



VISIONIAS
INSPIRING INNOVATION
ABHYAAS MAINS

निबंध
ESSAY

निर्धारित समय: तीन घंटे
Time Allowed: **Three Hours**

टेस्ट कोड/ Test Code : 2488

अधिकतम अंक: 250
Maximum Marks: 250

सामान्य अनुदेश

इस प्रश्न-सह-उत्तर (क्यू.सी.ए.) पुस्तिका में 32+2 पृष्ठ हैं। प्रश्न-पत्र, क्यू.सी.ए. पुस्तिका के अंत में संलग्न है, जो अलग (वियोज्य) किया जा सकता है और उम्मीदवार परीक्षा के उपरांत अपने साथ ले जा सकते हैं।

रफ कार्य के लिए तीन खाली पृष्ठ (पृष्ठ संख्या. 30-32) दिए गए हैं।

पुस्तिका प्राप्त होने पर, कृपया यह जांच कर लें कि इस क्यू.सी.ए. पुस्तिका में कोई कमी न हो, फटा हुआ पृष्ठ न हो अथवा कोई पृष्ठ गायब न हो इत्यादि। यदि ऐसा हो, तो इसके बदले नई क्यू.सी.ए. पुस्तिका प्राप्त कर लें।

General Instructions

This Question-cum-Answer (QCA) Booklet contains 33+2 pages. Question Paper in detachable form is available at the end of the QCA Booklet which can be taken away by the candidate after examination.

Three blank pages (Page Nos. 30–32) have been provided for rough work.

On receipt of the Booklet, please check that this QCA Booklet does not have any shortcomings, torn or missing pages etc. If so, get it replaced with a fresh QCA Booklet.

SE

(उम्मीदवार द्वारा भरा जाएगा/To be filled by the Candidate)

पंजीकरण सं./Registration No. : 0365537

अभ्यर्थी का नाम/Name of Student : Deepika Chourasiya

माध्यम: हिंदी/अंग्रेजी
Medium: Hindi/English

English

तारीख
Date

25th August
2023

निबंध
ESSAY

केंद्र
Centre

Delhi

निरीक्षक के हस्ताक्षर
Invigilator's Signature

	<p style="text-align: center;">महत्वपूर्ण अनुदेश</p> <p>उम्मीदवार को नीचे उल्लिखित निर्देश सावधानी से पढ़ लेने चाहिए। किसी भी निर्देश का उल्लंघन करने पर उम्मीदवार को मिलने वाले अंकों में कटौती, उम्मीदवारी रद्द, आयोग के परवर्ती परीक्षाओं के लिए वर्जित करने इत्यादि के रूप में दण्डित किया जा सकता है।</p>	<p style="text-align: center;">Important Instructions</p> <p>Candidate should read the undermentioned instructions carefully. Violation of any of the following instructions may entail penalty in the form of deduction of marks, cancellation of candidature, debarment from further Examination of the Commission etc.</p>
1	<p>(क) अपना पंजीकरण सं. एवं अन्य विवरण केवल प्रश्न-सह-उत्तर पुस्तिका (क्यू.सी.ए.) में उम्मीदवार के लिए निर्धारित स्थान पर ही लिखें।</p> <p>(ख) इस पुस्तिका में अन्यत्र कहीं भी अपना नाम, पंजीकरण सं., मोबाइल नं., पता अथवा प्रश्न-सह-उत्तर पुस्तिका (क्यू.सी.ए.) संख्या न लिखें जिससे आपकी पहचान का खुलासा हो।</p>	<p>(a) Write your Registration Number and other details only in the space provided in the Question-Cum-Answer (QCA) Booklet for candidates.</p> <p>(b) Do not disclose your identity in any manner such as, by writing your Name, Registration number, Mobile number, Address, Question-Cum-Answer (QCA) Booklet No. etc. elsewhere in the Booklet</p>
2	<p>अपनी क्यू.सी.ए. पुस्तिका में कहीं भी प्रश्नों के वास्तविक उत्तर के अतिरिक्त कुछ न लिखें जैसे कि कोई कविता/दोहा, अभद्र या अपमानजनक अभिव्यक्ति इत्यादि और न ही कोई ऐसा चिन्ह/निशान बनाएं जिसका उत्तर से सम्बन्ध न हो।</p>	<p>Do not write in the QCA Booklet anything other than the actual answer such as couplet, obscene, abusive expression etc., nor put any sign/mark having no relevance to the answer.</p>
3	<p>परीक्षक को प्रत्यक्ष/अप्रत्यक्ष रूप से कोई भी प्रार्थना/धमकी भरी बातें न लिखें।</p>	<p>Do not make any direct/indirect appeal/threat to the examiner.</p>
4	<p>उत्तर अस्पष्ट अथवा गंदी लिखावट में न लिखें। इस प्रकार के उत्तर का मूल्यांकन नहीं भी किया जा सकता है।</p>	<p>Do not write answers in bad/illegible handwriting. Such answers may not be evaluated.</p>
5	<p>उत्तर स्याही में ही लिखें। उत्तर लिखने के लिए पेंसिल का उपयोग न करें, हालांकि आरेख, चित्र इत्यादि बनाने के लिए पेंसिल का उपयोग किया जा सकता है।</p>	<p>Write answers in ink only. Do not use pencil for writing the answers. However, pencil may be used for drawing diagrams, sketches, etc.</p>
6	<p>प्रवेश पत्र में उल्लेख किए गए माध्यम के अलावा अन्य किसी माध्यम में उत्तर न लिखें। अधिकृत और अनधिकृत की मिली जुली भाषा का भी उपयोग न करें।</p>	<p>Do not write answers in medium other than the authorized medium in the Admission Certificate. Do not use mixed language either i.e. authorize and unauthorized media together for writing answers.</p>
7	<p>प्रश्नों के उत्तर ठीक उसके नीचे दिए गए निर्धारित स्थान पर ही लिखें। निर्धारित स्थान के अलावा किसी अन्य स्थान पर लिखे गए उत्तर का मूल्यांकन नहीं किया जाएगा।</p>	<p>Write answer at the specific space (right below the question) only. Answers written elsewhere at unspecified places in the booklet shall not be evaluated.</p>
8	<p>यदि आप अपने किसी उत्तर को रद्द करना चाहते हैं तो उसे पेन से काट दें तथा उस पर "रद्द" लिख दें, अन्यथा उसका मूल्यांकन किया जा सकता है।</p>	<p>If you wish to cancel any work, draw your pen through it and write "Cancelled" across it, otherwise it may be valued.</p>



