



VISIONIAS

INSPIRING INNOVATION

ABHYAAS MAINS

निबंध ESSAY

निर्धारित समय: तीन घंटे
Time Allowed: **Three Hours**

टेस्ट कोड / Test Code : 3128

अधिकतम अंक: 250
Maximum Marks: 250

सामान्य अनुदेश

इस प्रश्न-सह-उत्तर (क्यू.सी.ए.) पुस्तिका में 32+2 पृष्ठ हैं। प्रश्न-पत्र, क्यू.सी.ए. पुस्तिका के अंत में संलग्न है, जो अलग (वियोज्य) किया जा सकता है और उम्मीदवार परीक्षा के उपरान्त अपने साथ ले जा सकते हैं।

रफ कार्य के लिए तीन खाली पृष्ठ (पृष्ठ संख्या. 30-32) दिए गए हैं।

पुस्तिका प्राप्त होने पर, कृपया यह जांच कर लें कि इस क्यू.सी.ए. पुस्तिका में कोई कमी न हो, फटा हुआ पृष्ठ न हो अथवा कोई पृष्ठ गायब न हो इत्यादि। यदि ऐसा हो, तो इसके बदले नई क्यू.सी.ए. पुस्तिका प्राप्त कर लें।

General Instructions

This Question-cum-Answer (QCA) Booklet contains 32+2 pages. Question Paper in detachable form is available at the end of the QCA Booklet which can be taken away by the candidate after examination.

Three blank pages (Page Nos. 30-32) have been provided for rough work.

On receipt of the Booklet, please check that this QCA Booklet does not have any shortcomings, torn or missing pages etc. If so, get it replaced with a fresh QCA Booklet.

(उम्मीदवार द्वारा भरा जाएगा/To be filled by the Candidate)

पंजीकरण सं./Registration No. : 01502746

अभ्यर्थी का नाम/Name of Student : TANISHA MUNRA

माध्यम: हिंदी/अंग्रेजी
Medium: Hindi/English

ENGLISH

तारीख
Date

31/08/24

निबंध ESSAY

केंद्र
Centre

LUCKNOW

निरीक्षक के हस्ताक्षर
Invigilator's Signature

	महत्वपूर्ण अनुदेश	Important Instructions
	उम्मीदवार को नीचे उल्लिखित निर्देश सावधानी से पढ़ लेने चाहिए। किसी भी निर्देश का उल्लंघन करने पर उम्मीदवार को मिलने वाले अंकों में कटौती, उम्मीदवारी रद्द, आयोग के परवर्ती परीक्षाओं के लिए वर्जित करने इत्यादि के रूप में दण्डित किया जा सकता है।	Candidate should read the undermentioned instructions carefully. Violation of any of the following instructions may entail penalty in the form of deduction of marks, cancellation of candidature, debarment from further Examination of the Commission etc.
1	(क) अपना पंजीकरण सं. एवं अन्य विवरण केवल प्रश्न-सह-उत्तर पुस्तिका (क्यू.सी.ए.) में उम्मीदवार के लिए निर्धारित स्थान पर ही लिखें। (ख) इस पुस्तिका में अन्यत्र कहीं भी अपना नाम, पंजीकरण सं., मोबाइल नं., पता अथवा प्रश्न-सह-उत्तर पुस्तिका (क्यू.सी.ए.) संख्या न लिखें जिससे आपकी पहचान का खुलासा हो।	(a) Write your Registration Number and other details only in the space provided in the Question-Cum-Answer (QCA) Booklet for candidates. (b) Do not disclose your identity in any manner such as, by writing your Name, Registration number, Mobile number, Address, Question-Cum-Answer (QCA) Booklet No. etc. elsewhere in the Booklet
2	अपनी क्यू.सी.ए. पुस्तिका में कहीं भी प्रश्नों के वास्तविक उत्तर के अतिरिक्त कुछ न लिखें जैसे कि कोई कविता/दोहा, अभद्र या अपमानजनक अभिव्यक्ति इत्यादि और न ही कोई ऐसा चिन्ह/निशान बनाएं जिसका उत्तर से सम्बन्ध न हो।	Do not write in the QCA Booklet anything other than the actual answer such as couplet, obscene, abusive expression etc., nor put any sign/mark having no relevance to the answer.
3	परीक्षक को प्रत्यक्ष/अप्रत्यक्ष रूप से कोई भी प्रार्थना/धमकी भरी बातें न लिखें।	Do not make any direct/indirect appeal/threat to the examiner.
4	उत्तर अस्पष्ट अथवा गंदी लिखावट में न लिखें। इस प्रकार के उत्तर का मूल्यांकन नहीं भी किया जा सकता है।	Do not write answers in bad/illegible handwriting. Such answers may not be evaluated.
5	उत्तर स्याही में ही लिखें। उत्तर लिखने के लिए पेंसिल का उपयोग न करें, हालांकि आरेख, चित्र इत्यादि बनाने के लिए पेंसिल का उपयोग किया जा सकता है।	Write answers in ink only. Do not use pencil for writing the answers. However, pencil may be used for drawing diagrams, sketches, etc.
6	प्रवेश पत्र में उल्लेख किए गए माध्यम के अलावा अन्य किसी माध्यम में उत्तर न लिखें। अधिकृत और अनधिकृत की मिली जुली भाषा का भी उपयोग न करें।	Do not write answers in medium other than the authorized medium in the Admission Certificate. Do not use mixed language either i.e. authorize and unauthorized media together for writing answers.
7	प्रश्नों के उत्तर ठीक उसके नीचे दिए गए निर्धारित स्थान पर ही लिखें। निर्धारित स्थान के अलावा किसी अन्य स्थान पर लिखे गए उत्तर का मूल्यांकन नहीं किया जाएगा।	Write answer at the specific space (right below the question) only. Answers written elsewhere at unspecified places in the booklet shall not be evaluated.
8	यदि आप अपने किसी उत्तर को रद्द करना चाहते हैं तो उसे पेन से काट दें तथा उस पर "रद्द" लिख दें, अन्यथा उसका मूल्यांकन किया जा सकता है।	If you wish to cancel any work, draw your pen through it and write "Cancelled" across it, otherwise it may be valued.



