



VISIONIAS
INSPIRING INNOVATION
ABHYAAS MAINS

निबंध
ESSAY

निर्धारित समय: तीन घंटे
Time Allowed: **Three Hours**

टेस्ट कोड / Test Code : 4514

अधिकतम अंक: 250
Maximum Marks: 250

सामान्य अनुदेश

इस प्रश्न-सह-उत्तर (क्यू.सी.ए.) पुस्तिका में 32+2 पृष्ठ हैं। प्रश्न-पत्र, क्यू.सी.ए. पुस्तिका के अंत में संलग्न है, जो अलग (वियोज्य) किया जा सकता है और उम्मीदवार परीक्षा के उपरांत अपने साथ ले जा सकते हैं।

रफ कार्य के लिए तीन खाली पृष्ठ (पृष्ठ संख्या. 30-32) दिए गए हैं।

पुस्तिका प्राप्त होने पर, कृपया यह जांच कर लें कि इस क्यू.सी.ए. पुस्तिका में कोई कमी न हो, फटा हुआ पृष्ठ न हो अथवा कोई पृष्ठ गायब न हो इत्यादि। यदि ऐसा हो, तो इसके बदले नई क्यू.सी.ए. पुस्तिका प्राप्त कर लें।

General Instructions

This Question-cum-Answer (QCA) Booklet contains 32+2 pages. Question Paper in detachable form is available at the end of the QCA Booklet which can be taken away by the candidate after examination.

Three blank pages (Page Nos. 30-32) have been provided for rough work.

On receipt of the Booklet, please check that this QCA Booklet does not have any shortcomings, torn or missing pages etc. If so, get it replaced with a fresh QCA Booklet.

(उम्मीदवार द्वारा भरा जाएगा/To be filled by the Candidate)

पंजीकरण सं./Registration No. : 01158734

अभ्यर्थी का नाम/Name of Student : Simrandeep Kaur

माध्यम: हिंदी/अंग्रेजी
Medium: Hindi/English

English

तारीख
Date

02/08/2025

निबंध
ESSAY

केंद्र
Centre

Chandigarh.

