



VISIONIAS

INSPIRING INNOVATION

ABHYAAS MAINS

निबंध ESSAY

निर्धारित समय: तीन घंटे
Time Allowed: **Three Hours**

टेस्ट कोड/ Test Code : 2488

अधिकतम अंक: 250
Maximum Marks: 250

सामान्य अनुदेश

इस प्रश्न-सह-उत्तर (क्यू.सी.ए.) पुस्तिका में 32+2 पृष्ठ हैं। प्रश्न-पत्र, क्यू.सी.ए. पुस्तिका के अंत में संलग्न है, जो अलग (वियोज्य) किया जा सकता है और उम्मीदवार परीक्षा के उपरांत अपने साथ ले जा सकते हैं।

रफ कार्य के लिए तीन खाली पृष्ठ (पृष्ठ संख्या. 30-32) दिए गए हैं।

पुस्तिका प्राप्त होने पर, कृपया यह जांच कर लें कि इस क्यू.सी.ए. पुस्तिका में कोई कमी न हो, फटा हुआ पृष्ठ न हो अथवा कोई पृष्ठ गायब न हो इत्यादि। यदि ऐसा हो, तो इसके बदले नई क्यू.सी.ए. पुस्तिका प्राप्त कर लें।

General Instructions

This Question-cum-Answer (QCA) Booklet contains 33+2 pages. Question Paper in detachable form is available at the end of the QCA Booklet which can be taken away by the candidate after examination.

Three blank pages (Page Nos. 30-32) have been provided for rough work.

On receipt of the Booklet, please check that this QCA Booklet does not have any shortcomings, torn or missing pages etc. If so, get it replaced with a fresh QCA Booklet.

(उम्मीदवार द्वारा भरा जाएगा/To be filled by the Candidate)

पंजीकरण सं./Registration No. : 12 97803

अभ्यर्थी का नाम/Name of Student : Anupriya Sakya.

