



VISIONIAS
INSPIRING INNOVATION
ABHYAAS MAINS

**निबंध
ESSAY**

निर्धारित समय: तीन घंटे
Time Allowed: **Three Hours**

टेस्ट कोड / Test Code : 4514

अधिकतम अंक: 250
Maximum Marks: 250

सामान्य अनुदेश

इस प्रश्न-सह-उत्तर (क्यू.सी.ए.) पुस्तिका में 32+2 पृष्ठ हैं। प्रश्न-पत्र, क्यू.सी.ए. पुस्तिका के अंत में संलग्न है, जो अलग (वियोज्य) किया जा सकता है और उम्मीदवार परीक्षा के उपरांत अपने साथ ले जा सकते हैं।

रफ कार्य के लिए तीन खाली पृष्ठ (पृष्ठ संख्या. 30-32) दिए गए हैं।

पुस्तिका प्राप्त होने पर, कृपया यह जांच कर लें कि इस क्यू.सी.ए. पुस्तिका में कोई कमी न हो, फटा हुआ पृष्ठ न हो अथवा कोई पृष्ठ गायब न हो इत्यादि। यदि ऐसा हो, तो इसके बदले नई क्यू.सी.ए. पुस्तिका प्राप्त कर लें।

General Instructions

This Question-cum-Answer (QCA) Booklet contains 32+2 pages. Question Paper in detachable form is available at the end of the QCA Booklet which can be taken away by the candidate after examination.

Three blank pages (Page Nos. 30-32) have been provided for rough work.

On receipt of the Booklet, please check that this QCA Booklet does not have any shortcomings, torn or missing pages etc. If so, get it replaced with a fresh QCA Booklet.

(उम्मीदवार द्वारा भरा जाएगा/To be filled by the Candidate)

पंजीकरण सं./Registration No. : 45936806

अभ्यर्थी का नाम/Name of Student : Ankit Ranshan

माध्यम: हिंदी/अंग्रेजी
Medium: Hindi/English

English

तारीख
Date

2/08/2025

**निबंध
ESSAY**

केंद्र

Centre

Karol Bagh

निरीक्षक के हस्ताक्षर
Invigilator's Signature

Mamta

	महत्वपूर्ण अनुदेश	Important Instructions
	उम्मीदवार को नीचे उल्लिखित निर्देश सावधानी से पढ़ लेने चाहिए। किसी भी निर्देश का उल्लंघन करने पर उम्मीदवार को मिलने वाले अंकों में कटौती, उम्मीदवारी रद्द, आयोग के परवर्ती परीक्षाओं के लिए वर्जित करने इत्यादि के रूप में दण्डित किया जा सकता है।	Candidate should read the undermentioned instructions carefully. Violation of any of the following instructions may entail penalty in the form of deduction of marks, cancellation of candidature, debarment from further Examination of the Commission etc.
1	(क) अपना पंजीकरण सं. एवं अन्य विवरण केवल प्रश्न-सह-उत्तर पुस्तिका (क्यू.सी.ए.) में उम्मीदवार के लिए निर्धारित स्थान पर ही लिखें। (ख) इस पुस्तिका में अन्यत्र कहीं भी अपना नाम, पंजीकरण सं., मोबाइल नं., पता अथवा प्रश्न-सह-उत्तर पुस्तिका (क्यू.सी.ए.) संख्या न लिखें जिससे आपकी पहचान का खुलासा हो।	(a) Write your Registration Number and other details only in the space provided in the Question-Cum-Answer (QCA) Booklet for candidates. (b) Do not disclose your identity in any manner such as, by writing your Name, Registration number, Mobile number, Address, Question-Cum-Answer (QCA) Booklet No. etc. elsewhere in the Booklet
2	अपनी क्यू.सी.ए. पुस्तिका में कहीं भी प्रश्नों के वास्तविक उत्तर के अतिरिक्त कुछ न लिखें जैसे कि कोई कविता/दोहा, अभद्र या अपमानजनक अभिव्यक्ति इत्यादि और न ही कोई ऐसा चिन्ह/निशान बनाएं जिसका उत्तर से सम्बन्ध न हो।	Do not write in the QCA Booklet anything other than the actual answer such as couplet, obscene, abusive expression etc., nor put any sign/mark having no relevance to the answer.
3	परीक्षक को प्रत्यक्ष/अप्रत्यक्ष रूप से कोई भी प्रार्थना/धमकी भरी बातें न लिखें।	Do not make any direct/indirect appeal/threat to the examiner.
4	उत्तर अस्पष्ट अथवा गंदी लिखावट में न लिखें। इस प्रकार के उत्तर का मूल्यांकन नहीं भी किया जा सकता है।	Do not write answers in bad/illegible handwriting. Such answers may not be evaluated.
5	उत्तर स्याही में ही लिखें। उत्तर लिखने के लिए पेंसिल का उपयोग न करें, हालांकि आरेख, चित्र इत्यादि बनाने के लिए पेंसिल का उपयोग किया जा सकता है।	Write answers in ink only. Do not use pencil for writing the answers. However, pencil may be used for drawing diagrams, sketches, etc.
6	प्रवेश पत्र में उल्लेख किए गए माध्यम के अलावा अन्य किसी माध्यम में उत्तर न लिखें। अधिकृत और अनधिकृत की मिली जुली भाषा का भी उपयोग न करें।	Do not write answers in medium other than the authorized medium in the Admission Certificate. Do not use mixed language either i.e. authorize and unauthorized media together for writing answers.
7	प्रश्नों के उत्तर ठीक उसके नीचे दिए गए निर्धारित स्थान पर ही लिखें। निर्धारित स्थान के अलावा किसी अन्य स्थान पर लिखे गए उत्तर का मूल्यांकन नहीं किया जाएगा।	Write answer at the specific space (right below the question) only. Answers written elsewhere at unspecified places in the booklet shall not be evaluated.
8	यदि आप अपने किसी उत्तर को रद्द करना चाहते हैं तो उसे पेन से काट दें तथा उस पर "रद्द" लिख दें, अन्यथा उसका मूल्यांकन किया जा सकता है।	If you wish to cancel any work, draw your pen through it and write "Cancelled" across it, otherwise it may be valued.