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टेस्ट कोड : 2488

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प्रश्न-पत्र संबंधी विशेष अनुदेश

(प्रश्नों के उत्तर देने से पूर्व निम्नलिखित प्रत्येक अनुदेश को ध्यानपूर्वक पढ़ें)

प्रवेश-पत्र में प्राधिकृत माध्यम में निबंध लिखना आवश्यक है तथा इस माध्यम का स्पष्ट उल्लेख प्रश्न-सह-उत्तर (क्यू.सी.ए.) पुस्तिका के मुखपृष्ठ पर निर्दिष्ट स्थान पर करना आवश्यक है। प्राधिकृत माध्यम के अलावा अन्य माध्यम में लिखे गए उत्तरों पर अंक नहीं दिए जाएंगे।

प्रश्नों के उत्तर निर्दिष्ट शब्द-संख्या के अनुसार होने चाहिए।

प्रश्न-सह-उत्तर पुस्तिका में खाली छोड़े गए किसी पृष्ठ व पृष्ठ के भाग को पूर्णतः काट दीजिए।

ESSAY

Time Allowed : Three Hours

Test Code : 2488

Maximum Marks : 250

QUESTION PAPER SPECIFIC INSTRUCTIONS

(Please read each of the following instructions carefully before attempting questions)

The ESSAY must be written in the medium authorized in the Admission Certificate which must be stated clearly on the cover of this Question-cum-Answer (QCA) Booklet in the space provided. No marks will be given for answers written in a medium other than the authorized one.

World limit, as specified, should be adhered to.

Any page or portion of the page left blank in the Question-cum-Answer Booklet must be clearly struck off.

EVALUATION INDICATORS

1. Contextual Competence
2. Content Competence
3. Language Competence
4. Introduction Competence
5. Structure - Presentation Competence
6. Conclusion Competence

Overall Macro Comments / feedback / suggestions on Answer Booklet:

1.

2.

3.

4.

5.

6.