माध्यम: हिंदी/अंग्रेजी
Medium: Hindi/English

English

तारीख
Date

25/Aug/2023

निबंध ESSAY

केंद्र
Centre **Bengaluru**

निरीक्षक के हस्ताक्षर
Invigilator's Signature

	महत्वपूर्ण अनुदेश	Important Instructions
	उम्मीदवार को नीचे उल्लिखित निर्देश सावधानी से पढ़ लेने चाहिए। किसी भी निर्देश का उल्लंघन करने पर उम्मीदवार को मिलने वाले अंकों में कटौती, उम्मीदवारी रद्द, आयोग के परवर्ती परीक्षाओं के लिए वर्जित करने इत्यादि के रूप में दण्डित किया जा सकता है।	Candidate should read the undermentioned instructions carefully. Violation of any of the following instructions may entail penalty in the form of deduction of marks, cancellation of candidature, debarment from further Examination of the Commission etc.
1	(क) अपना पंजीकरण सं. एवं अन्य विवरण केवल प्रश्न-सह-उत्तर पुस्तिका (क्यू.सी.ए.) में उम्मीदवार के लिए निर्धारित स्थान पर ही लिखें। (ख) इस पुस्तिका में अन्यत्र कहीं भी अपना नाम, पंजीकरण सं., मोबाइल नं., पता अथवा प्रश्न-सह-उत्तर पुस्तिका (क्यू.सी.ए.) संख्या न लिखें जिससे आपकी पहचान का खुलासा हो।	(a) Write your Registration Number and other details only in the space provided in the Question-Cum-Answer (QCA) Booklet for candidates. (b) Do not disclose your identity in any manner such as, by writing your Name, Registration number, Mobile number, Address, Question-Cum-Answer (QCA) Booklet No. etc. elsewhere in the Booklet
2	अपनी क्यू.सी.ए. पुस्तिका में कहीं भी प्रश्नों के वास्तविक उत्तर के अतिरिक्त कुछ न लिखें जैसे कि कोई कविता/दोहा, अभद्र या अपमानजनक अभिव्यक्ति इत्यादि और न ही कोई ऐसा चिन्ह/निशान बनाएं जिसका उत्तर से सम्बन्ध न हो।	Do not write in the QCA Booklet anything other than the actual answer such as couplet, obscene, abusive expression etc., nor put any sign/mark having no relevance to the answer.
3	परीक्षक को प्रत्यक्ष/अप्रत्यक्ष रूप से कोई भी प्रार्थना/धमकी भरी बातें न लिखें।	Do not make any direct/indirect appeal/threat to the examiner.
4	उत्तर अस्पष्ट अथवा गंदी लिखावट में न लिखें। इस प्रकार के उत्तर का मूल्यांकन नहीं भी किया जा सकता है।	Do not write answers in bad/illegible handwriting. Such answers may not be evaluated.
5	उत्तर स्याही में ही लिखें। उत्तर लिखने के लिए पेंसिल का उपयोग न करें, हालांकि आरेख, चित्र इत्यादि बनाने के लिए पेंसिल का उपयोग किया जा सकता है।	Write answers in ink only. Do not use pencil for writing the answers. However, pencil may be used for drawing diagrams, sketches, etc.
6	प्रवेश पत्र में उल्लेख किए गए माध्यम के अलावा अन्य किसी माध्यम में उत्तर न लिखें। अधिकृत और अनधिकृत की मिली जुली भाषा का भी उपयोग न करें।	Do not write answers in medium other than the authorized medium in the Admission Certificate. Do not use mixed language either i.e. authorize and unauthorized media together for writing answers.
7	प्रश्नों के उत्तर ठीक उसके नीचे दिए गए निर्धारित स्थान पर ही लिखें। निर्धारित स्थान के अलावा किसी अन्य स्थान पर लिखे गए उत्तर का मूल्यांकन नहीं किया जाएगा।	Write answer at the specific space (right below the question) only. Answers written elsewhere at unspecified places in the booklet shall not be evaluated.
8	यदि आप अपने किसी उत्तर को रद्द करना चाहते हैं तो उसे पेन से काट दें तथा उस पर "रद्द" लिख दें, अन्यथा उसका मूल्यांकन किया जा सकता है।	If you wish to cancel any work, draw your pen through it and write "Cancelled" across it, otherwise it may be valued.



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निबंध

निर्धारित समय: तीन घंटे

टेस्ट कोड : 2488

अधिकतम अंक: 250

प्रश्न-पत्र संबंधी विशेष अनुदेश

(प्रश्नों के उत्तर देने से पूर्व निम्नलिखित प्रत्येक अनुदेश को ध्यानपूर्वक पढ़ें)

प्रवेश-पत्र में प्राधिकृत माध्यम में **निबंध** लिखना आवश्यक है तथा इस माध्यम का स्पष्ट उल्लेख प्रश्न-सह-उत्तर (क्यू.सी.ए.) पुस्तिका के मुखपृष्ठ पर निर्दिष्ट स्थान पर करना आवश्यक है। प्राधिकृत माध्यम के अलावा अन्य माध्यम में लिखे गए उत्तरों पर अंक नहीं दिए जाएंगे।

प्रश्नों के उत्तर निर्दिष्ट शब्द-संख्या के अनुसार होने चाहिए।

प्रश्न-सह-उत्तर पुस्तिका में खाली छोड़े गए किसी पृष्ठ व पृष्ठ के भाग को पूर्णतः काट दीजिए।

ESSAY

Time Allowed : Three Hours

Test Code : 2488

Maximum Marks : 250

QUESTION PAPER SPECIFIC INSTRUCTIONS

(Please read each of the following instructions carefully before attempting questions)

The ESSAY must be written in the medium authorized in the Admission Certificate which must be stated clearly on the cover of this Question-cum-Answer (QCA) Booklet in the space provided. No marks will be given for answers written in a medium other than the authorized one.

World limit, as specified, should be adhered to.

Any page or portion of the page left blank in the Question-cum-Answer Booklet must be clearly struck off.

EVALUATION INDICATORS

1. Contextual Competence
2. Content Competence
3. Language Competence
4. Introduction Competence
5. Structure - Presentation Competence
6. Conclusion Competence

Overall Macro Comments / feedback / suggestions on Answer Booklet:

1.

2.

3.

4.

5.

6.

