



VISIONIAS

INSPIRING INNOVATION

ABHYAAS MAINS

निबंध ESSAY

निर्धारित समय: तीन घंटे
Time Allowed: **Three Hours**

टेस्ट कोड/ Test Code : 3128

अधिकतम अंक: 250
Maximum Marks: 250

सामान्य अनुदेश

इस प्रश्न-सह-उत्तर (क्यू.सी.ए.) पुस्तिका में 32+2 पृष्ठ हैं। प्रश्न-पत्र, क्यू.सी.ए. पुस्तिका के अंत में संलग्न है, जो अलग (वियोज्य) किया जा सकता है और उम्मीदवार परीक्षा के उपरांत अपने साथ ले जा सकते हैं।

रफ कार्य के लिए तीन खाली पृष्ठ (पृष्ठ संख्या. 30-32) दिए गए हैं।

पुस्तिका प्राप्त होने पर, कृपया यह जांच कर लें कि इस क्यू.सी.ए. पुस्तिका में कोई कमी न हो, फटा हुआ पृष्ठ न हो अथवा कोई पृष्ठ गायब न हो इत्यादि। यदि ऐसा हो, तो इसके बदले नई क्यू.सी.ए. पुस्तिका प्राप्त कर लें।

General Instructions

This Question-cum-Answer (QCA) Booklet contains 32+2 pages. Question Paper in detachable form is available at the end of the QCA Booklet which can be taken away by the candidate after examination.

Three blank pages (Page Nos. 30-32) have been provided for rough work.

On receipt of the Booklet, please check that this QCA Booklet does not have any shortcomings, torn or missing pages etc. If so, get it replaced with a fresh QCA Booklet.

(उम्मीदवार द्वारा भरा जाएगा/To be filled by the Candidate)

पंजीकरण सं./Registration No. : 01273820

अभ्यर्थी का नाम/Name of Student : UJJWAL

माध्यम: हिंदी/अंग्रेजी
Medium: Hindi/English

ENGLISH

तारीख
Date

31/8/24

निबंध ESSAY

केंद्र
Centre

Delhi - Mukherjee Nagar

John Dutt

निरीक्षक के हस्ताक्षर
Invigilator's Signature

	महत्वपूर्ण अनुदेश	Important Instructions
	उम्मीदवार को नीचे उल्लिखित निर्देश सावधानी से पढ़ लेने चाहिए। किसी भी निर्देश का उल्लंघन करने पर उम्मीदवार को मिलने वाले अंकों में कटौती, उम्मीदवारी रद्द, आयोग के परवर्ती परीक्षाओं के लिए वर्जित करने इत्यादि के रूप में दण्डित किया जा सकता है।	Candidate should read the undermentioned instructions carefully. Violation of any of the following instructions may entail penalty in the form of deduction of marks, cancellation of candidature, debarment from further Examination of the Commission etc.
1	(क) अपना पंजीकरण सं. एवं अन्य विवरण केवल प्रश्न-सह-उत्तर पुस्तिका (क्यू.सी.ए.) में उम्मीदवार के लिए निर्धारित स्थान पर ही लिखें। (ख) इस पुस्तिका में अन्यत्र कहीं भी अपना नाम, पंजीकरण सं., मोबाइल नं., पता अथवा प्रश्न-सह-उत्तर पुस्तिका (क्यू.सी.ए.) संख्या न लिखें जिससे आपकी पहचान का खुलासा हो।	(a) Write your Registration Number and other details only in the space provided in the Question-Cum-Answer (QCA) Booklet for candidates. (b) Do not disclose your identity in any manner such as, by writing your Name, Registration number, Mobile number, Address, Question-Cum-Answer (QCA) Booklet No. etc. elsewhere in the Booklet
2	अपनी क्यू.सी.ए. पुस्तिका में कहीं भी प्रश्नों के वास्तविक उत्तर के अतिरिक्त कुछ न लिखें जैसे कि कोई कविता/दोहा, अभद्र या अपमानजनक अभिव्यक्ति इत्यादि और न ही कोई ऐसा चिन्ह/निशान बनाएं जिसका उत्तर से सम्बन्ध न हो।	Do not write in the QCA Booklet anything other than the actual answer such as couplet, obscene, abusive expression etc., nor put any sign/mark having no relevance to the answer.
3	परीक्षक को प्रत्यक्ष/अप्रत्यक्ष रूप से कोई भी प्रार्थना/धमकी भरी बातें न लिखें।	Do not make any direct/indirect appeal/threat to the examiner.
4	उत्तर अस्पष्ट अथवा गंदी लिखावट में न लिखें। इस प्रकार के उत्तर का मूल्यांकन नहीं भी किया जा सकता है।	Do not write answers in bad/illegible handwriting. Such answers may not be evaluated.
5	उत्तर स्याही में ही लिखें। उत्तर लिखने के लिए पेंसिल का उपयोग न करें, हालांकि आरेख, चित्र इत्यादि बनाने के लिए पेंसिल का उपयोग किया जा सकता है।	Write answers in ink only. Do not use pencil for writing the answers. However, pencil may be used for drawing diagrams, sketches, etc.
6	प्रवेश पत्र में उल्लेख किए गए माध्यम के अलावा अन्य किसी माध्यम में उत्तर न लिखें। अधिकृत और अनधिकृत की मिली जुली भाषा का भी उपयोग न करें।	Do not write answers in medium other than the authorized medium in the Admission Certificate. Do not use mixed language either i.e. authorize and unauthorized media together for writing answers.
7	प्रश्नों के उत्तर ठीक उसके नीचे दिए गए निर्धारित स्थान पर ही लिखें। निर्धारित स्थान के अलावा किसी अन्य स्थान पर लिखे गए उत्तर का मूल्यांकन नहीं किया जाएगा।	Write answer at the specific space (right below the question) only. Answers written elsewhere at unspecified places in the booklet shall not be evaluated.
8	यदि आप अपने किसी उत्तर को रद्द करना चाहते हैं तो उसे पेन से काट दें तथा उस पर "रद्द" लिख दें, अन्यथा उसका मूल्यांकन किया जा सकता है।	If you wish to cancel any work, draw your pen through it and write "Cancelled" across it, otherwise it may be valued.