All the Best

खंड A और B प्रत्येक से एक-एक विषय चुनकर दो निबंध लिखिए, जो प्रत्येक लगभग 1000-1200 शब्दों में हो :

Write **two** essays, choosing **one** topic from each of the Sections A and B, in about 1000-1200 words each : 125 x 2 = 250

खण्ड – A / SECTION – A

1. टूटे हुए वयस्क की मरम्मत करने की तुलना में मजबूत बच्चों का निर्माण करना आसान है।
It is easier to build strong children than to repair broken men.
2. कोरा तर्कपूर्ण मन उस चाकू के समान है जिसमें केवल फलक ही फलक है, वह प्रयोग करने वाले हाथों को ही लहलुहान कर देता है।
A mind all logic is like a knife all blade, it makes the hand bleed that uses it.
3. जब कैटरपिलर को लगता है कि दुनिया खत्म हो गई, वह तितली बन जाता है।
Just when the caterpillar thought the world was over, it became a butterfly.
4. इतिहास, मनुष्य की स्मृतियों पर समय द्वारा लिखी गई एक चक्रीय कविता है।
History is a cyclic poem written by time upon the memories of man.

खण्ड – B / SECTION – B

5. बुद्धिमान व्यक्ति तुरंत वही करता है जो मूर्ख अंततः करता है।
The wise man does at once what the fool does finally.
6. दुनिया उन लोगों के लिए एक त्रासदी है जो महसूस करते हैं, लेकिन उन लोगों के लिए एक कॉमेडी है जो विचार करते हैं।
The world is a tragedy to those who feel, but a comedy to those who think.
7. पूर्ण स्पष्टता से बुद्धि को तो लाभ होगा लेकिन इच्छाशक्ति को क्षति पहुंचेगी।
Perfect clarity would profit the intellect but damage the will.
8. अपना चेहरा रोशनी की ओर रखिए और आपको कोई छाया दिखाई नहीं देगी।
Keep your face to the sunshine and you cannot see a shadow.

खण्ड - A / SECTION - A

उम्मीदवारों को
इस हार्शिए में
नहीं लिखना
चाहिए
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2. A mind all logic is like a
knife all blade, it makes the hand
bleed that uses it

The world saw the simultaneous
rise of two great minds - General
AQ Khan in Pakistan and Dr.
Abdul Kalam Azad. Both excelled in
the field of nuclear science.
However, General Khan misused
his mind full of knowledge to
leak the sensitive nuclear data
to other nations which not just

brought him a long jail term but also brought shame to the whole nation. While Dr Kalam utilised his knowledge to excel India in space Programme with indigenous missiles and came to be called as -

'People's president'. This tale of two men shows the power of a logical mind. So attachment to intellect without coupling it with values like emotional intelligence can bleed not just the user but all around him. Whereas a mind that acknowledges emotions can serve the whole humanity.

This essay shall explore ~~the~~ how a knife with a sharp blade of logic can be deterimental? How does it make the world bleed? And lastly how can we build a safe knife with a chandle for values?

When human purely attach themselves to logic, they are blinded by their knowledge and lose sight of the broader horizon. The lack of emotions and excessive reliance on reason during the 16th century gave birth to Romanticism and renaissance. Scholars like Rousseau opposed the scientific and industrial logic by unleashing the humanitarian side of Art, culture and poetry. As he said that, "The beating of the heart are more to be trusted than the logic of the mind". This movement gave the rising trend of unethical industrial growth that was bleeding by exploiting the labour, a human touch.

When a nation relies on the logic of safety and

sovereignty, it goes to lengths in order to secure its self interest.

This powerful reliance on logic was seen during COVID-19 pandemic when nations like USA focused on vaccine nationalism and arm twisting of developing countries to supply Pfizer to secure safety of its citizens.

But sadly, it got global criticism for its irrational activities whereas India's humanitarian vaccine Maitri initiative won worldwide appreciation. This reflects how even after having all rational resources, lack mere lack of compassion and empathy can bleed the world with narrow nationalism.

A rational mind always tends to broaden its profitability and looks at the world in Binary. Similar is the case with

large industrial houses who are driven by profiteering, even at the cost of environment. Little do they realise, that their apathy towards sustainability and rising climate crisis has led to detrimental effects on whole world. It is also dampening their business (as shown by IPCC) in terms of loss of market in climate sensitive areas. This further points how pure attachment to numbers in profit balance sheet can hurt our common future. Even the Big-tech companies like Amazon, Facebook and Google with their intellectual capital have developed algorithms for marketing. However, such algorithms are devoid of looking beyond logic which has threatened users privacy and

Signify. As a result, Big-tech companies are facing anti-trust cases in nations like UK and USA.