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निबंध

निर्धारित समय: तीन घंटे

टेस्ट कोड : 3128

अधिकतम अंक: 250

प्रश्न-पत्र संबंधी विशेष अनुदेश

(प्रश्नों के उत्तर देने से पूर्व निम्नलिखित प्रत्येक अनुदेश को ध्यानपूर्वक पढ़ें)

प्रवेश-पत्र में प्राधिकृत माध्यम में निबंध लिखना आवश्यक है तथा इस माध्यम का स्पष्ट उल्लेख प्रश्न-सह-उत्तर (क्यू.सी.ए.) पुस्तिका के मुखपृष्ठ पर निर्दिष्ट स्थान पर करना आवश्यक है। प्राधिकृत माध्यम के अलावा अन्य माध्यम में लिखे गए उत्तरों पर अंक नहीं दिए जाएंगे।

प्रश्नों के उत्तर निर्दिष्ट शब्द-संख्या के अनुसार होने चाहिए।

प्रश्न-सह-उत्तर पुस्तिका में खाली छोड़े गए किसी पृष्ठ व पृष्ठ के भाग को पूर्णतः काट दीजिए।

ESSAY

Time Allowed : Three Hours

Test Code : 3128

Maximum Marks : 250

QUESTION PAPER SPECIFIC INSTRUCTIONS

(Please read each of the following instructions carefully before attempting questions)

The ESSAY must be written in the medium authorized in the Admission Certificate which must be stated clearly on the cover of this Question-cum-Answer (QCA) Booklet in the space provided. No marks will be given for answers written in a medium other than the authorized one.

World limit, as specified, should be adhered to.

Any page or portion of the page left blank in the Question-cum-Answer Booklet must be clearly struck off.

EVALUATION INDICATORS

1. Contextual Competence
2. Content Competence
3. Language Competence
4. Introduction Competence
5. Structure - Presentation Competence
6. Conclusion Competence

Overall Macro Comments / feedback / suggestions on Answer Booklet:

1.

2.

3.

4.

5.

6.