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प्रश्न-पत्र संबंधी विशेष अनुदेश

(प्रश्नों के उत्तर देने से पूर्व निम्नलिखित प्रत्येक अनुदेश को ध्यानपूर्वक पढ़ें)

प्रवेश-पत्र में प्राधिकृत माध्यम में निबंध लिखना आवश्यक है तथा इस माध्यम का स्पष्ट उल्लेख प्रश्न-सह-उत्तर (क्यू.सी.ए.) पुस्तिका के मुखपृष्ठ पर निर्दिष्ट स्थान पर करना आवश्यक है। प्राधिकृत माध्यम के अलावा अन्य माध्यम में लिखे गए उत्तरों पर अंक नहीं दिए जाएंगे।

प्रश्नों के उत्तर निर्दिष्ट शब्द-संख्या के अनुसार होने चाहिए।

प्रश्न-सह-उत्तर पुस्तिका में खाली छोड़े गए किसी पृष्ठ व पृष्ठ के भाग को पूर्णतः काट दीजिए।

ESSAY

Time Allowed : Three Hours

Test Code : 4514

Maximum Marks : 250

QUESTION PAPER SPECIFIC INSTRUCTIONS

(Please read each of the following instructions carefully before attempting questions)

The ESSAY must be written in the medium authorized in the Admission Certificate which must be stated clearly on the cover of this Question-cum-Answer (QCA) Booklet in the space provided. No marks will be given for answers written in a medium other than the authorized one.

World limit, as specified, should be adhered to.

Any page or portion of the page left blank in the Question-cum-Answer Booklet must be clearly struck off.

EVALUATION INDICATORS

1. Contextual Competence
2. Content Competence
3. Language Competence
4. Introduction Competence
5. Structure - Presentation Competence
6. Conclusion Competence

Overall Macro Comments / feedback / suggestions on Answer Booklet:

1.

2.

3.

4.

5.

6.

All the Best

खंड A और B प्रत्येक से एक-एक विषय चुनकर दो निबंध लिखिए, जो प्रत्येक लगभग 1000-1200 शब्दों में हों :

Write **two** essays, choosing **one** topic from each of the Sections A and B, in about 1000-1200 words each :

125 x 2 = 250

खण्ड – A / SECTION – A

1. किसी युद्ध को जीतने के लिए आपको एक से अधिक बार लड़ना पड़ सकता है।

You may have to fight a battle more than once to win it.

2. विवेक के मामलों में बहुमत के कानून का कोई स्थान नहीं होता है।

In matters of conscience, the law of the majority has no place.

3. जो विद्यालय के द्वार खोलता है, वह कारागार के द्वार बंद करता है।

He who opens a school door, closes a prison.

4. केवल शीत ऋतु की कठोरता में ही हम वसंत की गर्मी का वास्तविक महत्व समझ पाते हैं।

Only in the depths of winter can we truly appreciate the warmth of spring.