When humans are more focused on rationality, it indirectly stifles growth, creativity and love. This creates an empathy gap that no logic can cover. In India, Article 21 was primarily given a very crude and limited interpretation due to reliance on 'Bookish' or literal attachment to - "Right to life and dignity". This constrained the freedom and autonomy of people to mere 'existence' rather than 'living'. However, in Maneka Gandhi vs Union of India, Judiciary went beyond the narrow walls of logic and gave a broad and liberal meaning to Article 21 that shall include a life with dignity.

meaningfulness and freedom
for self development.

The question that arises is how can we ensure that logic is coupled with values and emotions so that it does not bleed the humanity. Daniel Goleman had highlighted the usefulness of 'Emotional Intelligence' as a means to incubate self awareness and compassion. By acknowledging the value of ours and others emotions, we can certainly blunt the blade of a logical knife.

Dr Murphy in his book, 'The power of your subconscious mind' has accepted that the human mind is limitless. However, our rationality also has to be reigned by values like forgiveness, honesty, love and integrity.

It is the gain of mindfulness that turns human beings into 'humane' beings. One such shining example of enlightened mind is Swami vivekananda. His intellect was a combination of knowledge from the east and west but he realised the importance of spirituality and self introspection. For him, the youth of future must not be just guided by logic but by physical, mental and spiritual growth as well. As a society we can ensure a more compassionate environment by inculcating value education and positive socialisation at childhood. This can help in countering the mind which dictates stereotypes and prejudices like gender discrimination and dalit oppression.

A mind which is open

to the concept of 'shared humanity' will ensure not just ~~our~~ his own benefit, but of all beings. This is what Aristotle's Golden rule of 'do unto others & what you would want to be done to you' gains prominence.

Rising realism in international relations have to be countered by ideals pragmatic idealism that is upheld by global community.

By going beyond our confining walls of brain, we can duly serve the good for all. Oskar Schindler, a German industrialist was engaged in 'war profiteering' during Nozi era. However, after realising the horrors of anti-semiticism and murder of Jews he decided to use all his

profits to save the jews from concentration camps. He saved more than 2000 jews by merely opting a empathetic outlook.

His example shows that even a sharp knife can turn into a weapon against evils of society.

Human journey since centuries have fought the dichotomy battle between the valce of our heart and logic of our brain.

Any attachment to one extreme has wasted the world severely. What we need today, is a mind that thinks pragmatically and is guided by the values of a compassionate heart. This will ensure a society that is peaceful, a nation that is prosperous and a world that is sustainable.

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खण्ड - B / SECTION - B

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5. बुद्धिमान व्यक्ति तुरंत वही करता है जो मूर्ख अंततः करता है।
The wise man does at once what the fool does finally.
6. दुनिया उन लोगों के लिए एक त्रासदी है जो महसूस करते हैं, लेकिन उन लोगों के लिए एक कॉमेडी है जो विचार करते हैं।
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Keep your face to the sunshine and you cannot see a shadow.

8. Keep your face to the sunshine
and you cannot see a
shadow

Nadia Murad, a middle class girl living in Syria was kidnapped by ISIS terrorist and was forced to become a sex slave. Even after being tortured and oppressed for months, she was able to rescue herself. After experiencing the horrors by the hands of

her oppressors she had two choices - to lament her past or to go beyond her past and create a new future. The wise Courageous women chose the later and worked for the rehabilitation of hundreds of women victims of rape and torture. She was awarded the Nobel peace prize in 2013 for her indomitable will and humanitarianism.

Story of Nadia Murad is a strong reminder of how by embracing positivity, optimism and conviction she was able to overcome her dark shadows of past.

The age old adage of 'keeping your face to the sunshine so you cannot see a shadow' reflects the core idea

of being optimistic in life which helps us deal with our own shadows like our failures, dark past, fear, self doubt and our inherent challenges.

Our positive outlook towards life can change our ordeal into an adventure. It is the ability to not just deal with a thunderstorm, but to have a strong belief for a better dawn with a rainbow after the storm.

Such positivity enhances our inherent aptitude and helps us make courageous strides.

One poignant manifestation of this is India at Independence. Jawahar Lal Nehru proclaimed our 'Trust with destiny' but also acknowledged the challenges

a new born India had. Rising regionalism in princely state, poverty, illiteracy, de-industrialisation and our colonial baggage haunted India's future. But like a soldier, it focused on its capabilities rather than pondering over its challenges. And today, India is entering its Amrit Kaal with a sound economy, strong constitution and a motivated demography. Our shadows still remain, but our outlook has made our growth story commendable.