निरीक्षक के हस्ताक्षर
Invigilator's Signature

	<p style="text-align: center;">महत्वपूर्ण अनुदेश</p> <p>उम्मीदवार को नीचे उल्लिखित निर्देश सावधानी से पढ़ लेने चाहिए। किसी भी निर्देश का उल्लंघन करने पर उम्मीदवार को मिलने वाले अंकों में कटौती, उम्मीदवारी रद्द, आयोग के परवर्ती परीक्षाओं के लिए वर्जित करने इत्यादि के रूप में दण्डित किया जा सकता है।</p>	<p style="text-align: center;">Important Instructions</p> <p>Candidate should read the undermentioned instructions carefully. Violation of any of the following instructions may entail penalty in the form of deduction of marks, cancellation of candidature, debarment from further Examination of the Commission etc.</p>
1	<p>(क) अपना पंजीकरण सं. एवं अन्य विवरण केवल प्रश्न-सह-उत्तर पुस्तिका (क्यू.सी.ए.) में उम्मीदवार के लिए निर्धारित स्थान पर ही लिखें।</p> <p>(ख) इस पुस्तिका में अन्यत्र कहीं भी अपना नाम, पंजीकरण सं., मोबाइल नं., पता अथवा प्रश्न-सह-उत्तर पुस्तिका (क्यू.सी.ए.) संख्या न लिखें जिससे आपकी पहचान का खुलासा हो।</p>	<p>(a) Write your Registration Number and other details only in the space provided in the Question-Cum-Answer (QCA) Booklet for candidates.</p> <p>(b) Do not disclose your identity in any manner such as, by writing your Name, Registration number, Mobile number, Address, Question-Cum-Answer (QCA) Booklet No. etc. elsewhere in the Booklet</p>
2	<p>अपनी क्यू.सी.ए. पुस्तिका में कहीं भी प्रश्नों के वास्तविक उत्तर के अतिरिक्त कुछ न लिखें जैसे कि कोई कविता/दोहा, अभद्र या अपमानजनक अभिव्यक्ति इत्यादि और न ही कोई ऐसा चिन्ह/निशान बनाएं जिसका उत्तर से सम्बन्ध न हो।</p>	<p>Do not write in the QCA Booklet anything other than the actual answer such as couplet, obscene, abusive expression etc., nor put any sign/mark having no relevance to the answer.</p>
3	<p>परीक्षक को प्रत्यक्ष/अप्रत्यक्ष रूप से कोई भी प्रार्थना/धमकी भरी बातें न लिखें।</p>	<p>Do not make any direct/indirect appeal/threat to the examiner.</p>
4	<p>उत्तर अस्पष्ट अथवा गंदी लिखावट में न लिखें। इस प्रकार के उत्तर का मूल्यांकन नहीं भी किया जा सकता है।</p>	<p>Do not write answers in bad/illegible handwriting. Such answers may not be evaluated.</p>
5	<p>उत्तर स्याही में ही लिखें। उत्तर लिखने के लिए पेंसिल का उपयोग न करें, हालांकि आरेख, चित्र इत्यादि बनाने के लिए पेंसिल का उपयोग किया जा सकता है।</p>	<p>Write answers in ink only. Do not use pencil for writing the answers. However, pencil may be used for drawing diagrams, sketches, etc.</p>
6	<p>प्रवेश पत्र में उल्लेख किए गए माध्यम के अलावा अन्य किसी माध्यम में उत्तर न लिखें। अधिकृत और अनधिकृत की मिली जुली भाषा का भी उपयोग न करें।</p>	<p>Do not write answers in medium other than the authorized medium in the Admission Certificate. Do not use mixed language either i.e. authorize and unauthorized media together for writing answers.</p>
7	<p>प्रश्नों के उत्तर ठीक उसके नीचे दिए गए निर्धारित स्थान पर ही लिखें। निर्धारित स्थान के अलावा किसी अन्य स्थान पर लिखे गए उत्तर का मूल्यांकन नहीं किया जाएगा।</p>	<p>Write answer at the specific space (right below the question) only. Answers written elsewhere at unspecified places in the booklet shall not be evaluated.</p>
8	<p>यदि आप अपने किसी उत्तर को रद्द करना चाहते हैं तो उसे पेन से काट दें तथा उस पर "रद्द" लिख दें, अन्यथा उसका मूल्यांकन किया जा सकता है।</p>	<p>If you wish to cancel any work, draw your pen through it and write "Cancelled" across it, otherwise it may be valued.</p>



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प्रश्न-पत्र संबंधी विशेष अनुदेश

(प्रश्नों के उत्तर देने से पूर्व निम्नलिखित प्रत्येक अनुदेश को ध्यानपूर्वक पढ़ें)

प्रवेश-पत्र में प्राधिकृत माध्यम में निबंध लिखना आवश्यक है तथा इस माध्यम का स्पष्ट उल्लेख प्रश्न-सह-उत्तर (क्यू.सी.ए.) पुस्तिका के मुखपृष्ठ पर निर्दिष्ट स्थान पर करना आवश्यक है। प्राधिकृत माध्यम के अलावा अन्य माध्यम में लिखे गए उत्तरों पर अंक नहीं दिए जाएँगे।

प्रश्नों के उत्तर निर्दिष्ट शब्द-संख्या के अनुसार होने चाहिए।

प्रश्न-सह-उत्तर पुस्तिका में खाली छोड़े गए किसी पृष्ठ व पृष्ठ के भाग को पूर्णतः काट दीजिए।

ESSAY

Time Allowed : Three Hours

Test Code : 4514

Maximum Marks : 250

QUESTION PAPER SPECIFIC INSTRUCTIONS

(Please read each of the following instructions carefully before attempting questions)

The ESSAY must be written in the medium authorized in the Admission Certificate which must be stated clearly on the cover of this Question-cum-Answer (QCA) Booklet in the space provided. No marks will be given for answers written in a medium other than the authorized one.

World limit, as specified, should be adhered to.