All the Best

खंड A और B प्रत्येक से एक-एक विषय चुनकर दो निबंध लिखिए, जो प्रत्येक लगभग 1000-1200 शब्दों में हो :

Write **two** essays, choosing **one** topic from each of the Sections A and B, in about 1000-1200 words each : 125 x 2 = 250

खण्ड – A / SECTION – A

1. विश्व को एक साथ मिलकर कार्य करना सीखना होगा अन्यथा यह कार्य ही नहीं करेगा।
The world must learn to work together, or finally it will not work at all.
2. कला की भांति प्रौद्योगिकी भी मानवीय कल्पना का एक उत्कृष्ट अभ्यास है।
Technology, like art, is a soaring exercise of the human imagination.
3. हमने बेटियों को बेटों की तरह पालना तो शुरू कर दिया है लेकिन, कुछ ही लोगों में अपने बेटों को अपनी बेटियों की तरह पालने का साहस है।
We've begun to raise daughters more like sons, but few have the courage to raise our sons more like our daughters.
4. लोगों की इच्छा अन्याय को न्याय नहीं बना सकती है।
The will of the people cannot make just that which is unjust.

खण्ड – B / SECTION – B

5. किसी विचार को स्वीकार किए बिना उसपर विचार करने में सक्षम होना ही शिक्षित मस्तिष्क की पहचान है।
It is the mark of an educated mind to be able to entertain a thought without accepting it.
6. एक ऐसी दुनिया में, जो लगातार तुम्हें कुछ और बनाने का प्रयास कर रही है, स्वयं को बनाए रखना सबसे बड़ी उपलब्धि है।
To be yourself in a world that is constantly trying to make you something else is the greatest accomplishment.
7. हम चीजों को वैसा नहीं देखते हैं जैसी कि वे होती हैं, बल्कि हम उन्हें वैसा देखते हैं जैसे कि हम हैं।
We don't see things as they are, we see them as we are.
8. सच जब तक अपने जूते पहन रहा होता है, झूठ तब तक आधी दुनिया का सफ़र तय कर लेता है।
A lie can travel half way around the world while the truth is putting on its shoes.

खण्ड - A / SECTION - A

1. विश्व को एक साथ मिलकर कार्य करना सीखना होगा अन्यथा यह कार्य ही नहीं करेगा।
The world must learn to work together, or finally it will not work at all.
2. कला की भांति प्रौद्योगिकी भी मानवीय कल्पना का एक उत्कृष्ट अभ्यास है।
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The will of the people cannot make just that which is unjust.

1. The world must learn to work together,
or finally it will not work at all

The question as to why human race was able to dominate over the world and continues to do so has always perplexed thinkers. Many theories have been put forward but none made as much of an impact as the theory of 'Healed Femur' by Anthropologist Margaret Mead.

She hypothesized that the most formidable of human power can be found in the evidence of a healed femur in early man. It shows that a person injured was given the care and resources to heal and stand on their own feet. It stands as a metaphor for man's ability to work together, care and collaborate that has made the continued domination of our world possible.

The above anecdote shows how working together is a natural trait of mankind. However, in a world that has increasingly become divided on parochial lines, this trait is increasingly become lost. Seen in this light, the statement that 'We must learn to work together' then

becomes a call for action, a cautionary signal to revisit the practices of our ancestors with healed femurs.

In this essay, we shall see working together can yield positive, sustainable results. We shall explore the reasons that hinder this collective action and consequences thereof. Ultimately, it is only the power of collaboration that can push us ahead.

The most important lesson on working together comes from nature. The Gaia hypothesis by John Lovelock showed how Earth functioned like a living organism; a living whole. The glaciers feed the rivers, the mountains and valleys make way for it and the

oceans accepts it. All working together and collaborating. Indeed this is why it is able to sustain life. Not only sustain, it is this power of unity that has allowed it to endure the anthropogenic disruptions of global warming and climate change.

Surely there is power in unity. It can transform destinities of nations. Take the case of two countries in the same continent — Sudan and Rwanda. While Sudan is still engulfed in civil war and struggle, Rwanda chose the path of working together. Post the 1994 deadly genocide killing millions of Tutsis, it chose the path of conciliation and cooperation. The result is a shining economy, flourishing tourism and a inspiring template of Constitutional democracy.

Further, working together after means benefitting from the collective wisdom of the community. Mark Twain said, "genius is born out of collective wisdom". This is because it allows us to benefit from the successes and failures of each other. All successful UN resolutions like the Universal Declaration of Human Rights stands today because they were a product of our collaboration.

Indeed all inventions, theories have been a result of this intergenerational collaboration. Copernicus gave the theory of heliocentrism and it was Galileo who invented the telescope and confirmed it. Thus, working together is what makes the wheel of innovation move.