Our positive attitude is also a vehicle of self growth. It highlights opportunities in hand over the lost fortunes. This was felt by Chanda zaveri when she was forced to marry at an age of 17 years and give up her studies.

However, she decided not to be restrained by her surrounding and left her home. After studying in Harvard, she is now a millionaire owner of many highly beauty brands all over the world.

Her sight towards the shining opportunities gave her the power to overcome her shadows.

By keeping our face towards sunshine, it is not recommended to overlook your failure. Having optimism also means recognising your failures and then building our capacity to overcome it.

India's space missions are a epitome to positivity. Starting from a cycle to carry our missiles, we have reached to the moon by improving our weaknesses. After the failure of Chandrayaan II, our

Scientists were brimming with hope that the next launch will be successful. This hope has not only propelled India but also its citizens by giving them a conviction in their dreams.

In spite of the realisation of a positive attitude's benefit, sometimes people are overshadowed by their fear of failure. This fear is a common trait that walks behind all of us and inhibits wise actions. Lance Armstrong - a world renowned cyclist also had the fear of failure. To overcome that he took the support of synthetic drugs and steroids. This went against the rules and he was disqualified to take part from tournaments. Such is the power of fatal intangible thoughts of self.

doubt. Sometimes, our past
restricts us to look for a
future. This 'pessimism' Bias
restrains many aspiring 'youth'
to start their new venture,
thus stifling growth.

It is often said that, "If
you stare at abyss for long,
it starts gazing you", which means
that if we let ourselves be
surrounded with negative thoughts,
it creates an 'echo' chamber.
It leads to a spiral of negative
thoughts and depression. It is
a common phenomenon as
today it is reflected in the
rising instances of youth suicides
and poor mental health.

Psychologists have termed this as 'Imposter' syndrome, where people tend to overemphasise on their weaknesses and challenges rather than working on their strengths. It is important to realise that we will always be surrounded by shadows of our past or our challenges. As Buddha said, "Dukha (sadness) is permanent and all pervasive" You cannot run away from it but rather look beyond it.

Anne Frank, the famous novelist who lived through the horrors of Nazi Germany, wrote in her diary that, "In spite of everything, I still believe that there is good in humanity". These words of a child who died

at the hands of human order
resonates positivity. It shows
the benefits of looking towards
the sunshine. But how do
we focus on the shining sun
when we are amidst dark gloomy
den of our shadows?

To have your chin up
and eyes on the horizon, courage
is the key determinant. It gives
us the self belief in our
goodness and of others. Over-
coming any challenge from our
past requires grit and determination.
It also requires strong integrity
that keeps ~~you~~ ^{us} anchored
to our thoughts and belief.
To imbibe these values are not
easy and requires a tough
process of transformation.

As Aristotle said, Habituation of morals is what makes an ethical and strong personality.

Our optimistic outlook thus should reflect in all our acts. Hopefulness

is not a destruction but a journey. After being in the prison for more than 20 years, long shadows of sadness and revenge should have been built

around Nelson Mandela. But after he was made the first black president, he chose to look at the brighter side and opted for forgiveness and empathy. When asked how he was so positive

even after a challenging past, he quoted his favorite poem Invictus, "I am the master of my soul, I am the captain of my ship"

Just like that, we all are our own destiny creators and looking at the positive side is a wise choice we have to make everyday.

When the world is full of despair and the shadows haunt failure

You will always find a ray of sunshine at the end of the Tunnel

To keep your eyes towards that ray is success half achieved.

To walk with conviction towards it is potential full achieved.

उम्मीदवारों को
इस हाशिए में
नहीं लिखना
चाहिए
Candidates
must not
write on
this margin