Any page or portion of the page left blank in the Question-cum-Answer Booklet must be clearly struck off.

EVALUATION INDICATORS

1. Contextual Competence
2. Content Competence
3. Language Competence
4. Introduction Competence
5. Structure - Presentation Competence
6. Conclusion Competence

Overall Macro Comments / feedback / suggestions on Answer Booklet:

1.

2.

3.

4.

5.

6.

All the Best

खंड A और B प्रत्येक से एक-एक विषय चुनकर दो निबंध लिखिए, जो प्रत्येक लगभग 1000-1200 शब्दों में हो :

Write **two** essays, choosing **one** topic from each of the Sections A and B, in about 1000-1200 words each :

125 x 2 = 250

खण्ड – A / SECTION – A

1. किसी युद्ध को जीतने के लिए आपको एक से अधिक बार लड़ना पड़ सकता है।

You may have to fight a battle more than once to win it.

2. विवेक के मामलों में बहुमत के कानून का कोई स्थान नहीं होता है।

In matters of conscience, the law of the majority has no place.

3. जो विद्यालय के द्वार खोलता है, वह कारागार के द्वार बंद करता है।

He who opens a school door, closes a prison.

4. केवल शीत ऋतु की कठोरता में ही हम वसंत की गर्मी का वास्तविक महत्व समझ पाते हैं।

Only in the depths of winter can we truly appreciate the warmth of spring.

खण्ड – B / SECTION – B

5. हम सदैव अपने युवाओं के लिए भविष्य का निर्माण नहीं कर सकते, परंतु हम भविष्य के लिए अपने युवाओं को तैयार कर सकते हैं।

We cannot always build the future for our youth, but we can build our youth for the future.

6. नकल करना सुरक्षित होता है; नवाचार के लिए साहस की आवश्यकता होती है।

Copying is safe; innovation demands courage.

7. हम जितना अधिक स्वचालन को अपनाएंगे, हमें उतना ही अधिक मानवीय बनना होगा।

The more we automate, the more human we must become.

8. तत्काल मान्यता की चाह एक व्याकुल मानसिकता वाली पीढ़ी को जन्म दे रही है।

The pursuit of instant validation is creating a generation of restless minds.

खण्ड - A / SECTION - A

1. किसी युद्ध को जीतने के लिए आपको एक से अधिक बार लड़ना पड़ सकता है।
You may have to fight a battle more than once to win it.

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In matters of conscience, the law of the majority has no place.

3. जो विद्यालय के द्वार खोलता है, वह कारागार के द्वार बंद करता है।
He who opens a school door, closes a prison.

4. केवल शीत ऋतु की कठोरता में ही हम वसंत की गर्मी का वास्तविक महत्व समझ पाते हैं।
Only in the depths of winter can we truly appreciate the warmth of spring.

4. Only in the depths of winter can we truly appreciate the warmth of spring.

Once a father took his daughter to three places - Hospital, Prison and Graveyard. No, they were completely healthy, innocent and no ~~one~~ closed one died in their life. Father wanted his daughter to appreciate three things - crucial for living a conscious life.

At Hospital, he showed his daughter the value of health. At Prison,

daughter learnt the importance of freedom
And at graveyard, both of them
respected the value of life.

This small yet profound tour
of father-daughter duo underscored that
to really embrace the gratitude for good
times, it is the breakdowns which
truly teaches what is value of
pleasurable moment.

In order to shine like stars,
one should embrace the humility of
dark night. Winter is not only the
battlefield which tests courage and fortitude.
It also gauges how much one have
prepared in the warmth of spring.

In this essay, let us endure
the deep winters and learn how to
truly appreciate the warmth of spring.

The depths of winter demonstrates the extreme hardships and complete breakdown. It is the time where we long for spring to come. But in the warmth of spring, we seldom remember our past-hardships.

In the 18th century, we embrace fossil fuels that empowered our Industrial revolution. But in the comfort of modern life we forget to ~~look after~~ prepare for impending winters of climate change.