खण्ड – B / SECTION – B

5. हम सदैव अपने युवाओं के लिए भविष्य का निर्माण नहीं कर सकते, परंतु हम भविष्य के लिए अपने युवाओं को तैयार कर सकते हैं।

We cannot always build the future for our youth, but we can build our youth for the future.

6. नकल करना सुरक्षित होता है; नवाचार के लिए साहस की आवश्यकता होती है।

Copying is safe; innovation demands courage.

7. हम जितना अधिक स्वचालन को अपनाएंगे, हमें उतना ही अधिक मानवीय बनना होगा।

The more we automate, the more human we must become.

8. तत्काल मान्यता की चाह एक व्याकुल मानसिकता वाली पीढ़ी को जन्म दे रही है।

The pursuit of instant validation is creating a generation of restless minds.

खण्ड - A / SECTION - A

उम्मीदवारों को
इस हाशिए में
नहीं लिखना
चाहिए
Candidates
must not
write on
this margin

1. किसी युद्ध को जीतने के लिए आपको एक से अधिक बार लड़ना पड़ सकता है।

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He who opens a school door, closes a prison.

4. केवल शीत ऋतु की कठोरता में ही हम वसंत की गर्मी का वास्तविक महत्व समझ पाते हैं।

Only in the depths of winter can we truly appreciate the warmth of spring.

3. HE WHO OPENS A SCHOOL DOOR
CLOSES A PRISON

On the pavement near
lal Quila, a constable was
teaching some hundred students
who were either orphans, or
living in slums or had been
engaged in begging. When
asked by other comrades, "what
will he achieve by doing so"?
Taraknath simply replied, I
am lightening their ignorance,
educating their value and giving

some ray of hope amidst
adversity so that they do not
indulge in petty crimes, theft
and become a criminal later
ending up in prison.

Truly, Taraknath opened
up door of school in real
sense for these children.

A door which led the students
from ignorance to wisdom,
hopelessness to opportunity,
pessimism to plethora of scopes,
hostility to humility and hence
from delinquencies to inculcating
virtues.

And in this sense,
Victor Hugo's remark really
came into action - "He who
opens a school door, closes
a prison."

Let us begin with prison. Does it only refer to place where criminals, deviant people or law breaker are put to save the larger society and preserve the social contract?

In a narrow sense yes, but- prisoner also means a mind full of ignorance. Prisoned are those who are bound by their lust, greed, comfort seeking nature. The chain of stereotyping, racism, sexism, consumerism and keep us imprisoned in invisible chain. Are we truly free then? How do we know? How opening

the door of school will help here ?

Here, Socrates say, open the door of sch' questioning, open the school of debate. Acknowledging our 'ignorance' is the beginning of wisdom then only we can see the chains shackling us and look forward to unchain ourselves. Then only light from the door of school (wisdom) will fall on us and we will come out from the dark prison.

Be it Grandhi ji who at beginning was the prisoner of patriarchal mindset, lust-
towards his wife but became or

Maharishi Valmiki who was a true criminal. only when they opened the door of their school, only when they truly introspected, only when they truly sought freedom from their ignorance that Mohandas turned into a Mahatma who revered women and Valmiki turned into Maharishi who become the school of knowledge himself for generations to emulate.

Moreover in literal sense, schooling shut the door of prison as well. let us see how?

In a school, the practice of uniform

inculcate the value of
equality, the diversity in
class fosters tolerance, the
group activities breeds the
value of collaboration and
helping each others out plant
the seed of loving each other ^{and}
caring each other.

These are essentially
the values which separates
a human from being inhuman,
a righteous person from a
deviant-one and a citizen
from criminal.

A lot of marginalized
people ends up in left
wing extremism, a lot of

uneducated youth ends up
in the fold of fundamentalism
and a lot of ignorant
one end up in bullying,
extorting others. These a

Therefore truly
opening a school door shut
the door of prison and
shutting the school door open
up the door of prison.

But one might ask
is it always the case?
Then why although Hitler
opened door of schools to
German then also German
were silent perpetrator of
holocaust? why most
of the terrorist organizations,

fundamentalist schools and
left wing extremist groups are
majorly lead by mad people
of knowledge, people of
intense schooling? Why the
brainiest of computer scientists
are evilest of cyber
criminals?

And here Gandhiji's
saying come up with an answer
that knowledge without
building the character is no
knowledge at all. Educating
the man in brain and
not in heart is no education
at all.