VisionIAS

SPACE FOR ROUGH WORK



A mind all logic - knife all blade - makes hand bleed most use

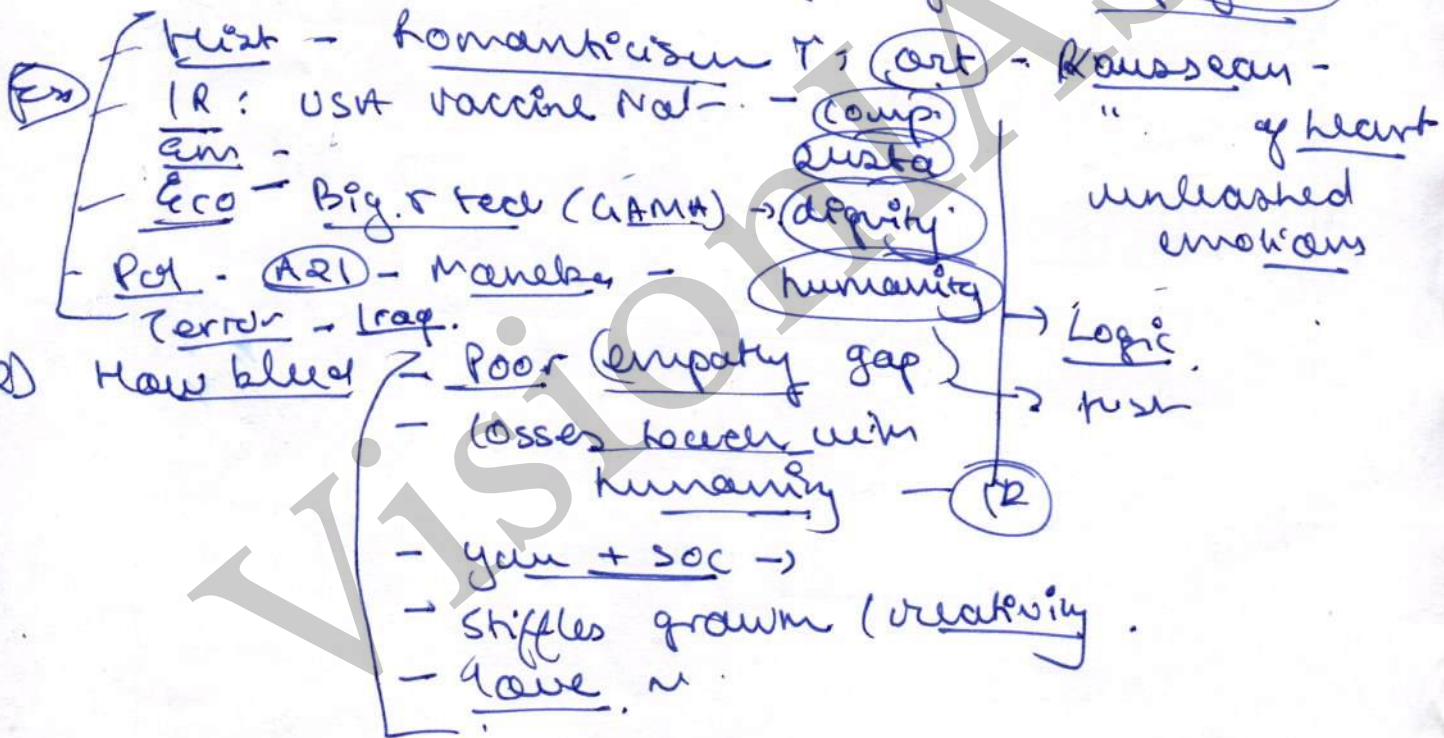
→ AQ Khan / Abdul F. Qad] intro



→ why what knife? why ^{overly} logic - detriment

→ How does it make you bleed?

→ what can make knife softer. Imp of EI



- 3) How Wired → Daniel Holman - EI ...
- Dr Murphy Power of sub - Imp of emotions
- Logic limiters - reigned
- Logic x mindfulness → aware of self + em.
- social awareness + moral leader
- Values - Swami Vivek - spiritualize
- forgiveness + honesty

- Positive
- Optimism.

- ✓ self aware
- ✓ impostor syn.
- ✓ failure fear ✓ past
- ✓ inherent challenges

SPACE FOR ROUGH WORK

ordered adv.

Sunshine — shadow (L)

→ Nadia Murad, — Past x overpower Peace Prize.
 → what sunshine? → / what shadow?

① why to face?

- high altitude → Rainbow
- Optimism — India @ 1947.
- Accept failure — C. III.
- self growth — Chandra Zaveri.

② what happens when shadow overpower?

- shadow — fear of ↑
- E₂ — Lance Armstrong.
- "abyss. — abyss. staring. gaze"
- echo chamber — ve. thoughts
- Past, →
- bad human, →

② How to focus on sun

- Chin up → COURAGE
- overcoming challenges — grit & deter. : —
- Nelson Mandela (CONC)
- Anne Frank

When world is full of despair / gloom.
 and the soul haunted by failure
 you will always find a ray of sun
 at the end of the Tunnel
 To look towards that ray is success half achieved
 To walk towards that ray is

SPACE FOR ROUGH WORK

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