Now, when rivers are polluted; airs are unbreathable; there are microplastics all over in oceans and the globe is boiling, we are remembering the golden times of our ancestors.

It is easy to take granted what we cherish in blossom of spring. This was the fate of grasshopper, an old fable who kept on enjoying whole spring and summer. On contrary, Ants worked hard to gather food for extreme winters.

When winters approached, Ants were prepared but grasshopper died due to starvation. This fable has given us timeless inspiration that the best time to repair the roof is when sun is shining.

In unfavourable circumstances like deep freezing winters, one may either perish like above grasshopper or rise up through courage and endurance. The hope that spring is behind further encourages the person to muster resilient strength.

One such harsh winter came into life of Fauza Singh when he lost his wife and son. He has already endured cruel cold winds of distraction and poverty in his young life. But he went to United Kingdom and at the age of 89 found Running as the warm sun melting his frozen life.

Fauza Singh, despite of his old age built groundbreaking records in Marathons in UK & New York. He got the title of Turbonoid Tornado for his ~~more~~ undeterred spirit even in the winter of old age.

~~As~~ Fauza Singh taught us the way of courage in depth of winters. An another way can be changing our perspective on the weather itself.

Why to appreciate winter only in
contrast of spring? Can winter be
percieved as beautiful season. The
wildlife adapts to it through hibernation.
The Human civilization adapts through
culture of snowman building in west
and celebration of lohri festival in
Punjab, India.

Moving ahead, Regenerative cycle
of winter is the foundation of life
and learning. As Rumi rightly put,

'Wound is the place where light enters
in you'

During hard times of winter, we become
resilient.

To illustrate, let us go to the
village of Ventatraipur in Odisha. The
village has seen many ~~see~~ breakdowns of
cyclones and Tsunamis. ~~at~~ But they

regenerated their capacity to endure the uncontrollable natural disasters.

With collective will power, they got UNESCO recognition of 'Tsunami Ready' Village. Only the hardships of Venkatraipur people moved them for building resilience and value for disaster preparedness.

Having discussed so far, the significance of breakdowns to appreciate good times, we must also recognize that sometimes, spring is appreciated inherently without any comparison.

To illustrate, Sub° singers Waddali Brothers earlier joined wrestling field. But their father inspired them for singing. They started singing not for fame or money but for their soul refinement. The famous song of them which is trending

on social media - 'Mahiya tere vekhn nu,
Chuk Charkha gali de vich Dhama' →
demonstrates that they embrace the
spring of music, not because of
winter but as an end in itself.

Waddali brothers found their
purpose without any dualism. On the
other hand, the duo of father and
daughter ~~is~~ which we saw earlier found
the meaning of joy and sorrow in
duality.

The world which we observe
definitely have duality as observed in
Ying-Yang japanese philosophy and
Ardh-Nari-Ishwara concept in Shaivism.
Similarly, coldness and warmth are
twin sisters - ~~co~~-existing in contrast.

As nothing is permanent, one must navigate the extremeness of winter with adaptation and resilience. And during warm springs and summers, one must cherish but never forget to prepare for hard times.

In hyper-mediated world of today, we are standing at crossroad of AI disruption, geopolitical wars and climate crisis. Without waiting for depth of winter, we must preserve the warmth through responsible AI, trust and dialogue along with biocentrism.

We may not completely prevent the freezing of our endeavours. But no winter can destroy the intangible warmthness of ideas, values and resolute

Spirits. And remember, if winter is there, can spring be behind?

There is an old Bollywood song that can enlighten us about the regenerative cycle of life :-

"Zindagi ki jehi Reet Hai,
Maar ke baad hi Jeet Hai"

(The ritual of life is that only after defeat, we cherish victory).

उम्मीदवारों को
इस ह्राशिए में
नहीं लिखना
चाहिए
Candidates
must not
write on
this margin

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PTO

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5. हम सदैव अपने युवाओं के लिए भविष्य का निर्माण नहीं कर सकते, परंतु हम भविष्य के लिए अपने युवाओं को तैयार कर सकते हैं।

We cannot always build the future for our youth, but we can build our youth for the future.