Moreover, working together means confronting opposite opinions, ideas and ideology. It was the famous debates between Niels Bohr and Albert Einstein that pushed the field of quantum physics to where it is now. What better example of this than our Indian Parliament. A mosaic of identities, cultures all collaborating and deliberating, working together in making the goal of "Vikrit Bharat" a reality.

Opposite views not only enrich the collective actions but often give birth to innovative solutions. The Netflix movie "The Best of Enemies" is based on a true story of an unusual friendship between Civil Rights activist Ms. Anwar and KKK local leader CP Ellis. Though ~~on~~ being on the far ends of the ideology spectrum, it shows

how they worked together to address the segregation in public schools in their district. It was their cooperation that made them successful in coming up with an innovative, win-win model.

The Covid Pandemic also showed us the mirror on how interconnected the world is. The quote of "Poverty anywhere is a threat to poverty everywhere" was demonstrated more clearly than ever where "infection anywhere means risk of infection everywhere".

It is this interconnectedness that makes working together not just a design, noble idea but a necessity.

The world today is characterized by as Kofi Annan described "Problems without borders". From climate change to

disruptive technologies like AI and deepfake, it is only when we will work together can a sustainable solution be reached at.

However, despite the numerous advantages and urgency of working together why is it that we still fail to do so?

It is today's sad reality that the world is more divided than ever with conflicts and wars an every day affair. This paradox of our common destiny yet divergent actions rises from a number of factors.

First is denial. We are so obsessed with closing the door on other's issues, thinking it is not our problem. Be it on an individual basis or internationally, this phenomenon is apparent. However, the bubble of denial soon bursts too. The problem of

climate change is an island nations' problem until it gives rise to huge influx of refugees. Poverty and underdevelopment is an African problem unless the terrorism originating as a result of it threatens one's own citizens.

Secondly, the lack of consensus is also due to increasing mistrust that exists. The adage of 'Love thy neighbour' has turned to be 'Doubt thy neighbour'. This mistrust can be both logical as in the case of Third world's mistrust of former colonizers and even misplaced. Misplaced mistrust is manufactured propaganda like the India Out campaign in Maldives, built to serve political objectives.

This mistrust also leads to lack of consensus further blocking any

future collaboration.

Further, with advent of social media, we are accustomed to living in echo chambers. Any view different than one's own is dismissed on face value. Cancel culture is the norm of the day.

All of these factors make even simple solutions elusive. However, with the world standing at the crossroad of what the UN Secretary General Antonio Guterres terms as "collective action or collective suicide", it is important to make a choice lest the workability of our world is lost forever.

The solutions to working together are rather simple yet hard to execute. It starts small, at homes and schools. The A-Soji practice is

Japanese schools involves children working together to clean their school and community. Small yet most effective considering the excellent work ethic that Japan is famous for.

Further, it is important to recognize human values that transcends parochial boundaries of nation, religion and region. The theory of Superordinate Goals argues that there are some universal goods like clean climate, development and safe communities that are common to us all. Focussing on such goals via international bodies like the United Nations, G20 can be a first step.

But most importantly, it is recognition and celebration of our diversities that would ~~make~~ decide the

future of any effort. The conscious effort to look beyond the boundaries and identities that separate us. Secular ethics by Delhai Lame is an important approach in this regard.

Therefore it is only through such efforts - both individual and collective that we can unlock the treasures that our ancestors gave us - the treasure of collective wisdom and collective action.

Individual innovations and successes can only be sustainable and long lasting when accompanied by working together externally too. A closed China did grow but what made it the power it is today is opening up.

The words of Rabindranath Tagore guide us in this regard,
"Where the world is not fragmented by
personal walls
O into that heaven, let my country awake."

खण्ड - B / SECTION - B

उम्मीदवारों को इस हाशिए में नहीं लिखना चाहिए
Candidates must not write on this margin

5. किसी विचार को स्वीकार किए बिना उसपर विचार करने में सक्षम होना ही शिक्षित मस्तिष्क की पहचान है।
It is the mark of an educated mind to be able to entertain a thought without accepting it.
6. एक ऐसी दुनिया में, जो लगातार तुम्हें कुछ और बनाने का प्रयास कर रही है, स्वयं को बनाए रखना सबसे बड़ी उपलब्धि है।
To be yourself in a world that is constantly trying to make you something else is the greatest accomplishment.
7. हम चीजों को वैसा नहीं देखते हैं जैसी कि वे होती हैं, बल्कि हम उन्हें वैसा देखते हैं जैसे कि हम हैं।
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8. सच जब तक अपने जूते पहन रहा होता है, झूठ तब तक आधी दुनिया का सफ़र तय कर लेता है।
A lie can travel half way around the world while the truth is putting on its shoes.