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निबंध

निर्धारित समय: तीन घंटे

टेस्ट कोड : 3128

अधिकतम अंक: 250

प्रश्न-पत्र संबंधी विशेष अनुदेश

(प्रश्नों के उत्तर देने से पूर्व निम्नलिखित प्रत्येक अनुदेश को ध्यानपूर्वक पढ़ें)

प्रवेश-पत्र में प्राधिकृत माध्यम में निबंध लिखना आवश्यक है तथा इस माध्यम का स्पष्ट उल्लेख प्रश्न-सह-उत्तर (क्यू.सी.ए.) पुस्तिका के मुखपृष्ठ पर निर्दिष्ट स्थान पर करना आवश्यक है। प्राधिकृत माध्यम के अलावा अन्य माध्यम में लिखे गए उत्तरों पर अंक नहीं दिए जाएंगे।

प्रश्नों के उत्तर निर्दिष्ट शब्द-संख्या के अनुसार होने चाहिए।

प्रश्न-सह-उत्तर पुस्तिका में खाली छोड़े गए किसी पृष्ठ व पृष्ठ के भाग को पूर्णतः काट दीजिए।

ESSAY

Time Allowed : Three Hours

Test Code : 3128

Maximum Marks : 250

QUESTION PAPER SPECIFIC INSTRUCTIONS

(Please read each of the following instructions carefully before attempting questions)

The ESSAY must be written in the medium authorized in the Admission Certificate which must be stated clearly on the cover of this Question-cum-Answer (QCA) Booklet in the space provided. No marks will be given for answers written in a medium other than the authorized one.

World limit, as specified, should be adhered to.

Any page or portion of the page left blank in the Question-cum-Answer Booklet must be clearly struck off.

EVALUATION INDICATORS

1. Contextual Competence
2. Content Competence
3. Language Competence
4. Introduction Competence
5. Structure - Presentation Competence
6. Conclusion Competence

Overall Macro Comments / feedback / suggestions on Answer Booklet:

1.

2.

3.

4.

5.

6.