All the Best

खंड A और B प्रत्येक से एक-एक विषय चुनकर दो निबंध लिखिए, जो प्रत्येक लगभग 1000-1200 शब्दों में हो :

Write **two** essays, choosing **one** topic from each of the Sections A and B, in about 1000-1200 words each : 125 x 2 = 250

खण्ड – A / SECTION – A

1. टूटे हुए वयस्क की मरम्मत करने की तुलना में मजबूत बच्चों का निर्माण करना आसान है।
It is easier to build strong children than to repair broken men.
2. कोरा तर्कपूर्ण मन उस चाकू के समान है जिसमें केवल फलक ही फलक है, वह प्रयोग करने वाले हाथों को ही लहलुहान कर देता है।
A mind all logic is like a knife all blade, it makes the hand bleed that uses it.
3. जब कैटरपिलर को लगता है कि दुनिया खत्म हो गई, वह तितली बन जाता है।
Just when the caterpillar thought the world was over, it became a butterfly.
4. इतिहास, मनुष्य की स्मृतियों पर समय द्वारा लिखी गई एक चक्रीय कविता है।
History is a cyclic poem written by time upon the memories of man.

खण्ड – B / SECTION – B

5. बुद्धिमान व्यक्ति तुरंत वही करता है जो मूर्ख अंततः करता है।
The wise man does at once what the fool does finally.
6. दुनिया उन लोगों के लिए एक त्रासदी है जो महसूस करते हैं, लेकिन उन लोगों के लिए एक कॉमेडी है जो विचार करते हैं।
The world is a tragedy to those who feel, but a comedy to those who think.
7. पूर्ण स्पष्टता से बुद्धि को तो लाभ होगा लेकिन इच्छाशक्ति को क्षति पहुंचेगी।
Perfect clarity would profit the intellect but damage the will.
8. अपना चेहरा रोशनी की ओर रखिए और आपको कोई छाया दिखाई नहीं देगी।
Keep your face to the sunshine and you cannot see a shadow.

खण्ड - A / SECTION - A

उम्मीदवारों को इस हिसाब में नहीं लिखना चाहिए
Candidates must not write on this margin

1. टूटे हुए वयस्क की मरम्मत करने की तुलना में मजबूत बच्चों का निर्माण करना आसान है।
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A mind all logic is like a knife all blade, it makes the hand bleed that uses it.
3. जब कैटरपिलर को लगता है कि दुनिया खत्म हो गई, वह तितली बन जाता है।
Just when the caterpillar thought the world was over, it became a butterfly.
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1. IT IS EASIER TO BUILD STRONG
CHILDREN THAN TO REPAIR BROKEN
MEN

Raju, a 25 year old boy is held guilty for theft - crime of looting the jewellery shop. Judgement was pronounced as he was being taken to the prison, his eyes met his mother's. His mother stood weeping thinking of Raju's future life. Raju with grief in his voice said -
Amma, I would not have been a

robber had you punished me when I stole cricket ball when I was 6 years old. Had you discouraged me, ~~had~~ if you had corrected me back then. Probably, the state of you and me would have been very different today.

The above example illustrates the need to build strong children, as it becomes difficult to repair broken men. In this essay we shall understand the need to build strong children. Analyse the present situation of broken men. Finally ponder upon the ways to build stronger children.

Before beginning it is imperative to understand - what do we mean by strong children ? - Children are basically

individuals between 0-18 years of age.

By the term strong, we definitely mean strength. But this strength goes beyond physical strength, rather includes mental strength as well as ethical strength.

Dr. APJ Abdul Kalam said -

'Give me a child for first 7 years,
later let the God take him or Devil
take him, both cannot change the
child'. This quote exemplifies the importance of moulding the child's character in the formative years.

It is a known fact that child initially learns from his family. Be it by observation or by influence. A child which sees his father beat his mother, is somewhere forced to build the perception

of normalising domestic violence. Similarly, if the family collectively hates a particular community, the child develops the same feeling.

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Building on the same spectre, let us evaluate how are we building children in the contemporary times?

Consider the care of education system, the primary concern is towards marksheets.

As hon'ble PM Modi stated children's Marksheet has become the privelege sheet of parents.

