पष्टता से बुद्धि को तो लाभ होगा लेकिन इच्छाशक्ति को क्षति पहुंचेगी।  
Perfect clarity would profit the intellect but damage the will.
8. अपना चेहरा रोशनी की ओर रखिए और आपको कोई छाया दिखाई नहीं देगी।  
Keep your face to the sunshine and you cannot see a shadow.

खण्ड - A / SECTION - A

उम्मीदवारों को  
इस हाशिये में  
नहीं लिखना  
चाहिए  
Candidates  
must not  
write on  
this margin

1. टूटे हुए वयस्क की मरम्मत करने की तुलना में मजबूत बच्चों का निर्माण करना आसान है।  
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History is a cyclic poem written by time upon the memories of man.

1. IT IS EASIER TO BUILD STRONG CHILDREN THAN TO REPAIR BROKEN MEN :

This is the tale of a young child named Thomas Alva Edison, who was suffering from dyslexia and was unable to perform well at school. One day, Edison handed over a letter from his teacher to his mother.

The mother read out the contents of the letter to her son -

"Your son is a genius, the school does not have <sup>good</sup> enough

teachers to teach him. Please teach him yourself."

Edison was relieved to hear this and happy about the fact that from now on, he would not need to go to school. Thus, Edison was homeschooled by his mother. Years passed and Edison became a scientist and went on to Invent the electric bulb.

Years after the death of his mother, Edison was searching for something in his mother's closet and stumbled upon the same letter from his teacher. He found the following in the letter: "Your son is addled (mentally ill). We cannot allow him to study in the school. Please teach him yourself."

Emotions welled up in Edison's heart. Even though he was

broken, addled (mentally ill), yet his hero mother never demoralized him. She knew that if she told him the truth, he will always remain a broken child. Thus, she just focused on bringing up a strong child, who eventually brought ~~live~~ "light" in other people's lives.

Edison and his mother's story is a powerful reminder of the fact that it is easy to build strong children than to repair broken men.

In this essay, we shall examine why this is the case and what are the obstacles in repairing broken men? We shall also see if repairing broken men is possible or not.

Finally, we shall ~~to~~ discuss how strong children can build a brighter future for themselves and the world.

## WHY IS IT EASY TO BUILD STRONG CHILDREN?

Before we examine the above question, let us examine what does a 'strong child' mean? A strong child is resilient to shocks and setbacks in life, he is tolerant and compassionate to others. Moreover, he is courageous and fearless in the most difficult circumstances.

For parents and teachers, building up a strong child is very easy. A child is like a blank slate, whatever is written on that slate in the young age, gets permanently etched in her heart and mind.

For instance, Shivaji's mother Jijabai was an extremely religious lady. She made Shivaji read scriptures

and imparted spiritual teachings to him. As a result, Shivaji became a highly tolerant ruler, who respected all religions. Had Shivaji become communal and intolerant from his childhood days, it would have been very difficult for his mother to mend his ways.

Similarly, parents of Malala Yousafzai brought her up in an atmosphere of equality and respect. Thus, she became a strong child. Even though she was shot in her head by Taliban, yet she did not give up advocating for the rights of women to gain education. Thus, this strong child became a strong woman and helped to make other women strong. Thus, a strong upbringing engenders a strong society.

## OBSTACLES IN REPAIRING BROKEN MEN:

Even though every parent desires to make her child strong, yet fate and destiny can prove to be a major obstacle. A child born with a physical disability is almost a broken child. For instance, Helen Keller ~~was born~~ <sup>became</sup> blind and deaf at young age, Winston Churchill used to stammer. It was very difficult for these individuals to repair their disabilities.

However, in most cases, a child is born pure - free of any impurities and vices. However, parental neglect and bad company can convert a child into a broken man. A broken man or woman gives in to vices like greed, lust, anger and thus, he commits crimes which are beyond repair.

For instance, civil servants might not be able to control their greed and thus, may give in to temptation of corruption. The recent case of corruption by IAS Pooja Singhal is a case in point. Such broken women are beyond repair. Despite the best of training, they are unable to repair their vices.

Further, people who indulge in terrorism, militancy and insurgency have their ideologies so deeply imprinted in their heart that it ~~is~~ is very difficult for the society to repair them. Despite this, there are instances where repair work has been successful.

### REPAIRING IS POSSIBLE:

Strong children are assets but if a child goes astray, can he be repaired? The answer is yes!

As it is said: "Every saint had a past, every sinner has a future!" Thus, a sinner ~~or~~ or a broken man can indeed be reformed.

History is replete with such examples. For instance, Buddha repaired Angulimaal's anger and terror with his teachings. Similarly, IPS Kiran Bedi reformed the criminals in the Tihar Jail through Vipassana meditation.

Further, there are instances when broken men themselves displayed a great deal of will power to repair themselves. For example, Lincoln was broken by poverty, yet he had the will power to change his situation. He studied under street light and went on to become the President of United States.

Similarly, Oprah Winfrey was raped in her childhood and underwent racial discrimination. ~~Yet~~ ~~she~~. She was a broken woman, yet she did not give up and worked hard to become a famous celebrity, and host of talk shows.

Similarly, Helen Keller, Winston Churchill overcame their disabilities and went on to become great activists and leaders. Thus, repairing is possible. However, it entails struggles as well as suffering. Thus, the first best course of option is to avoid the factors that break our children.

### BUILDING STRONG CHILDREN:

Children can be strong if values like discipline, empathy,

resilience are instilled in them. A parent must avoid spoonfeeding their child and enable him or her to stand on their feet.

Spiritual values of 'Oneness' needs to be instilled in them so that they rise above casteism, gender discrimination and regionalism.

Children should be taught to become more 'Inclusive' in their approach so that they treat every human equally with due respect.

Values like empathy and compassion need to be instilled in children. For this, we must take cue from Japan where children are taught civic values through role-playing. Vacating a seat for an old lady or pregnant woman or helping out one's peers, are all examples of empathy that are taught to Japanese children in schools.

Parents must ensure that their child keeps a good company and does not fall prey to vices like greed and anger. Thus, social evils like corruption and crimes like theft, rapes can be avoided if good ~~child~~ values are inculcated in a child.

Parents and teachers must make conscious efforts to make a child value 'nature' and take actions for sustainable development. For this, we must learn from young Greta Thunberg who says that even little responsible actions like switching off lights and fans when not in use or using public transport, can save our earth from global warming.

Thus, good things are possible if proper investment is

done in a child. A child should never feel broken by his or her disease or by the broken perception of others about ~~the~~ <sup>the</sup> child. In such cases, parents must protect their child from negativity because once child is mentally broken, it is very difficult to repair his mental state. Edison's mother did just that, she simply protected her child from negative perceptions of others and never gave up on him even though he was broken by dyslexia.

Finally, due to his mother's attitude, Edison became a successful inventor. Similarly, strong children can be assets for the world and as APJ Abdul Kalam said, strong children can make the world more beautiful and peaceful.