All the Best

खंड A और B प्रत्येक से एक-एक विषय चुनकर दो निबंध लिखिए, जो प्रत्येक लगभग 1000-1200 शब्दों में हो :

Write **two** essays, choosing **one** topic from each of the Sections A and B, in about 1000-1200 words each : 125 x 2 = 250

खण्ड – A / SECTION – A

1. विश्व को एक साथ मिलकर कार्य करना सीखना होगा अन्यथा यह कार्य ही नहीं करेगा।
The world must learn to work together, or finally it will not work at all.
2. कला की भांति प्रौद्योगिकी भी मानवीय कल्पना का एक उत्कृष्ट अभ्यास है।
Technology, like art, is a soaring exercise of the human imagination.
3. हमने बेटियों को बेटों की तरह पालना तो शुरू कर दिया है लेकिन, कुछ ही लोगों में अपने बेटों को अपनी बेटियों की तरह पालने का साहस है।
We've begun to raise daughters more like sons, but few have the courage to raise our sons more like our daughters.
4. लोगों की इच्छा अन्याय को न्याय नहीं बना सकती है।
The will of the people cannot make just that which is unjust.

खण्ड – B / SECTION – B

5. किसी विचार को स्वीकार किए बिना उसपर विचार करने में सक्षम होना ही शिक्षित मस्तिष्क की पहचान है।
It is the mark of an educated mind to be able to entertain a thought without accepting it.
6. एक ऐसी दुनिया में, जो लगातार तुम्हें कुछ और बनाने का प्रयास कर रही है, स्वयं को बनाए रखना सबसे बड़ी उपलब्धि है।
To be yourself in a world that is constantly trying to make you something else is the greatest accomplishment.
7. हम चीजों को वैसा नहीं देखते हैं जैसी कि वे होती हैं, बल्कि हम उन्हें वैसा देखते हैं जैसे कि हम हैं।
We don't see things as they are, we see them as we are.
8. सच जब तक अपने जूते पहन रहा होता है, झूठ तब तक आधी दुनिया का सफ़र तय कर लेता है।
A lie can travel half way around the world while the truth is putting on its shoes.

खण्ड – A / SECTION – A

1. विश्व को एक साथ मिलकर कार्य करना सीखना होगा अन्यथा यह कार्य ही नहीं करेगा।
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3. We've begun to raise daughters like sons, but few have the courage to raise our sons more like our daughters.

उम्मीदवारों को
इस कक्ष में
नहीं लिखना
चाहिए
Candidates
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this margin

Science tells us that it's due to some reason a baby fails to get the second sex chromosome, making the configuration XO then such a baby will be born a female. This indicates that the default setting of human race is feminine. It's mere addition of a Y chromosome that gives some male characteristics.

If human race is by nature feminine then why do we emphasise so much on "male values"? Centuries of patriarchy have deeply ingrained in us that the so called male traits like competition, aggression, etc are the key to success. Thankully patriarchy is declining but the mindset of

assuming male traits as superior continues.

In today's era of feminism we have begun to emphasise on women equality. But our approach to achieve this equality is to teach women the ways of men. Feminist scholars themselves look down upon the feminine traits.

All this tells us that the patriarchal belief of male superiority still persists at the subconscious level. When the truth is we need the world to be more feminine. Females are natural family builders and facilitators. More femininity will make the world a peaceful and happier place.

Now let's explore in what ways we are teaching our daughters to be like our sons when we should have been doing the reverse.

The first male value that we are trying to teach our daughters is competitiveness. Women are natural team workers. This is evident when we see our mothers manage our homes so efficiently taking everyone together. But instead of valuing this trait we are ~~teaching~~ teaching women to be more competitive.

Instead, we should be teaching our sons the value of cooperation and team work. The spirit of cooperation is what lies behind our philosophy of 'Vasudhaiva Kutumb-hitam'. A society which has more cooperation than competition is more stable and successful in the long run.

The second positive trait we associate with men is logical thinking, rationality and IQ.

Women are assumed as more emotional. One who thinks more from heart than mind. They are called as "emotional fools". But in reality women are far more emotionally intelligent than men.

Instead of teaching women to be emotionless robots like men we should teach men to get more in tune with their emotions. We need to change the notion that its weak to express emotions and that "men can't cry".

Such a world will automatically become much more sensitive and humane. Moreover, latest research have shown that Emotional quotient is better determinant of success than intelligence quotient in the long term.

Another male value we are teaching our daughters is career orientation over family orientation.

Family is the core of our society and women are soul of any family. Women are natural family builders owing to the unique and special mother-child bond.

Our goal should be not to weaken ^{women's} ~~this~~ family orientation but to teach men to be more family orientated. If men start contributing more to family care work it will have a domino effect for gender equality in many spheres.