The focus of education is towards building career and not character. Technical courses like engineering completely ignores soft skills and awareness of social dynamics.

Thereby we find that though the number of engineering graduates are increasing, the social challenges - poverty, lack of access to basic resources, have continued in perpetuity.

It is worth noting Aristotle's remark on education - 'Educating the mind without educating the heart is no education at all.'

The increased instances of drug abuse, rising suicides amongst young children is a point in case.

So far almost 23 students in Kota have committed suicide between Jan-2023 to Aug 2023 unable to handle pressure.

Additionally, the physical strength aspect amongst children is also missing.

Evolution of social media, online games have discouraged children from playing outdoor games. As a consequence of which, ailments such as diabetes, heart problems, obesity have been increasing in children. Additionally, games such as PUBG have increased extreme emotions in children. Normalizing violence in games indirectly influences the behaviour of the child.

Also, the ethical strength aspect remains untouched. Lack of value based education that confuses wisdom to management techniques. Has encouraged building mute machines than strong personalities

As a consequence of which, we have built broken men and led to broken society. Consider cybersecurity challenges, only a well educated software engineer can hack the software. Similar is the case of misuse of deepfakes in penetrating cyber frauds.

Additionally, corruption has been rotting the system. This too is an example of lack of ethics, morals in an individual. The aspect of sanskritisation of corruption, where child is made to believe giving and taking bribe is normal-ised. Shows us how broken men are in turn breaking children.

Building on the same, the propogation of gender inequality,

communal violence is a point in case. Despite 10 years of Nirbhaya, there is 25%

rise in rape cases according to NCRB.

Despite economic developments, 1 in 3 women are subjected to spousal violence according to NFHS-5. This exemplifies on how broken children develop to broken men.

Another point in case, is the lack of regard to climate change by society in total. That is because, we hardly teach our children to respect the natural resources. Rather, we encourage the child to accumulate wealth, lead a luxurious lifestyle.

That being said, we must also question if the situation ^{is} ~~was~~ that worse?

- Absolutely not. There have been examples of building strong children. Take for instance the Japanese education system.

Japan's primary school focusses on building character. Where children are encouraged to practice discipline, meditation, and inculcate values in the formative years.

Similarly, in the book Let there be water, author elaborating on Israel's water management system tells us on how school teachers, teach children to save water will they brush and bathe.

No wonder a 70% desert country, today stands as water exporting country.

Also, India's NEP-2020, that emphasises on building knowledge and constructing character is a ~~set~~ step

in the right direction. The focus on 3 years pre-school, emphasifies the interest on building strong children.

As it is known, it is always easier to bend a small plant in the direction the cultivator wants it to grow than bend a tree. Any attempt to bend tree not only becomes futile, but also breaks the entire tree due to its fragile rigid body.

That being said, let us explore on how we can create strong children.

First and foremost is the role of parenting. Techniques such as democratic parenting, conditioning through rewards and punishment can be helpful.

Also, the role of education system is of utmost importance in building stronger children, stronger men and stronger society. As Rabindranath Tagore mentions education must not only focus on providing information, rather must teach us to live in harmony with nature.

Building on the same, role of society that encourages good behaviour and strongly condemns socially harmful behaviour is needed. It enables us to ensure good behaviour drives peaceful society and vice versa. Along with this, it is our collective duty to also ensure children are provided safe environment to grow. Environment free of

communal tensions, distrust and disunity.
Environment free of pollutants so that
children enjoy the nature like we all did.
More importantly an environment that
provides equal chance to each child
to grow.

To conclude, John F. Kennedy states
that children are the best tool for
progress and best hope for the future.

It is our collective duty to ensure that
even ^a guys like Raju had healthy
environment to grow. Such that he
grew to become a great citizen of the
globe than a thief ^{put} in jail.

खण्ड - B / SECTION - B

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5. बुद्धिमान व्यक्ति तुरंत वही करता है जो मूर्ख अंततः करता है।
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Perfect clarity would profit the intellect but damage the will.
8. अपना चेहरा रोशनी की ओर रखिए और आपको कोई छाया दिखाई नहीं देगी।
Keep your face to the sunshine and you cannot see a shadow.