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Copying is safe; innovation demands courage.

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The pursuit of instant validation is creating a generation of restless minds.

6. Copying is safe; innovation demands courage

In 1967 when America was involved in Vietnam war with USSR; no one anticipated that the great boxer of America Mohammad Ali will be standing at the crossroad. On one hand, he might have safely copied others in supporting the American war.

But he chose the other way - unprecedented, novel that made all the

difference in his life. He courageously refused to involve in Vietnam crisis; which took away all his boxing titles and rewards.

Copying ~~was~~ might have been safe for Ali to preserve his valuables. But he innovated and demonstrated how values are more important than valuables.

It is easy to be a sheep who has to follow the others without thinking much. But is it really safe, if the whole flock is jumping off a cliff?

It is difficult to stand alone with unique and unpopular ideas. But is it only the courage that determines the good essence of innovation?

Let us delve into these questions in the essay.

Copying refers to imitation of established ideas or traditions. In context of Indian political system as a post-colonial state, we followed the Parliamentary form of government because we were familiar with it during British rule.

Innovation, in contrast, refers to critical examination of existing ideas and creating new ways of life.

Again in Indian polity, there is novel positive secularism, which unlike western traditions promote the ethos of Sarva Dharma Sambhava.

It is safe to copy because you have the footsteps to direct your

way ahead. The task of discovering path has already done, you just have to copy it. For instance, ISRO placed Aditya L1 solar mission on Lagrange point 1. This point was already researched for its equilibrium properties.

But to innovate, it requires courage. In Aditya L1 mission, ISRO demonstrated courage by studying the unknown properties of coronal mass ejections. It requires courage to withstand solar waves while studying them.

Now, the question comes to our mind, what is the purpose of copying and innovation? Recognizing the essence of imitation and innovation is crucial for co-creation and re-creation.

The safe zone of copying promotes social cohesion and stability.

Don't you agree that ~~copying~~ continued traditions of love, care, loyalty, honesty are binding glues of humanity as well as cosmos?

In the rhythm of Interdependence when we copy our ancestors as well as co-species, we discover and re-discover the ways of life. To be specific, the traditions of Tribal Arts such as Wardi painting, Basohli Art have given identity, pride and livelihood to millions of generations.

However, in the safety of continued traditions, we start conforming to unquestioned norms. As Socrates rightly

said

'An unexamined life is not worth living'

We may be safe in our comfort zones of imitation but these can turn inhumane stagnated principles such as Caste System, Rigid Patriarchy and Racism.

That's why innovation comes in when courageous people like Dr. B.R. Ambedkar; Savitri Bai Phule and Nelson Mandela ask the intolerable questions.

In the history of mankind, society has been unkind to novel ideas. Socrates was poisoned and Galileo was killed when they innovated in politics and science, respectively. It needs courage to ~~speak~~ say that earth revolves around sun in a society whose there is religious

hegemonic discourse conforming the other way.

In addition, innovation tests the resolute will of the individual when they have never encountered the path ahead. To illustrate, let us time travel to Chitradurga fort in the 18th century.

An ~~normal~~ ordinary housewife saw something strange happening. She witnessed enemy soldiers of Haider Ali forces entering the fort through secret narrow opening. She was ~~also~~ never trained to fight. But she armoured herself with pestle and strong will power, — one by one killed all.

She is none other by Onake Obave, the brave lady of Karnataka. She demonstrated

Courage in unprecedented way.

Indeed Innovation requires
strong will power but copying is
also not always safe endeavour.

Sometimes, it is unethical like Plagiarism.

The Black Box syndrome of AI is one
such concerning issue.

looking from different angle,
Copying and sustaining the long held
traditions require collective will power.

For instance, Trumponomics bullying
innovations are easy with ~~new~~ tariff border
~~and discuss~~ new discourses on tariff, border
and globalization.

But to sustain American soft power,
~~years of US AID~~ it required strong
Commitment to global order through
US AID and liberal institutionalism.

Indeed, it requires courage to innovate ideas such as mass destruction through nuclear weapons. But not all innovations, however courageous are righteous. It requires ethical examination that leads to empowering innovations like Atoms for peace.