When men are more aggressive and assertive while women are more gentle. Gentleness is definitely a more superior trait if we learn to value it.

Instead of teaching our daughters aggression, we should be teaching our sons gentleness. It will decrease the overall conflict in the world and make the world a more peaceful place.

When blindly men are more self-centered and self-oriented. This trait is taken as a pre-requisite for success in modern world and hence we are teaching it to our daughters.

Women, on the other hand are naturally more sensitive and 'other-oriented'. They have an inherent kindness in them.

In place of teaching women to be self-centered we should be teaching men to be more kind and sensitive to other people's need. Such

qualities will again make the world a more harmonious place.

But all this is just one side of the coin. Some so called masculine traits do have value and we cannot ignore it.

For instance, independence is one such masculine trait which we must teach our daughters. For the sake of equality we will have to teach them to stand on their own feet not being dependent on men for anything.

Secondly, assertiveness is one ~~another~~ other masculine trait that we must be teaching our daughters ~~that~~ to be more vocal and assertive about their rights. Only then can we expect true equality.

Having discussed the importance of both "masculine" and "feminine" traits, it is important to highlight here that none of these traits are natural or inherent.

Numerous feminist scholars like Margaret Mead, S. Firestone, etc have highlighted that no person male or female is born with these so called "feminine" or "masculine" traits. Development of these traits is all result of the socialisation process.

Psychological research proves that by moulding our socialisation techniques we can easily raise our daughters to be more "masculine" and sons to be more "feminine".

But we already have too much masculinity in the world. The

need is to promote femininity. Our Indian culture has always cherished and worshipped the femininity as evident from the ~~quote~~ Shlok :-

"Yatna Naryaste Pujayante Ramante
Tatna Deva"

i.e. God resides where women are respected and worshipped.

Going forward, we must revive this spirit of our culture and cherish and celebrate femininity in all its forms.

VisionIAS

उम्मीदवारों को
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5. किसी विचार को स्वीकार किए बिना उसपर विचार करने में सक्षम होना ही शिक्षित मस्तिष्क की पहचान है।
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6. एक ऐसी दुनिया में, जो लगातार तुम्हें कुछ और बनाने का प्रयास कर रही है, स्वयं को बनाए रखना सबसे बड़ी उपलब्धि है।
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We don't see things as they are, we see them as we are.
8. सच जब तक अपने जूते पहन रहा होता है, झूठ तब तक आधी दुनिया का सफ़र तय कर लेता है।
A lie can travel half way around the world while the truth is putting on its shoes.

A lie can travel half way around the world while truth is still putting on its shoes.

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In Mahabharat, the Kauravas guided by their Uncle Shakuni resorted to all sorts of lies and treachery. Their lies and ~~deceit~~ deceit reached its pinnacle during the game of "Chausar" against Pandavas.

Pandavas on the other hand were guided by the truth of their brother Yudhishtira. Their commitment to truth became the cause of their humiliation at the "Chausar Sabha" and Kauravas emerged victorious riding on their lies.

The story highlights that lies can give quick and immediate success. They spread very fast and always appear more successful than the truth in the short term.

But what is in the nature of lies that make them spread so fast? Why do humans resort to lying? What are the consequences of lying and how can we manage them? And does lies also succeed in the long term? Let's explore.

The reason for origin and success of the lies can be found in the human psychology. Philosophers like Aristotle have highlighted that humans are gossipers by nature. They have less interest in the truth as facts behind a topic. They just take fun in discussing and spreading it.

Secondly some lies can provide psychological comfort and ^{prevent} ~~from~~ cognitive dissonance. This can be seen from numerous myths and superstitions that prevail in our society. Many of us are aware of the lack

of truth in these myths. But we still tend to believe them as it seduces our anxieties.

Beyond inherent human psychology, today technology is also playing a role in spreading lies. Internet and social media has made it very easy to spread fake news. For instance, recent bomb hoax emails that were received in more than 100 Delhi-NCR schools.

Added to this technologies like Artificial Intelligence (AI) and deep fakes is further complicating the problems. Deep fakes are being used to spread lies about persons by morphing images as seen in the recent Rashmika Mandana incident.

When there is a social cause of spread of lies. There are more people in our society who want to

spread lies than truth in order to promote vested interests.

Example of terrorists and radicalists is the first thing that comes to mind. They are using lies to terrorise people or to spread their ideologies. ISIS using social media campaigns is a case in point.