8. KEEP YOUR FACE TO THE SUNSHINE
AND YOU CANNOT SEE A SHADOW

Chandrayaan 2, India's first attempt to land on the south pole of the moon was a staggering failure.

A disheartening moment not only to the scientists of ISRO but the entire country. However, ISRO than dwelling on its failure looked at the positives

of the moon mission. A key to become a global player as well as a contribution to globe by understanding moon's environment.

With this audacious vision, ISRO started building Chandrayaan-3. August 23, 2023,

the world witnessed history in making as the lander touched the Moon's south pole. The success was celebrated

across the scientific community portraying astronomical ~~astrological~~ success for the entire humanity.

The above case illustrates that by keeping our face towards the sunshine, we cannot see the shadow. That is by focussing on the positives than dwelling in the negatives one can reach the goal.

In this essay we shall understand the meaning of the terms - sunshine and shadow by interpreting through various lenses. Analyze the importance of looking at sunshine. Comprehend if sunshine and shadow were binary items. Finally, try pondering on what needs to be done.

Before we begin discussing further, it is imperative to understand the terms. 'sunshine' depicts light. The light that tells us the beginning of fresh day. light of knowledge, light of positivity and optimism. While shadow represents the dark reflection on the opposite side of sunshine. The darkness that comprises unhappiness, disappointments, failures and pain.

Shadow is caused when we build tall walls of expectation, desires against the sunshine. In order to build the strongest wall, we concretise it completely leaving no gap for the sunshine to pass. As a consequence, the shadow formed is also large and dark.

Consider setbacks in life, we often find that greater disappointment is caused when our expectations were very high. As Buddha says - 'desire is the root cause of sorrow'. As a result we dwell in the deep ocean of distrust and lack of confidence. Inevitable consequences being depression, anxiety and paranoia, which forms the shadow. The shadow grows so much that it becomes extremely difficult to get of its clutches.

However, on the other side of the strong wall we find sunshine.

History is replete with examples, where when one keeps the face towards sunshine, ^{has} ~~he~~ reached his goal sooner or later.

Consider India's freedom struggle, despite lack of resources against a strong military colonial power, India gained her independence. Because, she focussed on factors that united her people than on the walls that divided.

Another global example that resonates with the above case is India's management of Covid-19. Perhaps it is indeed true a dark shadow was casted in terms of large number of death,

sudden lockdown that shutdown the economy. The challenges were immense, lack of vaccine, large population to cater to, concern of affordability. Yet by focussing on the positive side, India not only controlled the pandemic at home but also helped others through vaccine Maitri.

Building on the same the doubt that arises is how does focussing on sunshine help us?

As one focusses on sunshine it builds positivity and optimism. Cultivates perseverance and builds self confidence.

More importantly nurtures faith in self. As J.K. Rowling comments - 'hardwork is importantly, but something else is more important, that is trust in oneself.'

Consider the example of
Thomas Alva Edison who built electric
bulb only after 200 failed attempts.
When his assistant said- 'sir we have
failed 200 times what a waste of resources.'
Edison replied- Indeed not, we now know
200 materials cannot form the bulb.

Hence, sunshine is also about
the perspective. It enables one to
view IMPOSSIBLE as I'm POSSIBLE.

Take for instance Japan after the
deadliest Hiroshima-Nagasaki attack.

While the world focussed on the
shadow, Japan focussed on sunshine.

Today Japan stands as a global
electronics hub, automobile leader as well
as a country that is culturally way
ahead than many.

Focussing on the sunshine enables to identify opportunities in crisis. It converts distress to eustress. Take for example marine life. While all marine organisms is laden with dust. It is only the oyster that converts dust to pearl.

That being said, it is also worth acknowledging if sunshine and shadow were binary? Is it always necessary to ignore the shadow? - Absolutely not. Sunshine and shadow are not opposite ends of the line, rather a continuum. Shadow is not opposite of sunshine rather part of it.

The life of Sakyamuni-Gautama Buddha is a combination of both.

It was the shadow of ailment, death, oldage that encouraged him to go in search of truth. Similarly, the story of Samrat Ashoka. The dark shadow of the battlefield in Kalinga, enabled him to change from bherigosha to dhammagosha.