Similarly, it is safe to copy great powers in anarchical & hierarchical world order. For example; African scramble, earlier done by British and French powers and now by US and China. But such imitations lack the essence of Collective good.

It requires the spirit of democracy to imitate the ethnic cohesion of Scandinavian countries and ethnic accommodation of Indian Constitution. Such best practices to be imitated ~~for~~ in Middle-east for long lasting peace and development.

In matters of social stability and positive peace; imitation is the key. It provides sense of togetherness and safety. But in matters of examination and social reforms, innovation is the key. With courage to confront evil traditions, good people must raise their voice.

As Plato enlightened us that
There is evil in the society, not
because of bad people but silence
of good people.

let us take pledge not to
be silent and imitator of evils
even if we are safe. As Mohammad
Ali took innovative and courageous
stand, let us be a chorus of truth
and Justice.

let us innovate with courage
unless we discover the truth.

And when we discover it, let us
echo it again and again; for true
peace and justice

As Martin Luther King said :-

Peace is not the absence of violence, it is the presence of Justice

उम्मीदवारों को इस हार्शिए में नहीं लिखना चाहिए
Candidates must not write on this margin

SPACE FOR ROUGH WORK

Only in the depths of winter can we truly appreciate the warmth of spring.

Rumi :- Wound is the place where light enters Conclude

- Hospital - value of health
- Prison - value of freedom
- Graveyard - value of life
- Winter - value of spring

extreme hardships

↓
depth of winter

good time
↓
warmth of spring
↓
we should not forget winter
↓
prepared

Grasshopper - Ant story

Break down ⇒ A point to learn; to reflect

Fouja Singh Courage

To shine like stars, embrace appreciate the humble humility of night.

limitation
↓
taken for granted?
Yeh sama vi nikh jayega.
Anicca Buddhism

To appreciate contrast is necessary.

Depth of winter → courage
→ fortitude

Mhd. Ali
Prabhina Barwa.

Can spring be behind?

Narcissism
evil.

what to do in winter → hibernation to ourselves.
a warm, snowman, lohi = Beauty of winter

fog = lack of clarity, uncertainty.

Permanent winter? — Yes → Climate change tipping point.
— No - spring is behind.

Regeneration

SPACE FOR ROUGH WORK

glob. Market
 efficient
 2009
 proactive call.

fundamentalism
 =
 financial crisis.

COVID-19 crisis.

Plato excess of everything is vice

but winter = climate change.
 Adapt - new jobs create.
 Mitigates = AI disruption

Can we prevent winter
 Ant-Grasshopper story
 warmth of spring ⇒ ghost
 Roger Federer
 Spring - enjoy - prepare

2indagi ki jehi jeet hai
 hai Haas ke baad hi jeet hai.
 Conclusion

Anicesa Buddhis =

Copying is safe; innovation demands courage

Copying - To imitate
 Why it is safe? - Traditional learning

Isn't it challenging - unethical plagiarism

Constitution of India; Aditya L1, Ganganyaan

to sustain Jainism & Buddhism

Innovation - creative thinking. out of box. IFP
 originality. NAM ISA

Why need courage - intolerance to new ideas
 Heliocentrism Socrates

unprecedented
 Onakte Ohava =
 breaking the conformity.
 Dr. B.R. Ambedkar.

SPACE FOR ROUGH WORK

Copying

1. Social cohesion

- Peace, Stability

When we pursue norms.

good

bad

lack of examination
eg. caste system,
racism.

- Basohli, words

- Hornbill festival \Rightarrow coexistence

Innovation

SET

Unknown?

Dark matter,
Quarks

Dr. R.R. Ambedkar
argumentativeness

(unexamined
life is
not worth
living)

Bad Innovation

NW - Atoms for
peace

need
of
righteous

Imitate, then innovate

error & trial \rightarrow piecemeal engineering.

Indian freedom struggle.

Moderates, extremists, Gandhi.

What to copy.

What to innovate.

Golden Rev.