And since this kind
of education is on rise,
schooling opening the door

of school is creating a more intelligent- devil. One who use its knowledge for creating a nuclear bomb rather than a world with nuclear energy sensitivity, one who use his knowledge to emotionally manipulate other rather than empower and liberate other. Hence opening the door of school ^{True} here is opening the door of immense darkness where everyone is bound in chain.

It is true, that opening the door of school is the first step. But then the door of the school should also be ethically guarded. So that-

no Hitler can put racist
content in syllabus, no
Laden can breeds in himself
hatred for others.

As ^{Dr.} Abdul Kalam
has said school is the
foundation of nation what-
he meant was that school
is foundation of good values
the virtues of tolerance,
temperance, courage, perseverance,
integrity and compassion
and then only it can
shut all the gate for humanity
to prison of nihilism,
prison of self annihilation
and prison of self destruction.

Therefore let us stop

the commercialisation of school,
let us prevent the mass
cheating at school. Let
us send all our brothers
and sisters to school. The
doors of school should not
only be in cities but in
forest too. The doors of
school should not be only
on land but our inner
mind too.

Let us not only
close the prison but also
liberate the people inside
through rehabilitation. Let
us not only prevent people
from doing criminal activities
and being end up in prison
but also free our mind
from all sort of chains.

And then only -

Our nation will rise into
a dreamland where every
one is free , every one
is valued , there is no
narrow domestic wall and
every one has the opportunity
to the door of true school.
be it in mind, or forest
or Taraknath's pavement.

5. हम सदैव अपने युवाओं के लिए भविष्य का निर्माण नहीं कर सकते, परंतु हम भविष्य के लिए अपने युवाओं को तैयार कर सकते हैं।

We cannot always build the future for our youth, but we can build our youth for the future.

6. नकल करना सुरक्षित होता है; नवाचार के लिए साहस की आवश्यकता होती है।

Copying is safe; innovation demands courage.

7. हम जितना अधिक स्वचालन को अपनाएंगे, हमें उतना ही अधिक मानवीय बनना होगा।

The more we automate, the more human we must become.

8. तत्काल मान्यता की चाह एक व्याकुल मानसिकता वाली पीढ़ी को जन्म दे रही है।

The pursuit of instant validation is creating a generation of restless minds.

8. THE PURSUIT OF INSTANT VALIDATION IS CREATING A GENERATION OF RESTLESS MIND

Two millennia ago,
Siddhartha faced an existential
crisis. He took a long
path of self-introspection,
perseverance and meditation
and finally got enlightened.
He found salace, peace - and
true bliss • → a calm mind

with utmost bliss.

Had Siddhartha been today most probably he would have ~~and~~ resorted to social media for pacifying himself, seeking validation from instagram peers to to have the feeling of some existence or maybe for an instant solution he would have indulged in video gaming with his friends to shut all cognitive dissonance. In either cases he could not have become an enlightened Buddha but would have remained even a more restless Siddhartha.

Perhaps this is

the situation of most of us in this world which has become so much fast paced that we want everything in a blink of second, an instant-validation or an instant-gratification. And This has truly made us more restless, more anxious, more insecure and a bit more insensitive.

Let us first see our pattern of pursuit of instant validation.

To increase our self worth, with a touch on screen we put ~~our~~ or

upload our daily routine on
instagram. To refresh our
~~feed~~ mind we just command
some software, 'Alexa, play
a nice song for me'. Or
to get some laughter we
click a button on remote
lying on bedside and turn
some reality show.

And why we do
all these? Because the
number of likes on
instagram give us the sense
of self worth - a mechanism
of instant validation which
scholars call facebook effect.
And also because these
are the easy choices to
be made with the

help of smart devices. The devices which provide us instant- gratification and self estimation as well.

But the rise of these smart- devices has also led to the decline of wise choices. It is creating a generation of restless minds. The fourth monkey of Gandhiji has in skeptical sense has arrived - who neither look upward, nor listen to anyone and don't speak as well but stare at the screen all the time. And thus restlessness is increasing. Let us look how so —

fake news on media which validate our inner biases and values proliferate at lightening pace as we forward it. This creates misinformation and at times are against some section or group of people which creates restlessness among them. This is the build up for any violent-
Communalism.

Be it the violence of Muzaffarnagar or riots of Nuh or the communal violence in Delhi, all of it arose because of pursuit of self ^{instant} validation ~~and~~ of a group's own stereotype rather than taking the

more prudent and difficult path of fact-checking.

Moreover, political leaders for their self validation of their ideology and vested interest create echo chamber on media or through public speech. In both cases, people ~~do~~ are not questioning it, not listening to their conscience and hence create or makes no more emotionally charged - restlessness -

Also, our pursuit of instant validation kill the cognitive dissonance arising in us by indulging into self satisfying ideologies.