The above cases emulates that 'certain amount of darkness is required to see the stars'. Shadow enables ^{us} to analyze the reflection of self. Provides an opportunity to mould our behaviour. Make changes in our techniques and begin afresh. Shadow enables one from preventing the occurrence of ^{the} same mistake.

elaborating on the same, there are also instances where we merely focus on sunshine ignoring the reality. Hoping for a better tomorrow without changing the present, is equally dangerous

The issue of patriarchy, gender inequality, caste discrimination has propagated. That is because we are merely hoping that conditions will change in future than bringing change in the present.

That being said, we understand that sunshine is not always good, and shadow is not always bad. For nature doesnot believe in labelling as good and bad.

Hence, what is needed ~~required~~ is to stay optimistic and positive. At the same time learn from the mistakes. A judicious mix of both sunshine and shadow is the need.

cultivating the understanding that life consists both. one must navigate through the shadow focussing on the sunshine, than wait for shadowless region. To conclude, let me narrate a story of self made millionaire - Kalpna saroj.

Kalpna was a victim of child marriage and spousal abuse. she quit her inlaws house and came to Mumbai with some penny. she worked in factories, worked as maid believing that the next day will be better. with this hope

and learnings of life she began a garments factory which today is a multicore business . A true story of slumdog millionaire . which emphasises the shadow, learning from shadow & the faith in sunshine collectively responsible for success .

उम्मीदवारों को
इस हाशिए में
नहीं लिखना
चाहिए
Candidates
must not
write on
this margin

— * —
VisionIAS

SPACE FOR ROUGH WORK

1. It is easier to build strong children than to repair broken men.

Intro: ~~APJ Abdul Kalam~~ Story (Raju)

In this essay

Do APJ Ab

Children (0-18)

Formation, socialisatⁿ - fami

ideology.

(eg) Parents hate

Int

Body: What strong children are :

physical
mental
ethical

Failing at all levels

Well's see how?

illy → Father beat wife, force.

1) Education → marksheet → privilege sheet
→ Aristotle - "Educating"

2) Technical edu - soft skills → diabetes

3) 'All work no play' → elaborating on Play → PUBG → extreme

4) Lack of value based (eg) TN Teenagers
• Drug abuse • suicide - Kota - 25.

5) Character - but career → Confuses wisdom - managem → civiliz^{per}

6) Security Fear of Failure
Myopic → Cyber, Deepfake, Climate Change, Corruption,

Gender inequality, communal

disharmony. "Difficult" → Mould a plant → rigid

1) All bad? → Japan → Culture of honesty
→ Israel → let there be water
"Worth acknowledge" → India - NEP

2) What is needed :- Role of family ← democratic pure
positive

Role of education systems

Role of society → Influence in attitude formation.

Role of other state → provide safe env → 'CC'

"Raju" → Children best hope John F Kennedy

SPACE FOR ROUGH WORK

VisionIAS

SPACE FOR ROUGH WORK

(8) Keep your face to the sunshine and you cannot see a shadow

INTRO Chandrayaan - 3 → Illustrates → In the essay

Body 'Sunshine' - 'light' - positivity, optimism.

while shadow → failures, setbacks

Human - 'shadow' - consequences → fail to take initiative.
doubt.

History repeats → sunshine has seen success sooner or later

- consider India's freedom struggle

- Global example - Covid-19

'Benefits' → perseverance, faith, hope build a positive person

- Thomas Alva Edison → 200 experiments

- IMPOSSIBLE - I'M POSSIBLE → Perspective changes

RBT/ - 'Oysta' → Japan (Hiroshima)

Distress to eustress

While those other man-shadow → depression, paranoia, anxiety
complaint. → Third world countries -

- Worth acknowledging → Binary: Sunshine and Shadow;

light has a dual nature. 'Certain amt of darkness → stars'

• Gautama Buddha - shadow pursuit of sunshine

• Ashoka • Notice the shadow learn, question. Savitribhar
shadow → caste dis, patr → Quest. Shadow not opposite/part

Inculcate → balance education → River

'Kalpna Saroj' - Shadow & Sunshine part. Awareness & learn