To Be yourself in a world that is constantly trying to make you something else is the greatest achievement

Born in a small village in Tamil Nadu, life seemed to be predecided for Muthulaxmi Reddy. Her fortune was sealed as a devadasi as was of many girls in her community. It was customs and the prevailing norms that seemed to conspire against her. Behind the veil of her Devadasi life, she had

a flame burning. A flame to not submit to the life decided for her, a flame to break free. It was this zeal that made her resist the practice, fight social constraints and become the first practicing physician and the first woman legislator in British India.

Her journey from being a devadasi to a doctor is testimony to the adage that "in a world that is constantly trying to make you something else, to be yourself, is the greatest achievement."

In this essay, we shall see how often "being yourself" is the ^{of} most difficult tasks we have to undertake. It involves a silent revolution both externally and internally. Ultimately, patience and perseverance are the way out.

= "To be or not to be" is the constant battle that we all undertake. Carving one's own unique role and path in a world obsessed with certainty and compliance is itself is an uphill battle. However, difficult as it may be, it is one of primary duties we have.

This duty to find one's purpose and role was termed as the most fundamental of human obligation by Viktor Frankl in his theory of Logotherapy. The main aim of human life in his opinion is to find some meaning, some method to the madness.

Indeed, without a purpose, without a 'reason to be', there is no 'being'. This need to find yourself and

It that irrespective of outside influences has been explored by many thinkers and philosophers. It serves the many purposes some of which are discussed below.

Firstly, it helps us in achieving self actualization goals that feature at the top of Maslow's hierarchy of needs. Great men have all broken the initial inertia and weight of societal expectations to find their true calling. Baba Amte's transition from a lawyer to a physician shows us the power such resistance can offer. By not following the norm, he set out to his true calling of treating and caring for leprosy patients.

Secondly, it is by being oneself can we fulfill one's duties most effectively. In the movie Nautan, a

young government servant faces the apathy and lax attitude of the local administration in trying to conduct an free and fair election in a tribal, Maoist region. Constantly, under pressure to change his idealistic ways, he perseveres nonetheless. This resistance to outside influence is what makes our conscience clear, an underrated but most vital of achievements.

Further, to be oneself is also a battle against conformity bias which gives rise to innovation. Henry Ford famously said "If I had asked people what they wanted, they would have said: faster horses." Thus, society limits one's potential to the common level of understanding, the prevailing norm. However, innovation happens on

going beyond this by "being oneself"
regardless of the pressure.

This battle of being oneself is
all the more important when society
often places glass ceilings on our
growth. Kamala Sahasr was
denied admission into the IISc
for being a woman. The role
assigned to her was of a housewife not
a scientist. However, it was her
action was staying true to her
undeniable spirit that made her
achievement greater.

Therefore, it is only by being
oneself and standing one's ground that
we can fulfill a duty most sacred of
all a duty to self. However, the battle
is not merely personal.

By being oneself we can also
fulfill our societal roles more effectively.

Thus, "being yourself" is not always confrontational to one's societal goals.

Both can be complementary to one another. Vikram Sarabhai was born into an affluent, ~~business~~ business family. He had all the luxuries. The path ahead him seemed clear.

However, it was his act of "being himself" and following his passion that led to India being blessed with the greatest scientific mind.

However, despite the personal and societal achievements made when individuals are free to be

themselves, the world at large still stifles innovation and enforces conformity. This is because we

collectively like order and authority.

If everyone starts to be themselves

irrespective of the worldly duties and societal order, where will it end?

This also raises the question is being oneself always the ethical choice?

Certainly not. If that were the case, all injustices can be excused by the simple reason that the persons ~~(who)~~ just being themselves. A child when being taught right from wrong is taught so based on social norms and standards. Conforming to such social values is ~~(then)~~ then an achievement equally important.

Similarly, there is also some merit in the societal roles that the world expects us to fulfill. Parents cannot argue that they want to be themselves and neglect their role and duty to the child in particular and society at large. If so, all social institu-

-itions would collapse. Robert Frost beautifully captures this in the lines,

"The woods are lovely dark and deep,

But there are promises to keep",
highlighting that social duties and roles assigned and their fulfillment is also one of achievements.