And this have given
rise to extreme relativism,
weakism, canceled culture which
is increasing restlessness
everyone.

The Descartian
Methodical doubt has taken
a backseat. There is no
rational argument because
it will hamper instant-
validation of our attitudes,
our behavior. Therefore
we truly are not existing
in true sense. Jean
Paul Sartre's existentialism
is in crisis.

Truly, the cloud has
clouded our judgement!

But are we the only one at fault for seeking instant validation and a rise of generation of restless mind.

Perhaps not! Perhaps a larger force is at work — the data colonialist.

Everything we do on internet is being recorded, converted and manipulated to feed us back.

That's why Netflix knows which shows we like, Alexa knows better than us which song we will like to hear and Zomato knows what we

might feel to eat now.

We have lost
our agency to these
MNCs, our self awareness
has been outsourced. And
for what - just to
make some more profit.

That's why Susana
Zoroff said, "if something
is for free then you
are the product".

Hence there is
need to pacify our
validation seeking attitude,
delay our gratification.
Let us validate the fact

before it create
restlessness. Let us
engage in real social
and community bondage rather
than creating an artificial
network for validation on
internet.

It's time for
government to decide whether
they want to preserve
their citizen by providing
Right to data, Right to
be forgotten or collude
with data imperialist in
name of economic development.

It's only by doing the
former a generation of
truly innovative, balanced

and calm mind can be
generated. Let's us use
our machine a bit
more wisely to enhance
our existence rather than
indulging into meaningless
instant validation. for - if

“Technology is a useful servant
but devil master”

SPACE FOR ROUGH WORK

~~He who open~~
THE PURSUIT OF INSTANT VALIDATION
IS CREATING A GENERATION OF RESTLESS MIND

~~Pursuit~~

Instant validation — instant gratification.

one touch away
one remote far
instant consumerism.

(Gandhi's fourth monkey — who only stare at phone)

Restless mind — ~~the~~ self worth = no. of likes (facebook etc)

outsourcing self awareness

rise of smart devices and
fall of wise choices

Outcome — misinformation — restless society — communism

Meme culture

↳ distort reality.

Media — PR seeking.

No media ethics. → a post truth world

Politicians — creating echo chambers.

more restless mind
rather than thoughtful
one.

Wokeism, extreme relativism

rather than
Aristotle's Mean

Descartes ~~self~~ Methodical
doubt —

SPACE FOR ROUGH WORK

66 I think therefore I am

who is at fault

↳ Data colonialist as well

↳ Just a profile

↳ Netflix knows better than we ourselves

~~Alena~~ ~~Alena~~

~~Bezos~~
Mudella — Data as new art

Susana Rozoff — "We are the product"

Two pronged solution

from top — dead addiction
bottom

let us engage in cuddles
& not on media.

↳ let us validate the
fact before it causes
senseless wars.

from top —
DDPP Act
R to
Coasure
R to be
forgotten

economic or ~~forget~~ people,
profit or long term society

Technology a
useful servant

But ~~dangerous~~
master.

SPACE FOR ROUGH WORK

He who opens a school door & closes a prison:

What is school door → school for children
 → wisdom
 → Art of questioning
 → Being open to idea
 → change as per circumstance

What is prison → prison
 → ignorance - stereotyping, Racism, sexism
 → Lust, greed &
 → Imperialism, neocolonialism.

How school prevents prison → knowledge, wisdom
 → tolerance
 → value of one's life, others' life.
 → wisdom binds one to social contract
 → shared & interconnected.

Does school always ^{clear} the prison? — No
 → Commercialization of school
 → mass cheating
 → Prevention of Unfair Means Act
 → Intention
 → Sophist - to control people
 → Dual technology
 → Exploitative technology
 → Emotional manipulating
 → Titles & symbolic change

Present context

→ inequality
 → SC, ST → literacy rate - 50%
 → problem in health

Opening school door

→ apathy → poor integration
 ↓
 a nation breeds regionalism

Valmiki - thief to saint

Ashoka - violence to Dhamma

Galileo - Darkness to enlightenment

R.R.R - ~~the~~ society burning itself
 to society healing itself.

Liberalization - prison of stagnation → growth / dev.

LIFE - prison of consumerism to sustainable livelihood.

Nuclear Treaty - Nuclear night to Nuclear light.

Deep ecology →

Let us ~~open~~ the school of wisdom and close the doors of ignorance

Let us open the gate , for secularism

www.visionias.in

Let us open the gate of the school

enemy
 community