Secondly, there are politicians who spread lies to further their electoral interests. Fake propaganda and paid fake news have become common sight in Indian elections.

Then, there are also businessmen who spread lies about their products to maximise their profits. Fake health claims on packaged food items offers a good example.

Beyond all these, there is also an ethical dimension to the persistence of lies. As a society we have witnessed moral degeneration and our traditional values of "Pratham Jaaye Par Vachan na Jaaye" no longer holds relevance.

Having discussed the causes of fast spread of lies now let's shift our attention to the consequences of such lies.

At an individual level, lying makes a person lose his credibility. He will no longer be trusted by anyone even when he is speaking the truth.

For society, lying brings disharmony. Fake news are giving fuel to radicalism and increasing mutual distrust. Muzzabornogor riots of 2013 where violence was incited by

some fake news offers a perfect example of disastrous consequences of fake news.

When businesses, resort to misinformation it leads to violation of consumer rights. It goes against the principles of compassionate capitalism and corporate citizenship.

Fake propaganda and fake paid news in elections is increasing the scale of money power in the elections and goes against the idea of free and fair elections.

If lying is so disastrous, then what are the solutions to minimise it and give a boost to truth?

Firstly, independent fact checking units like Act News can be encouraged. Such organisations check the truth behind any social media news and bring it out to the public.

Secondly, technology can be countered with technology. We can use Artificial Intelligence algorithms to flag false content on the internet. There is also a need to fix the accountability of social media intermediaries.

Lastly, organisations can themselves inculcate mechanisms to promote probity and transparency. Mechanisms like Citizen charters and RTI have proven successful in empowering citizens and bringing out the truth.

All these measures will go a long way in strengthening the truth. But most importantly we also need to bolster our ethical foundations.

We must remember that lies may appear successful in the short term but they don't have a long life. This can be seen from the story of Karma in the Mahabharata who lied to Parshuram to gain education. But that education couldn't come to his rescue when he needed it the most.

Thus, in the end we must remember that lies may be fast and truth may take time to put on shoes. But once the truth has put on its shoes, it always emerges victorious over the lies. This

4.

was the case in Mahabharat too
where the truth of Pandavas
ultimately defeated the Kauravas.

उम्मीदवारों को
इस कक्ष में
नहीं लिखना
चाहिए
Candidates
must not
write on
this margin

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SPACE FOR ROUGH WORK

- ① Intax - x chromosome - default setting of human sex
- ② Filler
- ③ Competition
 - Female being taught but naturally are team workers takes together
 - Teach male - cooperation, ~~em~~ team work
 - Impact on world
- ④ IQ
 - females have EQ
 - Teach male EQ
 - Imp. of EQ & Impact on world
- ⑤ Disregarding family (lose work)
 - Female - family oriented
 - Teach male
 - Imp. of family orientation - value incl
- ⑥ Aggression v/s Gentleness
- ⑦ Selfishness v/s Kindness & Inclusivity / sensitivity
 - self-contradiction
 - Self defence for women v/s Teach men to respect
- ⑧ Counterperspective
 - Some male values are needed
 - Independent
 - Being assertive
 - as inherent
- ⑨ Name of the values are natural, Role of socialisation
 - Margaret Mead.

complimentarity of genders

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deceit deceit

Concⁿ { respect femininity
Yatasa Nareyaste Pujayante Ramanante Tatasa devata

Intro

Causes

- ① Psychological - myths & superstitions
- ② Technology
 - ③ internet
 - ④ Deep fakes & AI
 - ⑤ more people want to spread lies than truth
- ③ social
 - ④ politicians
 - ⑤ radicalists
 - ⑥ businessmen - false health claims
 - ⑦ lie spreads globally.
- ⑧ Globalisation - truth spreads globally.
- ⑨ Ethics

Consequences

- ⑩ social disharmony - radicalism, mutual distrust, muzzabamagar riots
- ⑪ Free & fair elections
- ⑫ Consumer rights violated
- ⑬ Moral degradation

Solutions

- ⑭ Fact check units
- ⑮ Surveillance of internet - give accountability of SMIs
- ⑯ Transparency in institutions - RTI, Citizen charters

Concⁿ { Any success build on lies does not last - Karma
⑰ Truth may be slow but is always victorious
⑱ Mahabharat - Yudhishtira

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