Moreover, the question that also arises is that is the world always responsible for trying to make us what we are not? Are we mere victims or equal collaborators?

Byung Chul talks about this in his book "Burnout Society" wherein he argues that the world has transitioned from a (disci) disciplinary society characterized by external order,

oppressive regime to an "achievement society" characterized by hustle culture and rat race. In the former, the world exercised control externally but in the latter, it is us who are obsessed with forever achieving, forever expending. The internal pressures of victory and success have taken place of the external controls. This makes the battle of "being" or internal revolution as much as it is an external one.

Further, the battle does not merely originate within but is often fought within too. This battle of firstly "knowing oneself"

To be oneself, one must know oneself. However, this is easier said than done. Especially with the rise of

social media, the process of self discovery has been outsourced.

Technology tells us what to think, what to eat, what to watch and what to wear.

Olivia Henderson, in her book 'Social Detox' talks about this phenomenon wherein we are transferring our agency, our whole act of being to be determined and controlled by disruptive technologies and digital echo chambers. Thus, the battle of "to be yourself" expands its horizons to become a battle of "knowing yourself and being yourself".

The question then arises as to how to develop this. How to win in the battle that seems so pre decided?

The ~~power~~ of answer lies in the power of silence, patience and perseverance. Silence to listen to oneself, patience in finding the answers and perseverance is constantly questioning the results. Socrates said, "An unexamined life is not worth living", it only by a careful examination that we find the golden balance of conformity and rebellion.

Lastly, we must have courage of conviction and self belief. To not be washed by storms of outside influences. Rene was not built in a day, rene is in every step we take and not give up. Unlike Sisyphus, we must not push the boulders of societal expectations, like Marge Piercy says "I will not be Sisyphus, they are things I must learn to break!"

SPACE FOR ROUGH WORK

Proposed by M. Anwarul
CP Ellis

The world must learn to work together, or finally
it will not work at all.

→ nature work together
working together: learn from

note: (Margaret Mead - Healed Femur - Hook) Gain hypothesis

Why work together

innovative solutions (The Best of enemies)

collective wisdom (Mark Twain) -

Transboundary issues (climate) constitute

unless together no result sustainable (Covid)

Bridges gaps pushing forward (Ruanda genocide -)

creativity births
is conflict b/w ideas
(Niel Bohr, Einstein)

Palmer
debates

Why doesn't

the world

work together

(To be happy is to
simple but
simple is not easy.)

simplicity ultimate sophistication

lack of consensus

mistrust

genuine diff of

opinion (Coral Culture)

Nature problem (Carbater)

Ruanda genocide

Prisoner dilemma

Frog in a well (False confidence)

Stagnant

Imp. of isolation

(China, Newton)

The statement has been

a call to recognize

not

results. While there is.

In this essay we shall see how

working together can yield pos. sustain

What happens
when we don't
work together

where the
world is
not divided
by parallel
walls

Is working

together always pays off

Truth & Reality

Into that heaven of freedom

let my own

In this essay we shall know after "being yourself" is the most difficult task we have ever have to undertake. It will a silent revolution not only within but outside.

SPACE FOR ROUGH WORK

03 To be yourself in a world as they Net is this -
constantly trying to make you someone else -
be great + encouraging.

Wish: Muthulaxmi Reddy

Charting your own unique journey

So not when in School
of Sisyphus, it
we have -
to state

The

Dimensions 1) Purpose - most imp duty (Viktor Frankl)

Toler or

2) Duty to oneself → Dolls house

Working together
 Simple industry

3) Meaning
Ante

4) Societal roles - glass ceiling - limit growth
ready demand Viktor Frankl

5) True to oneself - coping
(Nemo movie)

Counter dimensions - Robert Frost

1) Societal roles are also
imp - eg. world dictates a per
sonal move

6) Media - is age of social media ("To be yourself is itself out sourced")
Olivia
Naderson
Social Media

7) Fighting conformity → peer pressure
legacy impact (Ford)
 8) 1984

2) Sometimes it is not
world but we ourselves
(The internal revolution)
[Must be culture]

Byung Hui Burnout Society

now to develop this →
 1) Perseverance + patience There is in every step
 2) Learn to break patterns Johns
 3) Courage of conviction Medicine
 4) Know voice awakened / voice shut

SPACE FOR ROUGH WORK



VisionIAS